

Course Title : Exploring Psychology in Western and Chinese Cultures
Course Code : BEH203 / GEC302
Recommended Study Year : First year / GE
No. of Credits/Term : 3
Mode of Tuition : Lecture-Tutorial
Class Contact Hours : 3 hours per week

Brief Course Description: The purpose of this course is to introduce fundamental concepts from psychology in the different cultural context. Upon completion of this course, students should have acquired a basic understanding of findings in various areas of psychology, and major psychological theories used to explain human behavior.

Aims:

- To apply such concepts in understanding themselves and behaviors of others
- To consider cultural influences on basic psychology processes

Learning Outcomes:

Knowledge

- K1). To acquaint students with basic psychological concepts
K2). To understand fundamental theoretical framework of cross-cultural psychology
K3). To understand the differences of psychological phenomena across the Eastern and Western culture contexts

Skills

- S1). To apply basic psychological concepts in understanding individuals' affect, behaviors, and cognition

Values

- V1). To appreciate the role of culture in affecting human's behaviors
V2). To apply the concepts by reflecting on everyday experiences in an empirical and research oriented approach.

Indicative Content:

Week	Date	Schedule	Preparations
1	13 Jan	Introduction	--
2	20 Jan	What is Cross-Cultural Psychology	Berry, Poortinga, Segall, & Dasen, Ch. 1
3	27 Jan	Developing through the Lifespan	Myers Ch. 4
4	3 Feb	Memory	Myers Ch. 8
5	10 Feb	Learning Principles	Myers Ch. 7
6	17 Feb	<i>No Class: Chinese New Year</i>	--
7	24 Feb	<i>Mid-Term Test</i>	--
8	3 Mar	Sensation and Perception	Myers Ch. 9
9	10 Mar	Motivation	Myers Ch.10
10	17 Mar	Emotion	Myers Ch.11
11	24 Mar	Individual and Collective Personality	Myers Ch.12
12	31 Mar	State of Consciousness	Myers Ch.6
13	7 Apr	Sexuality and Gender	--
14	14 Apr	Psychological Disorders (Schizophrenia, Cognitive Disorders)	Myers Ch.13
15	21 Apr	Revision	--

Important Note:

Students shall be aware of the University regulations about dishonest practice in course work and the possible consequences as stipulated in the Regulations Governing University Examinations.

According to Lingnan University and Social Sciences Programme policy, plagiarism is "presentation of another person's work without proper acknowledgment of the source". Plagiarism (unattributed copying) will be heavily penalized and may attract a zero mark and disciplinary action.

Teaching Method: There are one 2-hour lecture and one 1-hour tutorial per week. In tutorials, students are asked to give presentations and comment on each other's presentations.

Measurement of Learning Outcomes:

1. Tutorial presentation (30%)

Students' ability to communicate their understanding of psychological knowledge in cross-cultural context could be assessed in tutorials. (K1, S1, V2)

2. Mid-term examination (30%)

Students' comprehension and understanding of psychological knowledge will be assessed in the mid-term quiz. The quiz will examine all materials up to 16th February. The examination consists of 30 *multiple-choice questions*. The duration of the quiz is 60 minutes and it is held in the lecture hall on 16th February during normal lecture hour. (K1, K2, K3, V1)

3. End of term examination (40%)

Student's ability to comprehend, integrate and evaluate the knowledge in this course will be assessed in the final examination. The examination will consist of both multiple choices and essays, in which the former is intended to assess students' understanding of core concepts, while the latter is used to examine students' ability to make evaluation and integration of various ideas. (K1, K2, K3, V1)

Required/Essential Readings: Myers, D. G. (2008). *Exploring Psychology* (7th Edition) Worth Publishers.

Recommended/Supplementary Readings:

Berry, J. W., Poortinga, Y. H., Segall, M. H., & Dasen, P. R. (2002). *Cross-Cultural Psychology: Research and Applications*. Cambridge: Cambridge University Press.

Bond, M. H. (1986). *The psychology of Chinese people*. Hong Kong: Oxford University Press.

Nisbett, R. (2003). *The geography of thought: how Asians and Westerners think differently and why*. London: Nicholas Brealey.

Smith, P. B., Bond, M. H., & Kagitcibasi, C. (2006). *Understanding social psychology across cultures: Living and working in a changing world*. Los Angeles: Sage Publications.