

Course Title	:	Introduction to Behavioral Science
Course Code	:	SOC103 (Session 2)
Instructor	:	Ms. TSO Ho Yee, Vienne
Office / Tel. No. / email add.:		SO214 / 2616 7208 / viennetso@ln.edu.hk
CRN	:	1842 / 511
Recommended Study Year:		First or Second Year
No. of Credits/Term	:	3
Mode of Tuition	:	Lecture-Tutorial
Class Contact Hours	:	2 hours lecture and one hour tutorial
Category in Major Prog.	:	Required Course – Behavioral Science Stream; free elective (Associate Degree program)

Brief Course Description :

This is a foundation course in behavioral science. This course consists of an overview of major research findings, theoretical principles, and methods in each of the major areas of behavioral science: psychology, social psychology, health psychology and, medical psychology. Selected fundamental topics will be discussed: interpersonal realm, behavior at work, and health and physical health.

Learning Outcomes :

Upon the completion of this course, students are expected to:

Understand the basic principles and application of behavioral science stemming from disciplines of psychology, social psychology, health psychology and medical psychology.

Indicative Content :

I. The Dynamics of Adjustment

- a) Adjusting to Modern Life: the Scientific Approach to Behavior
- b) Theories of Personality
- c) Stress and Coping

II. The Interpersonal Realm

- a) The self
- b) Social Thinking and Social Influence
- c) Interpersonal Communication

III. Developmental Transitions

- a) Gender and Behavior

- b) Development over the life span – infancy and childhood, Adolescence, Adulthood, Ageing and Death
- c) Careers and Work
- d) Development and Expression of Sexuality

IV. Mental and Physical Health

- a) Psychological and Physical Health
- b) Psychological Disorders
- c) Psychotherapy

Teaching Method:

Lectures combine with tutorials. Major concepts and frameworks of analysis will be highlighted in lectures, while tutorials will be used for applications of behavioral science analysis in everyday life and in-depth discussion.

Assessment:	Tutorial presentation:	20%
	Tutorial participation and discussion:	10%
	Mid-term test:	20%
	Short essay	10%
	Final examination:	40%
	Total	100%

(You should submit the short essay to the instructor within two weeks after your presentation)

Required Readings:

Weiten, Wayne, & Margaret A. Lloyd. *Psychology Applied to Modern Life: Adjustment to the Turn of the Century*. 8th ed., Belmont, Calif.: Wadsworth/Thomson Learning, 2006.

Recommended/Supplementary Readings:

Aboud, Frances E., *Health psychology in global perspective*, Thousand Oaks: Sage Publications, 1998.

Bond, Michael H., *The Handbook of Chinese psychology*, Hong Kong; Oxford; New York: Oxford University Press, 1996.

Fadem, Barbara, *Behavioral science*. 4th ed, Philadelphia: Lippincott Williams & Wilkins, 2005.

Huffman, Karen, *Psychology in action*, 7th ed, Hoboken, N.J.: Wiley, 2004.

Ishaq, Waris, *Human behavior in today's world*, New York: Praeger, 1991.

Jones, Russell A., *Research methods in the social and behavioral science*, 2nd ed, Sunderland, MA: Sinaver Associates, 1996.

Myers, David G., *Exploring psychology*, 6th ed, New York: Worth Publishers, 2005.

Myers, David G., *Social psychology*, 7th ed, Dubuque, Iowa: McGraw-Hill, 2002.

Morris, Charles G & Albert A. Maisto, *Understanding psychology*, 6th ed, Upper Saddle River, N.J.: Prentice Hall, 2003.

Oskamp, Stuart, *Applied social psychology*, 2nd ed, Upper Saddle River, N.J. : Prentice Hall, 1998.

Penny, Gillian N., Paul Bennett and Mike Herbert, Chur, *Health psychology: a lifespan perspective*, Switzerland; Langhorne, Pennsylvania: Harwood Academic Publishers, 1994.

Sarafino, Edward P., *Health psychology: biopsychosocial interactions*, 4th ed, New York : Wiley, 2002.

Wood, Samuel E. & Ellen Green Wood, Denise Boyd, *The world of psychology*, 5th ed, Boston, Mass.: Pearson/Allyn and Bacon, 2005.

Class Schedule

Week	Date	Lecture	Date	Tutorial
1	24.1.2006	Introduction	23-27.1.2006-	-
2	31.1.2006	<i>Chinese New Year</i>	30.1-3.2.2006	<i>Chinese New Year</i>
3	7.2.2006	Section I	6-10.2.2006	Briefing
4	14.2.2006	Section I	13-17.2.2006	-
5	21.2.2006	Section I	20-24.2.2006	1st presentation

6	28.2.2006	<i>Sports day</i>	27.2-3.3.2006	2nd presentation
7	7.3.2006	Section II	6-10.3.2006	3rd presentation
8	14.3.2006	Section II	13-17.3.2006	4th presentation
9	21.3.2006	Mid-term test	20-24.3.2006	5th presentation
10	28.3.2006	Section II	27.31-3.2006	6th presentation
11	4.4.2006	Section III	3-7.4.2006	7th presentation
12	11.4.2006	Section III	10-14.4.2006	
13	18.4.2006	Section III	17-21.4.2006	8th presentation
14	25.4.2006	Section VI	24-28-4.2006	Revision (upon request)
15	2.5.2006	Section VI & Revision	1-5.5.2006	-

*** *The first tutorial will be scheduled on the third week.*