香港的研究型博雅大學 A research-focused liberal arts university in Hong Kong

Lingnan 嶺南大學 University 香港 Hong Kong

No. 196 June 2026 二零二六年六月

# LingnanTOUCH 嶺南脈搏

## 嶺大於THE世界大學影響力排名晉身全球第63位
## 「優質教育」蟬聯全球第一
六項聯合國可持續發展目標榮獲全港第一

Lingnan University rises to 63rd globally in THE Sustainability Impact Ratings

Retains **World No. 1 in Quality Education**

and achieves No.1 in Hong Kong across 6 SDGs of the United Nations

「嶺南大學校史展館」開幕
重現逾一世紀辦學歷程

Lingnan University History Exhibition Hall opens showcasing over a century of educational history

諾貝爾化學獎得主瓦謝爾教授主講「嶺南大學論壇」

Nobel Chemistry Laureate Prof Arieh Warshel speaks at Lingnan University Assembly

扎根三十載　播種育英才
嶺大心繫社會「屯」結社區

Rooted for three decades, sowing seeds of talent: Lingnan University unites the Tuen Mun community

EDUCATION for SERVICE
作育英才・服務社會

# 嶺大於 THE 世界大學影響力排名晉身全球第 63 位 「優質教育」蟬聯全球第一

## Lingnan University rises to 63rd globally in THE Sustainability Impact Ratings Retains World No. 1 in Quality Education

嶺南大學在2026年度《泰晤士高等教育》(THE)世界大學影響力排名再創歷史佳績，整體排名由去年第101至200名區間急升至全球第63位，首次晉身全球百強之列，在全港八大院校中排名第三。

### 六項可持續發展目標榮登全港第一 七項目標躋身全球百強

嶺大共有七項可持續發展目標(SDG)名列全球百強，按年增逾一倍。其中，「SDG 4：優質教育」蟬聯全球第一、「SDG 10：減少不平等」由去年第101至200位區間大幅躍升至全球第11位、「SDG 8：體面工作和經濟增長」排名全球第27位，以及「SDG 17：促進目標實現的伙伴關係」排名全球第55位。

嶺大校長及韋基球數據科學講座教授秦泗釗教授對排名結果感到鼓舞，並指出，嶺大在聯合國17項可持續發展目標中，多個項目排名創新高，今年更取得六個「全港第一」——除了全球稱冠「SDG 4：優質教育」之外，亦包括「SDG 1：無貧窮」、「SDG 2：零飢餓」、「SDG 8：體面工作和經濟增長」、「SDG 10：減少不平等」，以及「SDG 17：促進目標實現的伙伴關係」，反映大學近年在推動可持續發展目標方面取得突破性進展，多項成果位居全球及全港前列。

THE公布的世界大學影響力排名，評估全球各大學在實現聯合國17個SDG的表現，今年共有來自全球116個國家或地區，合共1,646所大學參加；競爭最激烈之一的項目為「SDG 4：優質教育」，共吸引1,335所院校競逐。

### QS 世界大學排名大幅躍升 120 多位 創近年最大升幅

嶺大近期在各大國際排名取得飛躍進步，首次參與THE亞洲大學排名位列第84位，直接躋身亞洲100強之列；在最新公布的2027年QS世界大學排名中，更大幅躍升120多位，晉身全球第581位，創下近年最大升幅。

秦泗釗校長(後排左四)赴印尼雅加達出席全球可持續發展大會，期間公布2026年度《泰晤士高等教育》世界大學影響力排名。

President S. Joe Qin (second row, fourth left) attends THE Sustainability Impact Ratings 2026 announcement at the Global Sustainable Development Congress in Jakarta, Indonesia.

Lingnan University has achieved another historic milestone in the newly released Times Higher Education (THE) Sustainability Impact Ratings 2026. Its overall ranking surged from the 101st – 200th band last year to 63rd place globally—breaking into the top 100 for the first time, and coming third of the Hong Kong SAR's eight UGC-funded universities.

### Tops 6 SDGs in Hong Kong SAR, and places in the global top 100 for 7 SDGs

Seven Sustainable Development Goals (SDGs) were classed in the top 100 globally, more than doubling last year's achievements. "SDG 4: Quality Education" has retained its position as number one worldwide, "SDG 10: Reduced Inequalities" has risen sharply from last year's 101st – 200th band to 11th globally, "SDG 8: Decent Work and Economic Growth" ranked 27th globally, and "SDG 17: Partnerships for the Goals" came 55th globally.

Prof S. Joe Qin, President and Wai Kee Kau Chair Professor of Data Science of Lingnan University, expressed his delight at Lingnan's record rankings in so many categories of the United Nations' 17 SDGs, and winning six "Hong Kong SAR firsts" this year. As well as "SDG 4: Quality Education", which topped the chart, these were "SDG 1: No Poverty", "SDG 2: Zero Hunger", "SDG 8: Decent Work and Economic Growth", "SDG 10: Reduced Inequalities", and "SDG 17: Partnerships for the Goals", all of which represent Lingnan's recent cutting-edge breakthroughs in SDGs both internationally and locally.

THE Sustainability Impact Ratings rate universities from all over the world based on their steps toward achieving the 17 SDGs, and this year 1,646 universities from 116 countries or territories were graded. "SDG 4: Quality Education" was one of the most fiercely competitive, with 1,335 institutions contending.

### Climbs over 120 places in QS World University Rankings 2027 for largest jump in recent years

Lingnan University has made giant leaps in major international rankings recently. In its debut in the THE Asia University Rankings, it broke into the top 100 in Asia, coming 84th, and in the newly released Quacquarelli Symonds (QS) World University Rankings 2027, Lingnan rose by over 120 places to 581st globally, its largest leap in recent years.

# 「嶺南大學校史展館」開幕 重現逾一世紀辦學歷程

# Lingnan University History Exhibition Hall opens — showcasing over a century of educational history

「嶺南大學校史展館」以時間為主軸，展示大學由創校、遷徙、復校至近年發展的重要階段。

The Lingnan University History Exhibition Hall is organised along a chronological axis, showcasing key stages from the University's founding, relocation and re-establishment to more recent developments.

為迎接嶺南大學2027年在香港復校60周年及2028年廣州創校140周年的重要里程碑，大學於屯門校園特設全新的「嶺南大學校史展館」，並於5月15日舉行校史展館開幕暨嶺南教育機構大使委任典禮。展館透過珍貴歷史檔案及藏品，重點呈現嶺大自1888年晚清時期在廣州創立的前身「格致書院」至今逾一世紀的辦學歷程，讓師生、校友及社會各界深入了解嶺大的歷史源流與辦學精神。

「嶺南大學校史展館」以時間為主軸，展示大學由創校、遷徙、復校至近年發展多個重要階段，陳列不同時期的校園照片、校長報告、年報、書信往來、活動小冊子等，呈現嶺南在不同歷史背景下的辦學發展與轉變。

為傳承「作育英才、服務社會」的嶺南精神，本年度共有45名本科生獲委任為「嶺南教育機構大使」，以表揚他們在學業成績、領導才能及服務社會方面的傑出表現。除了獲頒獎學金以作鼓勵外，大使亦將肩負承傳博雅教育的使命，積極服務嶺大、嶺南教育機構及社會。

**即掃二維碼觀看活動精彩花絮**
**Scan the QR code to watch the event highlights**

To mark the forthcoming 60th anniversary in 2027 of Lingnan University's re-establishment in Hong Kong and the 140th anniversary in 2028 of its founding in Guangzhou, the University has officially established the new Lingnan University History Exhibition Hall on its Tuen Mun campus, and held the Opening cum Lingnan Education Organization Ambassadors Appointment Ceremony on 15 May. The Exhibition Hall presents, through valuable archival materials and exhibits, the University's development over a century, tracing its origins to its Guangzhou-based predecessor, the Christian College in China, founded in 1888 during the late Qing period. The exhibition offers students, alumni, and members of the public a profound understanding of Lingnan's historical roots and educational ethos.

The Lingnan University History Exhibition Hall is organised along a chronological axis, showcasing key stages from the University's founding, relocation and re-establishment to more recent developments. Exhibits include photographs from the different eras, Presidents' reports, annual reports, correspondence, and event booklets, all illustrating Lingnan's academic evolution and transformation across changing historical contexts.

To uphold the Lingnan spirit of "Education for Service", 45 outstanding undergraduates have been appointed this year as Lingnan Education Organization Ambassadors in recognition of their academic excellence, leadership qualities, and commitment to community service. In addition to receiving scholarships as encouragement, the ambassadors also shoulder the mission of upholding liberal arts education, and actively serve the University, the Lingnan Education Organization and the wider community.

45名嶺大本科生獲委任為「嶺南教育機構大使」，以表揚他們在學業成績、領導才能及服務社會方面的傑出表現。

45 outstanding undergraduates have been appointed this year as Lingnan Education Organization Ambassadors in recognition of their academic excellence, leadership qualities, and commitment to community service.

# 諾貝爾化學獎得主瓦謝爾教授主講「嶺南大學論壇」 分享自身經歷

## Nobel Chemistry Laureate Prof Arieh Warshel speaks at Lingnan University Assembly

嶺大校長及韋基球數據科學講座教授秦泗釗教授(左)及2013年諾貝爾化學獎得主阿里耶 • 瓦謝爾教授(右)帶領師生進行深入討論。
Prof S. Joe Qin (left), President and Wai Kee Kau Chair Professor of Data Science at Lingnan University, and Prof Arieh Warshel (right), Nobel Laureate in Chemistry in 2013, lead an in-depth discussion with students and faculty.

嶺南大學於4月13日舉行大學論壇，邀得2013年諾貝爾化學獎得主、被譽為「計算化學領域」奠基人之一的阿里耶 • 瓦謝爾教授，以「生物作用的靜電基礎」為題演講，分享他橫跨數十年的科研心得，並闡述其畢生的研究整合——從基礎的物理原理，電子的自然定律，建構生物「微觀世界」的運作機制，更進一步延伸尺度到各種生物分子的研究以及應用，最後結合計算機與人工智能的工具推動醫療與藥物的科研發展。

On 13 April, Lingnan University hosted its University Assembly with guest of honour Prof Arieh Warshel, Nobel Laureate in Chemistry in 2013 and widely recognised as one of the founding figures of computational chemistry. In his lecture Electrostatic Basis of Biological Actions, Prof Warshel shared insights from his decades of research and presented an integrated account of his life's work, from fundamental physical principles and the laws governing electrons to the construction of the "microscopic world" of biological systems. He further extended this framework to the study and application of biomolecules, and highlighted the role of computational tools and artificial intelligence in advancing medical and pharmaceutical research.

# 嶺大「電影製作模擬教育軟件 CineSim」奪年度科技或數位創新獎

## Lingnan's CineSim wins Technological or Digital Innovation of the Year

嶺南大學數碼藝術及創意產業系研發的「電影製作模擬教育軟件CineSim」，在4月22日於被譽為「高等教育界奧斯卡」的「泰晤士高等教育亞洲大獎2026」中，榮獲「年度科技或數位創新獎」。泰晤士高等教育亞洲大獎競爭相當激烈，嶺大最終在逾500個角逐項目中脫穎而出，充分彰顯大學在教育創新研發及數碼科技應用的領先地位，獲國際教育界的高度肯定。

Transforming film education through interactive game – CineSim, developed by the Department of Digital Arts and Creative Industries at Lingnan University, received the Technological or Digital Innovation of the Year award at the Times Higher Education Awards Asia 2026 on 22 April. Widely regarded as the Oscars of higher education, the Awards are highly competitive, and Lingnan University stood out from more than 500 entries. This achievement clearly demonstrates the University's lead in educational innovation and the application of digital technologies, which have earned full recognition from the international higher education community.

嶺大數碼藝術及創意產業系高級講師簡肇韜博士(右二)領導研發的「電影製作模擬教育軟件CineSim」榮獲「年度科技或數位創新獎」。
Dr Tobby Kan Shiu-tao (second right), Senior Lecturer of the Department of Digital Arts and Creative Industries at Lingnan University, led the development of the Transforming film education through interactive game – CineSim, which wins the Technological or Digital Innovation of the Year.

# 秦泗釗校長成全港首位學者入選「過程自動化名人堂」

## President S. Joe Qin is the first HKSAR scholar to be inducted into Process Automation Hall of Fame

國際知名工業媒體Control Global公布，嶺南大學校長及韋基球數據科學講座教授秦泗釗教授入選2026年「過程自動化名人堂」，使他成為香港特區唯一獲此殊榮的頂尖學者；此殊榮表彰其於工業數據分析、過程控制及自動化領域的長期卓越貢獻及深遠影響力。

Control Global讚揚秦校長的學術生涯體現「跨界融合」的特質，其訓練背景涵蓋電機工程、控制理論及化學工程，能靈活應對不同領域的挑戰，並在過程監測、系統辨識、化學計量學及機器學習等範疇發表廣泛研究成果。

Leading international industrial media outlet Control Global announced that Prof S. Joe Qin, President and Wai Kee Kau Chair Professor of Data Science of Lingnan University, has been inducted into the 2026 Process Automation Hall of Fame in recognition of his long-term outstanding contributions and far-reaching impact in industrial data analytics, process control and automation, the only scholar from the Hong Kong SAR to receive this distinction.

Control Global commended Prof Qin's academic career for its distinctive interdisciplinary nature, saying that with training spanning electrical engineering, control theory, and chemical engineering, he has demonstrated remarkable versatility across disciplines, and published extensively in process monitoring, system identification, chemometrics, and machine learning.

# 傑出學者 Richard M. Walker 教授榮膺「國際公共管理研究會」終身成就獎學者

## Prof Richard M. Walker receives the IRSPM Routledge Lifetime Achievement Award

嶺南大學政府與國際事務學系系主任及李兆基基金公共管理學講座教授Richard M. Walker教授，榮獲全球公共管理領域頂尖學術組織「國際公共管理研究會」頒發「羅德里奇終身成就獎」，以表彰他在公共管理研究領域的長期投入和卓越貢獻，是香港特區首位獲此殊榮的學者，為學界爭光，亦彰顯嶺大在公共管理研究領域的國際領先地位。「羅德里奇終身成就獎」由國際公共管理研究會理事會評選產生，於2007年首次頒發，每年只頒發予一位傑出學者。

Prof Richard M. Walker, Head of the Department of Government and International Affairs and Lee Shau Kee Foundation Chair Professor of Public Administration at Lingnan University, has been given the prestigious Routledge Lifetime Achievement Award by the International Research Society for Public Management (IRSPM) in recognition of his sustained dedication and outstanding contributions to the field. Prof Walker is the first scholar in the Hong Kong SAR to receive this honour, bringing distinction to Hong Kong's academic community and emphasising Lingnan University's international leadership in the discipline. The Routledge Lifetime Achievement Award is presented by the council of the IRSPM. It was first given in 2007, and goes to only one distinguished scholar each year.

Richard M. Walker教授（右）
Prof Richard M. Walker (right)

# 雙料殊榮：林美珍博士獲《信息科學與技術協會期刊》2025 年度最高瀏覽量及最高獲徵引論文

## Dual recognition: Dr Louisa Lam's article earns 2025 Top Viewed & Top Cited Paper in JASIST

嶺南大學資訊科技總監及圖書館館長林美珍博士最近獲得雙料殊榮。她合著的論文〈Sense-making, sensemaking and sense making—A systematic review and meta-synthesis of literature in information science and education: An Annual Review of Information Science and Technology (ARIST) paper（意義建構 — 信息科學與教育領域文獻的系統性回顧與綜合分析：信息科學與技術年度評論論文）〉，獲國際公認的頂尖信息科技期刊《信息科學與技術協會期刊》(JASIST) 列為 2025 年度最高瀏覽量論文及最高獲徵引論文。

該論文對資訊科學與教育研究領域進行全面綜合分析，從而為意義建構方法的未來發展方向提供了重要的反思。是次傑出成就彰顯了林博士論文的非凡影響力，以及其對學術界的寶貴價值。

Dr Louisa Lam, Chief Information Officer and University Librarian at Lingnan, recently received prestigious dual recognition with her co-authored article "Sense-making, sensemaking and sense making—A systematic review and meta-synthesis of literature in information science and education: An Annual Review of Information Science and Technology (ARIST) paper", named both a Top Viewed and Top Cited Article for 2025 by *the Journal of the Association for Information Science and Technology (JASIST)* – a leading international publication in the field of information science.

The comprehensive meta-synthesis of this study in information science and education research offers crucial reflections on future directions for sense-making methodology. This achievement highlights the dramatic impact of Dr Lam's work and its immense value to the academic community.

# 嶺大 35 位學者入選 Research.com「2026 年度全球頂尖科學家」

## Thirty-five Lingnan scholars in Research.com's World's Best Scientists 2026

嶺南大學35位學者憑藉卓越的科研實力與學術貢獻，入選國際權威學術研究平台Research.com最新公布的「2026年度全球頂尖科學家」榜單，彰顯嶺大在推動「博雅+科技」及追求學術卓越的成果獲得國際肯定。

上榜的嶺大學者涵蓋商業與管理、計算機科學、材料科學、數學、政治學、心理學等多個學科領域。當中包括嶺南高等研究院院長及李兆基基金公共管理學講座教授Richard M. Walker教授於政治學領域排名全國第一；另外，嶺大學者於計算機科學領域表現尤為突出，共有七位學者上榜，副校長（研究及創新）及唐天燊機器學習講座教授姚新教授更位居全國第十名。心理學系系主任、聯益應用心理學講座教授蕭愛鈴教授於心理學領域名列全國第32位。

Thirty-five scholars from Lingnan University are in the latest "World's Best Scientists 2026" rankings published by leading international academic platform Research.com. This acknowledges the University's outstanding research capabilities and academic contributions, and recognises Lingnan's commitment to "Liberal Arts + Technology" and educational excellence internationally.

These scholars represent a wide range of disciplines, from Business and Management, Computer Science, Materials Science, Mathematics, and Political Science to Psychology, and Prof Richard M. Walker, Director of LUIAS and Lee Shau Kee Foundation Chair Professor of Public Administration, is first in China in the field of Political Science. Lingnan's performance in Computer Science is particularly impressive, and seven scholars are on the list, including Prof Xin Yao, Vice-President (Research and Innovation) and Tong Tin Sun Chair Professor of Machine Learning, who is ranked 10th in China. Prof Siu Oi-ling, Head of the Department of Psychology and Lam Woo & Co Ltd Chair Professor of Applied Psychology, is 32nd in China in Psychology.

# 嶺大資訊日 2025 宣傳活動榮獲第 32 屆「年度傳訊大獎」金獎

## Lingnan University's Info Day 2025 campaign wins top gold honour at the 32nd Annual Communicator Awards

嶺南大學資訊日2025活動「未來，始於現在」於2026年第32屆「年度傳訊大獎」的「教育機構推廣活動」組別中，榮獲最高殊榮金獎「卓越獎」。角逐獎項的競爭十分激烈，嶺大在逾3,000份參賽項目中，成為全球兩所於該組別榮獲最高殊榮金獎的大學之一，肯定嶺大在國際舞台上的品牌定位及創新的招生策略。

嶺大將是次活動設計為準大學生發掘個人才能的起點，融合嘉年華般的氣氛，設有互動遊戲攤位及節慶元素；同時保留了傳統的學術環節，提供超過70個遊戲、大師班、工作坊及一對一諮詢。

Lingnan University's Info Day 2025 campaign, "Your Future Begins Now", has received the highest honour—the Award of Excellence—at the 32nd Annual Communicator Awards 2026 in the "Campaign – Educational Institutions for Marketing Effectiveness" category. Facing intense competition from over 3,000 entries, Lingnan was one of only two institutions worldwide to receive the gold Award of Excellence in this category. This international recognition affirms the University's strong brand positioning and innovative approach to student recruitment on a global stage.

The University designed the campaign as an empowering starting point for future students. There was a carnival atmosphere with interactive game booths, more than 70 games, masterclasses, workshops, and one-on-one consultations, music and performances, and traditional academic sessions.

# 兩位世界頂尖學者加盟「嶺南高等研究院」推動嶺大拓展國際科研與交流合作

## Two top scholars join LUIAS, strengthening Lingnan's international collaboration and innovation approach

「嶺南院士」阿諾德·巴克教授
Prof Arnold B. Bakker, Lingnan Fellow

「資深嶺南學者」文命在教授
Prof M. Jae Moon, Senior Lingnan Scholar

嶺南大學「嶺南高等研究院」於4月21日假校園舉行頒授典禮，向兩位國際著名學者授予殊榮。工作與組織心理學權威、荷蘭鹿特丹伊拉斯姆斯大學的阿諾德·巴克教授獲頒授「嶺南院士」；公共管理與數碼治理權威、韓國延世大學的文命在教授則獲授予「資深嶺南學者」，以表彰二人在各自領域中傑出的學術成就。兩位學者均名列美國史丹福大學「全球首2%頂尖科學家」，他們將助力推動嶺大更多元化的國際科研與合作交流。

兩位新加盟嶺大的學者分別主持學術講座，與師生深入交流。巴克教授以「快與慢的領導力」為題，探討「快」與「慢」的領導差異，並剖析提升組織效能的領導策略；文命在教授則以「AI時代政府重塑：公共領域中人類與AI協作的契機與挑戰」為題，深入探討人類與AI協作未來在公共領域的機會與挑戰。

The Lingnan University Institute for Advanced Study (LUIAS) held a conferment ceremony on 21 April, to honour two internationally famous scholars. Prof Arnold B. Bakker, a leading authority in work and organisational psychology at Erasmus University Rotterdam, was appointed a Lingnan Fellow. Prof M. Jae Moon, an eminent scholar in public management and digital governance from Yonsei University, Korea, received the title of Senior Lingnan Scholar. Both scholars are ranked on the Stanford University World's Top 2% Scientists list, and this will drive Lingnan University's endeavours in international research and collaborative exchange.

During their visit, the two scholars delivered formal lectures and held lengthy academic discussions with the University community. Prof Bakker's "Fast and Slow Leadership" explored the differences between "fast" and "slow" routes of influence leaders seem to use, and analysed strategies to enhance organisational effectiveness. Prof Moon's "Reimagining Government in the Age of AI: Opportunities and Challenges of Human–AI Collaboration in the Public Sector" offered an in-depth exploration of the future landscape of human–AI collaboration.

# 加強策略發展
# 「教與學中心」重新命名為「教學創新中心」

## Lingnan University renames Teaching and Learning Centre as Centre for Innovative Teaching and Learning (CITAL) in line with strategic development

嶺南大學於5月27日宣布，「教與學中心」將重組為「教學創新中心」。是次改革支援嶺大轉型成為數字時代領先的文理融合研究型博雅大學，並配合大學的長遠發展，以及中華人民共和國香港特別行政區的教育政策願景。

教學創新中心將在現有基礎上持續發展，加強教學方面的創新，重點推動以科技為本的發展，並透過應用創新教育，豐富及提升學生的學習成果。

Lingnan University announced on 27 May that its Teaching and Learning Centre has been renamed the Centre for Innovative Teaching and Learning (CITAL). This restructuring continues to support Lingnan University's transformation into a leading liberal arts research university comprehensive in arts and sciences in the digital era, aligning with the University's development and with the educational direction of the Hong Kong Special Administrative Region of the People's Republic of China.

CITAL will build on the Centre's existing work, strengthening innovation in teaching and learning with a particular focus on evidence-informed development and the constant enrichment of student learning outcomes through the use of innovative educational technologies.

# 嶺大「聯招諮詢日2026」多元支援體驗
# 助考生規劃未來

## Lingnan University's JUPAS Consultation Day 2026 offers complete support and interactive experiences to help candidates plan their future path

嶺南大學於5月16日在西九文化區M+大樓的「嶺大@西九龍」舉辦「聯招諮詢日2026」，為香港中學文憑試考生於放榜前及最後調整課程選擇的重要階段，提供適時而實用的升學資訊。活動以「節慶化」的360度體驗設計為概念，將緊張的聯招選科階段，轉化為更具互動性和支援感的體驗。當日活動包括由學友社學生輔導顧問吳寶城副校長主講的聯招策略講座、招生講座，以及校友和學生分享環節，內容涵蓋最新招生資訊、嶺大全球學習機會、校園生活及個人成長發展。

Lingnan University held its JUPAS Consultation Day 2026 on 16 May at Lingnan@West Kowloon in the M+ Tower, West Kowloon Cultural District, offering timely practical guidance to HKDSE candidates ahead of their results and their final opportunity to adjust programme choices. The event's 360-degree "festivalisation" approach transforms the often high-pressure JUPAS decision period into a more pleasant and supportive experience, and highlights of the day included a JUPAS Strategy Talk by Mr Ng Po-shing, Vice-Principal and Student Guidance Consultant at the Hok Yau Club, as well as presentations on the latest admissions information and Lingnan's global opportunities. Alumni and students also hosted sharing sessions on campus life and personal development.

# 嶺南大學認知科學研究中心正式成立

## Lingnan officially establishes the Lingnan University Cognitive Science Research Centre

嶺南認知科學會議2026暨嶺南大學認知科學研究中心成立典禮於6月5日在「嶺大@西九龍」圓滿舉行。本年度會議由認知科學研究中心主辦，主題為「動態心智：社會、神經與計算視角」。活動匯聚認知科學、認知神經科學、人－AI交互及相關領域的學者與學生，進行為期一日的學術交流。

活動重點之一為認知科學研究中心成立典禮。該中心的願景是將嶺大發展成為認知科學的國際樞紐，在推進對人類心智的基礎理解的同時，為以人為本的人工智能未來發展作出貢獻。

The Lingnan Cognitive Science Conference 2026 and the inaugural ceremony of the Lingnan University Cognitive Science Research Centre (CSRC) were held on 5 June at Lingnan@WestKowloon. Hosted by the CSRC, this year's conference was themed "Dynamics of Mind: Social, Neural, and Computational Perspectives". The event brought together scholars and students in cognitive science, cognitive neuroscience, human–AI interaction, and related fields for a full day of academic exchange.

A highlight of the event was the inaugural ceremony of the CSRC. It was established with the vision of developing the University into an international hub for cognitive science that advances fundamental understanding of the human mind while contributing to the future of human-centred artificial intelligence.

嶺南大學認知科學研究中心成立典禮。
Lingnan University Cognitive Science Research Centre Inaugural Ceremony.

# 嶺大舉辦「啟發．未來」中學校長暨教師茶聚 深化與中學伙伴協作

## Lingnan University strengthens school partnerships at 'Inspiring the Future' Reception for Principals and Teachers

嶺大學術暨教務副校長及林文贊科學計算講座教授陳漢夫教授（左）及教務長章慧芳女士與台下觀眾分享嶺大最新學術課程及入學資訊。
Prof Raymond Chan Hon-fu (left), Vice-President (Academics) cum Provost and Lam Man Tsan Chair Professor of Scientific Computing and Ms Margaret Cheung, Registrar, present Lingnan's academic programmes and admissions arrangements.

嶺南大學於5月29日舉辦「啟發．未來」中學校長暨教師茶聚，邀請來自全港中學的校長、學校管理層及升學就業輔導老師蒞臨校園，與大學管理層、教職人員、校友及學生交流，探討未來教育發展及學生培育方向。

是次茶聚旨在進一步深化嶺大與中學的伙伴關係，並提供交流平台，讓教育界同工就全人教育、學術創新，以及學生在高等教育環境中的發展機遇分享意見。

Lingnan University hosted an "Inspiring the Future" Reception for Principals and Teachers on 29 May, welcoming principals, school leaders, and careers and guidance counsellors from secondary schools across Hong Kong to its campus, and bringing together the University's senior management, academic staff, alumni, and students to discuss future education trends and student development.

The reception aimed to strengthen partnerships between Lingnan and secondary schools, as well as providing a platform for educators to exchange views on whole-person education, academic innovation, and opportunities for students in higher education.

# 嶺大國旗護衛隊奪「2026 年全民國家安全教育日香港青少年軍升國旗比賽」大專院校組別（齊步組）亞軍

## Lingnan University Flag Guard Team secures 1st Runner-Up (Marching Step Group) in the Tertiary Institutions Category at the '2026 National Security Education Day Hong Kong Army Cadets National Flag Raising Competition'

作為香港首支由大學生組成的升旗隊伍，嶺南大學國旗護衛隊一直表現卓越。隊員陳姵而、李俊惠、李嘉儀及王溥同學，於4月12日代表嶺大參與由香港青少年軍總會主辦的「2026年全民國家安全教育日香港青少年軍升國旗比賽」，憑著出色表現，成功奪得大專院校組別（齊步組）亞軍。

As Hong Kong's first university student flag raising team, the Lingnan University Flag Guard Team continues to shine. On 12 April, members of Lingnan University Flag Guard Team, namely Chan Pui-yee, Li Junhui, Li Ka-yee and Wang Pu, took part in the competition organised by the "Hong Kong Army Cadets Association". With their outstanding performance, they secured the 1st Runner-Up (Marching Step Group) in the Tertiary Institutions Category.

# 236 名嶺大生獲香港特別行政區政府頒發總額逾 570 萬港元獎學金

## 236 Lingnan students receive over HK$5.7 million in government scholarships

署理教育局局長施俊輝博士於4月23日出席「2026年度香港特別行政區政府獎學基金及自資專上教育基金獎學金頒獎典禮」，向2025/26學年的得獎者頒授獎狀。

其中，嶺南大學及嶺大持續進修學院合共236名優秀學生獲獎，獲頒獎學金總額逾570萬港元。是次榮獲的獎項涵蓋香港特別行政區政府獎學基金的「一帶一路獎學金」、「卓越表現獎學金」、「才藝發展獎學金」、「外展體驗獎」及「展毅表現獎」，以及自資專上教育基金獎學金的「卓越表現獎學金」、「最佳進步獎」、「才藝發展獎學金」、「外展體驗獎」及「展毅獎學金」，高度肯定了嶺大及嶺大持續進修學院學生在多方面的卓越表現。

Dr Sze Chun-fai, the Acting Secretary for Education, presented certificates to awardees under the HKSAR Government Scholarship Fund (GSF) and the Self-financing Post-secondary Education Fund (SPEF) for the 2025/26 academic year at the GSF and SPEF Joint Scholarship Presentation Ceremony 2026 on 23 April.

A total of 236 outstanding students from Lingnan University and the Lingnan Institute of Further Education have been awarded scholarships totalling over HK$5.7 million. The scholarships and awards include the Belt and Road Scholarship, Scholarship for Outstanding Performance, Talent Development Scholarship, Reaching Out Award, and Endeavour Merit Award under the GSF, as well as the Outstanding Performance Scholarship, Best Progress Award, Talent Development Scholarship, Reaching Out Award, and Endeavour Scholarship under the SPEF, recognising Lingnan students' outstanding performance across many aspects.

# 三名嶺大生榮獲香港賽馬會善學善行獎學金

## Three Lingnan students receive The Hong Kong Jockey Club Compassionate Leader Scholarship

香港賽馬會於4月28日舉行香港賽馬會獎學金頒授典禮暨高桌晚宴。嶺大學生陳灝傳（哲學，二年級）、陳諾豐（社會學，二年級）及關穎文（當代英語語言文學，二年級）榮獲香港賽馬會善學善行獎學金，大學祝賀獲獎同學，並肯定及讚揚他們卓越的學術表現及服務精神。

The Hong Kong Jockey Club held its Scholarships and Fellowships Award Presentation Ceremony and High Table Dinner on 28 April. In recognition of their academic performance and dedication to service, Chan Ho-chuen (Philosophy, Year 2), Matthew Chan Nok-fung (Sociology, Year 2), and Kwan Wing-man (Contemporary English Studies, Year 2) were awarded The Hong Kong Jockey Club Compassionate Leader Scholarship. The University congratulates the award-winning students and commends their outstanding performance and service spirit.

由中國香港欖球總會舉辦的大專非撞式欖球錦標賽2026，吸引了六所大專院校參加。嶺大欖球隊健兒在賽場上全情投入、奮力拼搏，展現了團隊精神與運動風采，最終獲得混合組季軍。

Organised by Hong Kong China Rugby, the Tertiary Touch Championship 2026 attracted participation from six tertiary institutions. Our Lingnan athletes demonstrated excellent teamwork, determination, and sportsmanship on the field, ultimately taking home the 2nd runner-up title in the mixed group.

嶺南大學跆拳道隊在中國香港大專體育協會主辦的2025-26大專跆拳道比賽中，憑著隊員的刻苦練習與不懈努力，最終榮獲一金四銅，為跆拳道隊寫下傑出成績。

In the 2025-26 USFHK Taekwondo Competition organised by the University Sports Federation of Hong Kong, China, the Lingnan University Taekwondo Team achieved outstanding results, securing one gold and four bronze medals in recognition of the team's rigorous training and sustained efforts.

嶺南大學柔道校隊在第三十四屆大專盃柔道賽表現出色，一共榮獲17個個人項目獎項，更勇奪隊制賽亞軍及全場總亞軍。

The Lingnan University Judo Team achieved outstanding results at the 34th Joint College Judo Competition, winning a total of 17 individual awards, and securing 1st runner-up in the team competition as well as the overall 1st runner-up.

兩名嶺大學生Hoang Thu Trang（英文，一年級）與Seemi Nisar（經濟，四年級）於《中國日報》「21世紀盃」全國英語演講比賽（香港賽區）決賽中表現優異，分別榮獲大學組季軍及「最佳即席演講獎」，充分展現她們的語言能力、臨場反應及思辨能力。

Two Lingnan University students delivered outstanding performances at the final of the China Daily "21st Century Cup" National English Speaking Competition 2026 (Hong Kong Region). Hoang Thu Trang (English, Year 1) and Seemi Nisar (Economics, Year 4) won the Second Runner-up and the Best Impromptu Speaker prizes, respectively, in the university category.

# 嶺大研發「AI 智能手推車」貨物推力最高降九成

## Lingnan University develops AI smart trolley that reduces pushing force by up to 90 per cent

本港物流及送貨服務急速發展，前線搬運及送貨員須長期面對高強度體力勞動。由嶺南大學與聯合國大學共建的亞洲首個「聯合國大學 — 嶺南大學人道創新及科技中心」，最新研發「IntuCREW 智能動力載重車系統方案 — AI 智能手推車」，將傳統手推車升級為 AI 智能動力平台，可將搬運約 200 公斤貨物時所需的推力，大幅降低九成至相當於推動 20 公斤重物的力度，顯著減輕搬運及送貨人員的體力勞動壓力。

With the rapid growth of Hong Kong's logistics and delivery services, frontline movers and delivery workers have to cope with physically demanding labour over long periods of time. The United Nations University Hub on Humanitarian Innovation and Technology at Lingnan University, the first UNU Hub in Asia and jointly established by Lingnan University and the United Nations University (UNU), recently developed the "IntuCREW – Intelligent Power Assist System", an AI-powered smart trolley solution that upgrades conventional handcarts into intelligent, power-assisted transport platforms. The system can reduce the pushing effort required to move loads of about 200 kilograms by up to 90 per cent, a force comparable to pushing a 20-kilogram load, significantly easing the physical strain on logistics and delivery workers.

# 嶺大研究：青年恆常飲茶比例高於汽水及特飲

## Lingnan study finds more young people drink tea than soft drinks regularly

嶺南大學亞太老年學研究中心最近就「香港青年茶類消費習慣」進行問卷調查及分析，結果顯示逾七成半受訪青年有定期飲用中國茶的習慣，但高達半數人將加入糖、花香或牛奶的「調味茶」視為慣常飲用的茶類。

此外，養成長期飲茶習慣的青年比例明顯高於汽水及特飲等其他飲品，但逾三分之一的整體受訪者表示不了解茶的健康作用。學者指出，父母對青年飲茶習慣有顯著影響力，建議社會各界舉行跨代共融活動，向年輕一代傳承中國茶文化。

Recently, the Asia-Pacific Institute of Ageing Studies at Lingnan University conducted a public opinion survey and analysis of the tea consumption habits of young people in the Hong Kong SAR. The findings show that more than three quarters of respondents drink Chinese tea regularly. However, as many as half also drink "flavoured tea" with sugar, floral flavours or milk frequently.

The proportion of young people who drink tea regularly was significantly higher than soft and speciality drinks, although more than one third were unfamiliar with the health benefits of tea. Scholars point out that parents exert a strong influence on young people's tea-drinking habits and suggest that different sectors of society might organise intergenerational activities to pass the Chinese tea culture on to younger generations.

# 嶺大研究倡食品供應鏈「一條龍」追溯 增安全成效

## Lingnan study advocates cross-tier traceability to improve food safety

本港有逾九成食物依賴進口，一旦發生食品安全問題，需從龐大供應鏈追查源頭。嶺南大學商學院院長及運營與風險管理講座教授冷明明教授最新發表一項研究，提出為食品供應鏈引入統一的「產品追溯系統」，幫助提升整體追查效率。研究發現，當供應鏈各環節建立合作機制，有助減少問題食品流入市場，提升食品安全水平及消費者信心。有關研究成果刊登於國際知名的「美國工業與系統工程協會」旗艦期刊《IISE Transactions》。

The Hong Kong SAR imports over 90 per cent of its food, and it can be very difficult when food safety incidents occur to trace the source across a complex supply chain. Prof Leng Mingming, Dean of the Faculty of Business and Chair Professor of Operations and Risk Management at Lingnan University, has published a new study proposing the introduction of a unified product tracing system across the food supply chain. The study confirms that such a system would improve overall traceability efficiency, and analysis shows that cooperative mechanisms across supply chain tiers help reduce the entry of problematic food into the market, improving both food safety and consumer confidence. The research findings have been published in the internationally respected flagship journal *IISE Transactions* of the Institute of Industrial and Systems Engineers.

冷明明教授
Prof Leng Mingming

# 嶺大研究：父母「心理控制」或增加青少年自殘風險

## Lingnan study links parental psychological control to adolescent self-harm risk

林立教授
Prof Lin Li

嶺南大學心理學系與華南師範大學心理學院及廣東第二師範學院應用心理系的學者合作，進行一項為期一年的追蹤研究，發現父母若以「心理控制」方式管教子女，例如透過引發內疚感、冷淡對待等被視為「情緒勒索」的手段迫使子女服從，或會削弱青少年調節情緒的能力，增加抑鬱症狀及提高自殘風險，當中女童受影響尤為明顯。學者指出，要預防青少年自殘行為，除了處理個人情緒問題，亦需改善親子互動方式。有關研究成果已刊登於國際學術期刊《兒童精神醫學與人類發展》。嶺大心理學系助理教授林立教授為本文通訊作者。

The Department of Psychology at Lingnan University, collaborating with researchers from the School of Psychology of South China Normal University and the Department of Applied Psychology of Guangdong University of Education, conducted a one-year longitudinal study. The research findings show that when parents use psychological control to manage their children, such as forcing compliance through guilt induction or love withdrawal, a tactic widely regarded as emotional blackmail, this can impair an adolescent's capacity to regulate their emotions. This then exacerbates depressive symptoms and heightens the risk of self-harm, particularly in girls. Researchers point out that preventing adolescent self-harm requires not only addressing individual emotional issues but also improving family dynamics. The study was published in the international academic journal *Child Psychiatry & Human Development*. Prof Lin Li, Assistant Professor of the Department of Psychology at Lingnan University, serves as the corresponding author of this study.

# 秦泗釗校長發表論文分析教育中的 AI 角色 以嶺大為例分享先導計劃成效

## President S. Joe Qin analyses the role of AI in education, using Lingnan as a case study for pilot scheme outcomes

數碼時代下的高等教育發展備受全球關注。嶺南大學校長及韋基球數據科學講座教授秦泗釗教授，在教育科技領域的頂尖國際學術期刊《計算機與教育：人工智能》最新發表題為〈教育中的人工智能：以嶺南大學的實踐解構博雅大學的數碼轉型〉論文，深入剖析人工智能（AI）在教育中的角色，並以嶺大為例，分享其先導計劃的實踐成效。

秦泗釗教授在論文中指出，高等教育界正經歷一場「人工智能革命」，這並非單純在教學中增強技術，而是驅動師生「數智化轉型」— 未來課程將由以往側重記憶與掌握內容，轉向強調如何運用及導航知識，包括教導學生設計有效提問（prompt engineering）、驗證生成式人工智能（GenAI）輸出的結果，以及理解此類自動化系統所涉及的倫理問題。

秦泗釗教授在論文中強調，教育工作者不會被AI取代，並表示：「教育的本質是一個社會性與情感性的過程。AI目前仍無法感知受挫學生並產生同理心、調解同儕衝突或提供情感支持。這些『情緒價值引導』的人類特質，超出了演算法的能力範圍。在學習方面，學生須由被動接受AI內容的使用者，轉變為主動編輯與批判的角色。」

**即掃二維碼瀏覽有關研究論文全文（只限英文）**
**Scan to read the full study**

The evolution of higher education in the digital era has attracted global attention, and Prof S. Joe Qin, President and Wai Kee Kau Chair Professor of Data Science at Lingnan University, recently published a paper titled "AI for education: The digital transformation of a liberal arts institution – implementation at Lingnan University" in a leading international journal *Computers and Education: Artificial Intelligence*. The paper's in-depth analysis of the role artificial intelligence (AI) plays in education uses Lingnan as a case study to examine the success of its pilot initiatives.

Prof Qin notes that higher education is undergoing an "AI revolution", not merely reinforcing teaching with technology, but driving the "digital-intelligent transformation" of both teachers and students. Future curricula will shift from a traditional emphasis on memorisation and content mastery towards the application and navigation of knowledge, and students will be trained in prompt engineering in order to validate outputs generated by generative AI, and understand the ethical implications of such automated systems.

Prof Qin stresses that educators are not replaceable. "At its core, education is a social and emotional process, and AI is currently unable to perceive student frustration, demonstrate empathy, mediate peer conflicts, or give emotional support. These forms of 'emotional value guidance' are inherently human and beyond the capacity of algorithms. Students must shift from being passive consumers of AI-generated content to active editors and critical thinkers. For example, they should debate AI, identify flaws in logic, and generate multiple solutions using AI, and then evaluate and rank them independently. The key lies in asking the right questions and appraising the quality and accuracy of the responses."

# 秦泗釗校長出席 2026「港澳山東周」

## President S. Joe Qin attends 2026 Hong Kong-Macao-Shandong Week

2026港澳山東周於5月18日在香港啟動，嶺南大學校長及韋基球數據科學講座教授秦泗釗教授出席港澳各界重要代表人士座談會，共商魯港澳合作發展。

本身是山東日照人的秦泗釗教授在會上表示：「國家已進入『十五五』規劃的開局起步之年，明確提出了『一體推進教育、科技、人才發展，深化教育科技人才一體改革』的戰略部署，魯港澳三地正迎來深化合作、共拓新局的戰略機遇。嶺大願以此為契機，充分發揮在數字時代博雅教育和國際化人才培養等方面的獨特優勢，積極融入並推動三地協同發展。」

The 2026 Hong Kong-Macao-Shandong Week began on 18 May, and Prof S. Joe Qin, President and Wai Kee Kau Chair Professor of Data Science at Lingnan University, attended the symposium for distinguished representatives from the Hong Kong SAR and the Macao SAR to discuss cooperation and development.

As a native of Rizhao in Shandong Province, Prof Qin said, "China has entered the opening year of the 15th Five-Year Plan, which clearly sets out the strategic direction for advancing the integrated development of education, technology, and talent, while deepening reform in these interconnected areas. Shandong, and the Hong Kong and Macao SARs now have valuable opportunities to strengthen cooperation and jointly explore new prospects for development. Lingnan University is eager to seize this chance to use its considerable strengths in international talent cultivation and liberal arts education in the digital era, while actively contributing to closer collaboration."

嶺大校長秦泗釗教授出席港澳山東周並發言。
President S. Joe Qin delivers a speech at the 2026 Hong Kong-Macao-Shandong Week.

# 嶺南大學接任新一屆京港大學聯盟理事長單位

## Lingnan University takes over as new co-chair of Beijing-Hong Kong Universities Alliance

2025-26年度京港大學聯盟理事會年會暨校長論壇於4月16日舉行。北京師範大學與嶺南大學在聯席理事長單位交接儀式上，正式接任京港大學聯盟第四屆理事長單位。

嶺大副校長（研究及創新）及唐天燊機器學習講座教授姚新教授代表新一屆理事長單位發言，表示將認真履行理事長單位職責，攜手聯盟各高校深化人才培養、學科對接、科研協同等領域合作，推動聯盟平台提質增效。

The Beijing-Hong Kong Universities Alliance Council Annual Meeting and Presidents' Forum 2025-26 was held on 16 April. Beijing Normal University and Lingnan University officially took over as the co-chairs of the fourth term of the Beijing-Hong Kong Universities Alliance at the handover ceremony.

Prof Xin Yao, Vice-President (Research and Innovation) and Tong Tin Sun Chair Professor of Machine Learning, delivered a speech on their behalf, promising to fulfil their responsibilities as co-chairs completely, work with all member universities to deepen cooperation in talent cultivation, discipline alignment, and research collaboration, and raise the Alliance platform to a higher level of quality and efficiency.

2025-26年度京港大學聯盟理事會年會暨校長論壇合照。
The Beijing-Hong Kong Universities Alliance Council Annual Meeting and Presidents' Forum 2025–26.

# 嶺大出席 2026 世界數字教育大會 分享數字化轉型實踐

## Lingnan attends 2026 World Digital Education Conference to discuss digital transformation practices

姚新教授在2026世界數字教育聯盟全體大會作主題發言。
Prof Xin Yao delivers a speech at the 2026 General Assembly of the World Digital Education Alliance.

2026世界數字教育聯盟全體大會於5月11日在杭州舉行。作為聯盟成員單位，嶺南大學副校長（研究及創新）及唐天燊機器學習講座教授姚新教授受邀代表嶺大，系統地分享了大學以AI賦能教育轉型的實踐，獲得與會同仁廣泛認可。

姚新教授一行隨後於5月13日到訪浙江大學紫金港校區，獲陳剛副校長的熱烈歡迎。雙方圍繞AI賦能教育、聯合科研平台與校際聯盟建設等議題深入交流，達成廣泛共識。

The 2026 General Assembly of the World Digital Education Alliance (WDEA) was held on 11 May. As a member of the Alliance, Prof Xin Yao, Vice-President (Research and Innovation) and Tong Tin Sun Chair Professor of Machine Learning, was invited to represent Lingnan University, and he listed the practices in AI-empowered educational transformation, which were understood and appreciated by the audience.

On 13 May, Prof Yao and the Lingnan delegation visited Zhejiang University (ZJU)'s Zijingang Campus and were welcomed warmly by Prof Chen Gang, Vice President of ZJU. The two universities held in-depth discussions on AI-empowered education, joint research platforms and alliance building, and reached a broad consensus.

# 扎根三十載　播種育英才
# 嶺大心繫社會「屯」結社區

## Rooted for three decades, sowing seeds of talent: Lingnan University unites the Tuen Mun community

**「要及早播下種子，才能見證開花時。」嶺南大學扎根屯門三十載，秉承「作育英才，服務社會」的校訓，帶動社區共融不遺餘力。其中，協助邊緣青年重回正軌的「X計劃」推行達25年，「成功有約」屯門區小學生獎勵計劃 —「做個大學生」體驗活動亦歷經12屆。**

嶺大學生事務處處長伍慧明女士(Irene)表示，嶺大一直鼓勵學生以關懷和創新的精神連結屯門社區各階層，上述兩項目至今已培育超過400位學生義工，成功扶助400位邊緣青少年，並啟發1,350位小學生。

### 「X計劃」以生命影響生命　助青少年迷途知返

在眾多社區項目中，以「X計劃」最具標誌性。這項工作自1997年推行，旨在幫助屯門區內在成長路上遇到困難及有偏差行為的18歲以下青少年。計劃最初由屯門區撲滅罪行委員會、香港警務處屯門警區、屯門民政事務處、嶺南大學及非政府組織如香港青年協會攜手推展。近年香港珠海學院亦一同參與，合作團體更包括區內多個青少年團體、教育局及社會福利署等。

嶺大學生義工在接受專業訓練後，會與青少年建立朋輩關係，不僅給予他們關懷與指導，樹立良好榜樣，雙方更在真誠的互動中互相成長。

當中那份「以生命影響生命」的觸動，亦深深打動了學生義工曹嘉熙(數據科學，二年級)。他回憶道：「初次與青少年朋友見面時，他們仍未完全信任我們。隨著不同活動的交流和互動，他們慢慢變得願意向我打開心窗、分享人生，這份信任特別珍貴。在建立互信的過程中，不僅令我提升了溝通技巧，更學會自我成長。這正是『X計劃』吸引我連續參與兩年的原因。」

另一位學生義工吳瑋晴(文化研究，二年級)則慶幸自己當初勇敢踏出第一步：「想成為義工，大膽報名就對了！當時我同樣毫無經驗，但只要懷抱熱誠，便已足夠。這次的義工經歷深深啟發了我，讓我更加堅定日後繼續服務社會的決心。現時我正在香港家庭計劃指導會(家計會)擔任朋輩輔導義工，希望未來能幫助更多有需要的人。」

第23屆「X計劃」義工委任典禮大合照。

Group photo at the Volunteer Inauguration Ceremony of the 23rd "Project X".

嶺大學生事務處處長伍慧明女士(Irene)(中)與三位學生義工合照，包括：吳瑋晴(2024-25年度「X計劃」)(左上)、莊子萱(2024-25年度「做個大學生」)(左下)，以及曹嘉熙(2024-25年度及2025-26年度「X計劃」)(右)。

Ms Irene Ng Wai-ming, Director of Student Affairs at Lingnan University (middle), takes a group photo with three student volunteers: Ng Wai-ching (2024-25 "Project X") (top left), Chong Tsz-huen (2024-25 "A Day at University") (bottom left), and Cao Jiaxi (2024-25 and 2025-26 "Project X") (right).

### 「做個大學生」體驗活動　從小啟發　埋下夢想種子

除了引導迷途青少年，嶺大亦致力為下一代播下夢想種子。由屯門民政事務處及屯門區青年發展及公民教育委員會主辦、嶺大合辦的「成功有約」屯門區小學生獎勵計劃 —「做個大學生」體驗活動，已由2014年推行至今。

本年度共有15間屯門區小學踴躍參與，約150名小學生在約20位嶺大學生義工的帶領下，在校園內進行了一連串豐富的體驗活動，包括小昆蟲探索、廚餘環保考察，以及校園導賞等。嶺大期望透過這些體驗，讓小學生提早感受大學的學習氛圍，啟發他們從小訂立人生目標，同時加深大學與區內學校的聯繫。

活動不僅造福社群，同時是學生鍛鍊的舞台。擔任上年度活動司儀及義工的莊子萱(工商管理 — 市場學與社交媒體，一年級)分享她的突破：「這是我首次在過百人面前擔任司儀，不僅鍛鍊了溝通技巧，更學會換位思考。做事最難的往往是『由零到一』的這一步，只要敢於踏出舒適圈展現自己，最終定能跨越挑戰，並學會欣賞自己的付出。」

此外，學生事務處亦積極支持「成功有約」屯門區青年自我挑戰及獎勵計劃：短期職場體驗計劃。今年，嶺大將繼續為區內青少年提供於學生事務處進行暑期實習的機會，以實踐培育人才的使命。

### 嶺大致力與社區同行

回望三十年來的深耕細作，Irene表示：「我們希望發揮大學服務社會的職能，與大眾守望同行，將整個屯門連結成一個具內聚力的社區，建立起緊密合作、一呼百應的互助網絡。」

秉持這份信念，嶺大未來將繼續連繫屯門社區各個階層。除了上述活動外，嶺大亦透過學生事務處推行眾多社區服務活動，例如「擁抱老齡化：社區長者支援計劃」等關愛項目，為屯門、元朗及天水圍區的長者提供支援，並期望未來能將服務範圍擴展至全港。Irene期盼，這些用心播下的種子，不僅能在屯門生根發芽，未來更能於更廣闊的社會中開出絢爛的花朵。

**"Seeds must be planted early if we are to witness them bloom." Rooted in Tuen Mun for 30 years, Lingnan University has steadfastly upheld its motto "Education for Service" sparing no effort in driving community integration. Notably, "Project X", an initiative helping at-risk youths get back on track, has been running for 25 years, whilst the "Strive for Success" Tuen Mun District Primary School Student Award Scheme – "A Day at University" experiential event has reached its 12th edition.**

Ms Irene Ng Wai-ming, Director of Student Affairs at Lingnan, notes that Lingnan has consistently nurtured students through diverse initiatives to connect with all walks of life in Tuen Mun with a spirit of care and innovation. Through the aforementioned two programmes, the University has to date trained over 400 volunteers, successfully helped 400 at-risk youths, and inspired 1,350 primary school students.

## 'Project X': impacting lives and guiding at-risk youths back on track

Among Lingnan's numerous community initiatives, "Project X" is arguably the most important. Launched in 1997, it assists young people under 18 in the Tuen Mun district who face developmental challenges or have behavioural issues. Initially, the scheme was jointly spearheaded by the District Fight Crime Committee (Tuen Mun District), the Tuen Mun District Police, the Tuen Mun District Office, Lingnan University, and NGOs such as the Hong Kong Federation of Youth Groups. In recent years, Hong Kong Chu Hai College has also joined the initiative. Partner organisations include various local youth groups, the Education Bureau, and the Social Welfare Department.

After training, Lingnan student volunteers build peer-mentoring relationships, providing care and guidance, and serving as positive role models, although everyone achieves mutual growth through genuine interaction.

This essential dynamic of "life influencing life" moved student volunteer Cao Jiaxi (Data Science, Year 2) deeply, and he recalls "During our first meeting, the kids hesitated to trust us. However, after various hands-on activities, they gradually opened up and shared their life stories. That trust is incredibly precious, and building this mutual trust not only improved my communication skills but also my personal growth. That is exactly why I have taken part in 'Project X' for two consecutive years."

Fellow volunteer Ng Wai-ching (Cultural Studies, Year 2) is glad she took that brave first step: "If you want to be a volunteer, just be bold and sign up! I had no prior experience either, but a passionate heart is all you need. This volunteering experience has inspired me and made me resolve to continue serving society. I am now a peer counselling volunteer at The Family Planning Association of Hong Kong (FPAHK), and hope to help even more people in need."

第25屆「X計劃」嶺大學生義工與青少年一同參與歷奇活動。(為保護參與者隱私，部分面容已予遮蔽。)

The 25th "Project X" student volunteers and youths take part in an adventure-based activity. (To protect the privacy of participants, some faces have been obscured.)

每年超過150名屯門區小學生及老師到訪嶺大參與「做個大學生」體驗活動。

Each year, over 150 primary school students and teachers from Tuen Mun District visit Lingnan for the "A Day at University" experiential event.

## 'A Day at University': inspiring dreams from a young age

Beyond guiding at-risk youths, Lingnan is committed to sowing the seeds of dreams for the next generation. The "A Day at University" experiential event is part of the "Strive for Success" programme in the Tuen Mun District Primary Students Award Scheme, hosted by the Tuen Mun District Office and the Tuen Mun District Youth Development and Civic Education Committee, and co-organised by Lingnan University.

This year, 15 primary schools in Tuen Mun participated enthusiastically, and about 150 of their students, guided by some 20 Lingnan student volunteers, took part in a series of enriching campus activities, including biodiversity and insect exploration, environmental studies of food waste, and campus tours. These are how Lingnan hopes to give primary students an early taste of university life, inspiring them to set life goals from a young age whilst strengthening the University's ties with local schools.

The event benefits the community whilst providing a valuable training ground for students. Chong Tsz-huen (BBA – Marketing and Social Media, Year 1), an emcee and volunteer last year, explained "This was my first time emceeing in front of over a hundred people. It not only sharpened my communication skills but also taught me empathy. The hardest part of any task is often going from zero to one, but as long as you dare to step out of your comfort zone, you can overcome the challenge and learn to recognise your own efforts."

Furthermore, the Office of Student Affairs actively supports the "Strive for Success" Tuen Mun District Youth Self-enhancement Training Programme and Award Scheme. This year, Lingnan University will continue to offer summer internship opportunities at the Office of Student Affairs for local youths, fulfilling its mission of nurturing talent.

## Walking hand in hand with the community

Reflecting on three decades of dedicated community work, Irene said "We hope to fulfil the University's role of serving society and walking alongside the public. Our goal is to weave Tuen Mun into a cohesive community, establishing a tight-knit, highly responsive mutual support network."

Upholding this conviction, Lingnan University will continue to engage with all segments of the Tuen Mun community. In addition to the aforementioned activities, the University rolls out numerous community service initiatives through the Office of Student Affairs. These include caring projects such as the "Embracing Ageing: The Project on Community Support for Seniors", which provides assistance to the elderly in Tuen Mun, Yuen Long, and Tin Shui Wai, with the hope of eventually expanding the service scope across Hong Kong. Irene hopes that these carefully sown seeds will not only take root in Tuen Mun but eventually bloom brilliantly across the wider society.

嶺南大學接待家庭計劃舉辦燒烤派對。

Lingnan Host Family Scheme hosts a beach barbecue.

# 嶺南大學接待家庭計劃：一份關愛，跨越千里

**在嶺大，每年有超過500名非本地本科學生，在這裡尋找他們的第二個「家」。為了支援非本地新生面對環境變遷的挑戰，學生事務處自2008年起正式啟動了「嶺南接待家庭計劃」，邀請校內的教職員以非住宿形式，成為非本地學生的「接待家庭」，協助他們盡快適應香港的生活與學習，幫助他們融入嶺大的大家庭。**

楊雨韵教授（右二）和彭楊涵（左）及陳厚樺（左二）在家中一起享用美食！

Prof Yang Yuyun (second right), Peng Yanghan (left) and Chen Houhua (second left) enjoying a meal together at home!

## 一碗家常飯的溫度

對來自重慶的工商管理課程一年級學生彭楊涵來說，結識她的接待家庭——人工智能學部助理教授（教學）楊雨韵教授，是她在嶺大求學路上溫暖的相遇。

彭楊涵說：「大一上學期，小雨姐（楊教授）恰好是我其中一門課的授課老師。當得知她將成為我的接待家庭時，我既驚喜又安心。」

她們平日會在校聊天，節日互傳訊息，亦會參與學生事務處安排的精彩活動——香港開篷觀光巴士遊，以及屯門海邊的燒烤派對。但說到最難忘的時刻，就是在楊教授家中的一頓家常飯。

楊教授分享道：「我邀請她們來家裡吃晚飯，氣氛特別放鬆，她們也願意敞開心扉，跟我分享生活中的煩惱和夢想。我能夠用自己的經驗給予她們一點建議，真的感到很欣慰。」

看似尋常的家常菜，卻是留學生心頭的溫暖。彭楊涵感慨地說：「在這異鄉，我找到了可以倚靠的家人，也讓我對香港這座城市的感情，從好奇與觀望，變成了熱愛與歸屬。」

## 月餅分一半，家就在身邊

伍絜宜跨學科學院助理教授（教學）莫鑑明教授，投身「接待家庭」已逾八載，陪伴超過15位非本地學生。

來自哈薩克斯坦的數據科學一年級學生Zhansaya Makhambetaliyeva是莫教授接待的學生之一。Zhansaya肯定地說：「莫教授帶我走進他的故事裡。他與我分享小時候的往事，分享他最喜歡的傳說，還生動地解釋中秋節的意義。」

談起在香港最難忘的時刻，Zhansaya對吃盆菜的情景印象最深，「我們圍著一個大大的、熱騰騰的食物鍋，和不同的人分享故事。那一刻，我真正體會到『社群』的意義。那時有點吵鬧，卻美極了。」

作為嶺大接待家庭計劃的長期「粉絲」，莫教授見證著接待家庭計劃的活動越來越豐富，「成為接待家庭，不但拓闊了我們的視野，更讓我們收穫了跨越文化的友誼！」

Zhansaya亦表同意，稱她現在在香港有了第二個「家」，明白了「家人不一定要有血緣關係，有時候，家人就是那個願意和你分享月餅的人。」

# Lingnan Host Family Scheme: love and warmth beyond borders

**Every year, more than 500 non-local undergraduate students come to Lingnan looking for a second home. To support them, the Office of Student Affairs (OSA) launched the Lingnan Host Family Scheme in 2008, inviting staff members to volunteer as non-residential host families to help non-local students settle smoothly into life and study in Hong Kong, and integrate into the Lingnan community.**

## The warmth of a home-cooked meal

For Peng Yanghan, a first-year BBA student from Chongqing, meeting her host, Prof Yang Yuyun, Assistant Professor of Teaching in the Division of Artificial Intelligence, has been one of the happiest experiences in her time at Lingnan.

"In my first semester, Sister Xiaoyu (Prof Yang) happened to be the instructor for one of my courses. When I found out that she would also be my host, I was surprised and reassured," Peng Yanghan said.

The two shared casual campus chats, holiday messages, and various OSA activities, from an open-top Hong Kong bus tour to a beach barbecue in Tuen Mun. However, their most unforgettable moment was a simple dinner at Prof Yang's home.

"I invited her over for dinner," Prof Yang recalled. "The atmosphere was very relaxed, and she opened up and shared her worries and dreams. I was happy to offer advice from my own experience."

Enjoying a home-cooked meal and playing with Prof Yang's pets helped Peng feel completely at ease. "In this home away from home, I found a family to lean on, and my feelings towards Hong Kong changed from curiosity and hesitation to love and a sense of belonging."

## Share a mooncake: home is right here

Prof Mok Kam-ming, Assistant Professor of Teaching in the Wu Jieh Yee School of Interdisciplinary Studies, has been a host for over eight years, and looked after more than 15 non-local students.

Zhansaya Makhambetaliyeva, a first-year Data Science student from Kazakhstan, was one of Prof Mok's guests. "Prof Mok did not just welcome me into his home, but into his stories too," she said. "He shared his childhood memories and his favourite legends with me, and explained the meaning of the Mid-Autumn Festival so vividly."

For Zhansaya, her most memorable moment was a festive Poon Choi night during Chinese New Year. "We all sat around a big, steaming pot of layered food and told stories. That really made me understand the meaning of community."

Prof Mok noted that the scheme has grown significantly, offering hosts and students alike a chance to step into each other's cultures. "Being a host family has broadened our horizons, and fostered friendships that transcend cultures," he said.

Zhansaya agreed, noting that she has truly found a second home in Hong Kong. "I have learned that family is not always about blood ties. Sometimes family is the person willing to share mooncakes with you."

莫鑑明教授（中）和Zhansaya Makhambetaliyeva（右五）及 Aisha Menjeyu（右四）和其他參加者在農曆新年時一起享用盆菜！

Prof Mok Kam-ming (middle), Zhansaya Makhambetaliyeva (fifth right) and Aisha Menjeyu (fourth right) enjoying Poon Choi with friends at Chinese New Year!

（右起）莫鑑明教授和 Aisha Menjeyu 及 Zhansaya Makhambetaliyeva 一起製作燈籠，慶祝中秋節。

(From right) Prof Mok Kam-ming, Aisha Menjeyu and Zhansaya Makhambetaliyeva making lanterns together to celebrate the Mid-Autumn Festival.

**即掃二維碼了解嶺南接待家庭計劃**
**Scan the QR code to learn more about the Lingnan Host Family Scheme**

# 從米蘭到大灣區的永續心境：Sergio Sammarchi 博士的碳捕集探索之旅

**碳捕集技術與王家衛的經典電影《花樣年華》之間有何關聯？對嶺南大學伍絜宜跨學科學院博士後研究員Sergio Sammarchi博士而言，或許在於對構築世界之美的執著：正如電影在渴望中探尋美感，Sammarchi博士則在嚴謹的科學中尋找希望。**

隨著氣候危機日益加劇，這位年輕學者不僅觀察變遷，更積極重寫可持續發展未來的劇本。作為研資局新晉學者計劃（RGC Junior Research Fellow Scheme）的獲獎者，Sammarchi博士為香港轉廢為能的領域開啟生存敘事，並擘畫出一條複雜卻必要之路。

## 逆轉的科學

Sammarchi博士獲研資局獎項的項目名為「優化香港轉廢為能領域的碳捕集方案（Optimizing Carbon Capture Solutions for Hong Kong's Waste-to-Energy Sector）」，其核心在於解決二氧化碳的捕集、運輸及永久封存問題。他專注於研究捕集垃圾焚化爐燃燒後排放的碳，過程概括為：「即使經過所有的廢氣淨化處理，焚化爐仍會排放二氧化碳，我們必須找到方法將其捕集。」

然而，所有二氧化碳在本質上並非相同。Sammarchi博士強調了轉廢為能設施在排放上的關鍵區別：燃燒塑膠產生的二氧化碳本質上是化石燃料的新形式，捕集它僅能阻止新增的碳進入大氣層；但燃燒廚餘和紙張等有機物所產生的二氧化碳，則提供了契機——相關物料在植物生長階段已吸收了大氣中的二氧化碳，捕集其排放物能創造「負反饋循環」（negative feedback loop）。

他熱情滿滿地表示：「我們實際上在降低二氧化碳的濃度，如果能大規模實行，就能逆轉全球暖化。」與樹木最終會枯死並重新釋放碳的情況不同，Sammarchi博士的願景是終局性的：將二氧化碳永久封存。

要在香港這個都會轉化相關理論無疑面臨巨大挑戰。Sammarchi博士強調，解決方案必須兼顧財政和環境的整體性。為了權衡利弊，他採用「生命週期評估」（Life Cycle Assessment）方法，透過嚴謹框架去評估整個捕集和儲存過程的總環境足跡，以確保在解決一個問題的同時，不會製造如水污染等額外問題。

雖然荷蘭、英國和日本的試點項目成效令人鼓舞，但本地化應用至關重要。香港獨特的廢物成分、高濕度和亞熱帶地區的氣溫皆可能阻礙標準技術的運作。

因此，首要任務是進行精密的運算模擬。Sammarchi博士認為，我們必須先針對這些環境因素建立運算模型，以確保技術的可行性。當把技術應用於轉廢為能的設施，如香港綜合廢物管理設施第一期（I · PARK1）時，這尤為關鍵。位於石鼓洲外人工島的I · PARK1於2025年12月展開首階段試行運作，預計每天處理3,000公噸都市固體廢物，並為10萬戶家庭提供電力。

Sammarchi博士認為他的職責在於設計一套能與轉廢為能設施兼容的系統，「我們需要證明這種碳捕集方案可以適配於現有焚化爐」。但他強調改裝現有設施比從頭設計新設施面臨更大考驗。

Sergio Sammarchi博士是研資局新晉學者計劃的獲獎者。
Dr Sergio Sammarchi, a recipient of the RGC Junior Research Fellow Scheme.

## 永恆的地理學

對人口稠密的大都會來說，要把二氧化碳永久封存，空間正正是最嚴峻的考驗。Sammarchi博士表示認同：「眾所周知，香港並沒有太多可用的土地。」然而，大家把希望寄托於大灣區合作。他指出，珠江流域正在進行試點項目，將碳封存於海床之下。他相信在未來，捕集的二氧化碳將通過管道或船隻運輸到離岸儲存地點。

即掃二維碼閱讀餘下訪問內容
Scan to continue

# In the Mood for Sustainability – from Milan to the GBA: Dr Sergio Sammarchi's quest for carbon capture solutions

**What links carbon capture technology to Wong Kar-wai's cinematic masterpiece *In the Mood for Love*? For Lingnan University's Dr Sergio Sammarchi, it may be the commitment to crafting the beauty of the world: just as the film explores beauty in longing, Dr Sammarchi finds hope through the rigour of science.**

As the climate crisis accelerates, the young researcher and Postdoctoral Fellow at the Wu Jieh Yee School of Interdisciplinary Studies is not merely observing the changes, he is actively rewriting the script for a sustainable future. A grateful recipient of the RGC Junior Research Fellow Scheme, Dr Sammarchi is initiating a narrative of survival in Hong Kong's waste-to-energy sector, and charting a path as complex as it is absolutely necessary.

## The science of reversal

At the core of Dr Sammarchi's project, which earned him the RGC award "Optimizing Carbon Capture Solutions for Hong Kong's Waste-to-Energy Sector", is the problem of capturing, transporting, and permanently storing carbon dioxide ($CO_2$). He captures post-combustion carbon in waste incinerators, a process he describes simply as "We need to find a way to capture the $CO_2$ that still comes out of the incinerators, even after all the flue gas cleaning processes."

However, not all $CO_2$ is created equal, and Dr Sammarchi highlights a critical distinction in the emissions of waste-to-energy plants: $CO_2$ from burning plastics is essentially fossil fuel in a new form, so capturing it merely stops new carbon from entering the atmosphere. But $CO_2$ from burning organic matter like food waste and paper offers a unique opportunity: because these materials absorbed atmospheric $CO_2$ as plants, capturing the emissions creates a negative feedback loop.

"We are actually reducing the $CO_2$ concentration," he declares with passionate enthusiasm. "We can reverse the effects of global warming if we can do it on a very large scale." Unlike trees that eventually die and release their carbon, Dr Sammarchi's vision is final: storage that is sealed forever.

Translating this theory into Hong Kong's urban landscape presents formidable challenges, and Dr Sammarchi emphasises that solutions must be financially and environmentally holistic. To navigate the trade-offs, he employs the Life Cycle Assessment methodology, a rigorous framework that evaluates the total environmental footprint of the entire capture and storage process, in order to ensure he is not solving one problem while creating another, such as water pollution.

While pilot projects in the Netherlands, the UK, and Japan are inspiring, local adoption is vital. Hong Kong's specific waste composition, high humidity, and subtropical temperatures can hinder standard technologies.

Therefore, the priority is meticulous computational simulation. Dr Sammarchi argues that we must first use a computational model for these environmental factors to make sure the technology is viable, particularly when adapting it to facilities like the I·PARK1 in Hong Kong.

Sammarchi博士（中）於2025年11月出席研資局頒獎典禮。
Dr Sammarchi (middle) at the RGC Award Presentation Ceremony in November 2025.

Located on an artificial island off Shek Kwu Chau, I·PARK1 commenced the first phase of its trial operation in December 2025, and is set to process 3,000 tonnes of municipal solid waste every day, providing electricity for 100,000 households.

Dr Sammarchi views his role as designing a system compatible with such infrastructure. "We need to prove that this option for carbon capture can be adapted to existing incinerators," he notes, emphasising that retrofitting poses a greater test than designing a new system.

## The geography of forever

The requirement to store carbon "forever" introduces the most serious trial for a dense metropolis: space. "Hong Kong doesn't have a lot of land available, as we all know," he acknowledges.

Yet hope lies in regional collaboration within the Greater Bay Area, and Dr Sammarchi points to pilot projects underway in the Pearl River Basin, where carbon is stored deep beneath the seabed.

Dr Sammarchi believes in the future, and that the captured $CO_2$ will be transported via pipelines or ships to these offshore storage locations, and is adamant about prioritising geological storage over use.

# 專訪體育舞蹈冠軍運動員李欣汶
# 在旋轉中尋回初心

**體育舞蹈運動員李欣汶(心理學，一年級)是嶺大精英運動員入學獎學金2025/26的得主。早前在越南舉行的「2025昇龍國際體育舞蹈公開賽」中，欣汶在快步舞、華爾茲、探戈及狐步四項比賽中脫穎而出，一舉奪得兩金、四銀、兩銅共八面獎牌。這份驕人的成績背後，是無數個揮汗如雨的夜晚，以及十年來的努力不懈。在中國香港隊戰友們的互相打氣下，她更成功挑戰了一次又一次的十項全能賽事。**

自七歲起接觸拉丁舞，欣汶坦言自己的起步比其他運動員晚。為了將勤補拙，她的生活幾乎被練習填滿：「早上先去舞室練習，再去上課，晚上又繼續練舞。」在幾乎每個星期都要比賽的忙碌節奏中，支撐她走下去的，是那份純粹的滿足感。「當你開始看到一點成績，那種滿足感會推動你想繼續跳下去，鑽研得更深。」

憶起得悉榮獲嶺大精英運動員入學獎學金的一刻，欣汶表示自己「開心得有些想哭」。她分享道，「體育舞蹈是一項負擔很重的運動，每周的學費動輒數千元。很感激嶺南大學給予我這個全額獎學金，真的幫了我很多。它分擔了沉重的經濟壓力，讓我可以更專心投入比賽。」

然而，運動員的成長之路從來都不是一帆風順。身處競爭激烈的賽場，欣汶也難免陷入「勝負欲」的漩渦中。她回憶起一次難忘的挫敗：「有一次我輸給了一個平時經常贏的對手，當時情緒瞬間崩潰，直接躲在後台大哭。」這次打擊猶如一記當頭棒喝，讓她重新審視比賽的真正意義。

「後來慢慢看開了，明白比賽本就有輸有贏。別人能贏一定有原因，倒不如去學習人家的長處。」心態的轉變，讓她學會用更廣闊的視野，去欣賞不同國家的優秀運動員。

經歷過這些高低起伏，欣汶更深刻體會到心理質素的重要，這正是她選擇修讀心理學的原因。「運動員真的非常需要心理輔導。像我現在有時也會遇上『瓶頸位』或感到挫敗，甚至想過放棄。因此我想透過學習心理學幫助自己，也希望日後能用專業知識幫助其他運動員。」

脫下舞鞋，欣汶也是一名熱衷體驗大學生活的大學生。她表示，如果要用三個詞形容她的大學生活，那就是「精彩、充實、刺激」。同時，她也慶幸嶺大提供學生宿舍，不僅為繁忙的她帶來便利，方便兼顧訓練和學業，更讓她結識了一群好友，豐富了她的大學生活。

「搏盡無悔，勿忘初心。」這不僅是欣汶的座右銘，更是她一路走來的最佳寫照。她時常提醒自己，要找回當初愛上跳舞的那份純粹，「記回當初喜歡跳舞的原因，而不只是為了勝負，或許我可以走得更遠。」

對她而言，腳尖下的每一次旋轉，不只是為了超越對手，而是為了回應內心那份真摯的熱愛。未來的路還很長，但只要踩著專屬的節奏，帶著這份不變的勇氣，無論舞台多大，她定能跳出最自信、動人的舞。

圖片鳴謝：李欣汶
Photo courtesy: Jessie Lee Yan-man

# Spinning back to the heart of dance: An interview with DanceSport Champion Jessie Lee

**DanceSport athlete Jessie Lee Yan-man (Psychology, Year 1), a recipient of the Lingnan University Entrance Scholarship for Elite Athletes 2025/26, shone at the Thang Long International Open DanceSport Championships 2025 in Vietnam. She stood out in the quickstep, waltz, tango, and foxtrot, and won a remarkable total of eight medals: two golds, four silvers, and two bronzes. Behind this stellar achievement lie countless sweat-drenched nights and a decade of sustained effort. Cheered on by her teammates from the Hong Kong, China team, Jessie has successfully challenged all comers time and again in the gruelling ten-dance events.**

Having discovered Latin dance at the age of seven, Jessie knows she had a later start than many of her peers, so to make up for lost time her life has been almost entirely consumed by rehearsals. "I head to the dance studio to practise in the morning, attend classes, and then resume training in the evening," she confesses. Despite her demanding schedule and with competitions almost every week, what keeps her going is a pure sense of fulfilment. "When you start seeing results, that satisfaction drives you to keep dancing and delve even deeper into the art."

即掃二維碼觀看
欣汶的訪問片段
Scan the QR code to watch
Jessie's story

Recollecting the moment she learnt she had received the Lingnan University Entrance Scholarship for Elite Athletes, Jessie says "I was so happy I almost cried. Dancesport has always been very expensive, and weekly lessons can easily cost thousands of Hong Kong dollars. I am incredibly grateful to Lingnan University for this full scholarship; it has helped me a lot. By alleviating the heavy financial burden, it allows me to focus wholeheartedly on my competitions."

However, an athlete's journey is rarely smooth. In this fiercely competitive arena, Jessie inevitably finds herself caught up in the relentless pressure to win. She recalls one unforgettable setback: "When I lost to an opponent I usually beat, I had an instant emotional breakdown and hid backstage crying." It served as a wake-up call though, prompting her to re-evaluate the true meaning of sportsmanship.

"Later, I gradually learned to let go, as I understood that winning and losing are just part of the game. If someone else wins, there must be a reason, so it's better to learn from their strengths," she reflects. This shift in mindset has broadened her horizons, and enabled her to appreciate outstanding athletes from all over the world.

After such emotional highs and lows, Jessie has learnt the importance of mental resilience, which is exactly why she chose to major in psychology. "Athletes genuinely need psychological support. Even now, I sometimes hit a bottleneck or feel frustrated to the point of wanting to give up. I'm studying psychology to help myself, with the hope of eventually using my professional knowledge to assist other athletes."

Off the dance floor, Jessie is a vibrant student keen to experience campus life to the fullest. If she had to describe her university experience in three words, they would be "exciting, fulfilling, and stimulating." She is also grateful for Lingnan's hostel life, which is not only convenient for her busy schedule but has also allowed her to make a close-knit group of friends, enriching her university life.

"Try your best – no regrets, and never forget why you started" is Jessie's motto. She constantly reminds herself to recapture the pure joy she felt when she first fell in love with dancing. "Remembering why I love dancing, and not just competing to win, will perhaps help me go further.

For Jessie, every spin on her toes is not merely an attempt to outdo her rivals, but a heartfelt response to her genuine passion. The road ahead is long, but if she dances to her own rhythm with the courage of her original convictions she is bound to perform most confidently and thrillingly on any stage she graces.

# 祝賀黎家盈博士參與航天任務

# Congratulations to HK astronaut Dr Lai Ka-ying on participating in space mission

香港特區載荷專家黎家盈博士
Dr Lai Ka-ying, payload expert from the Hong Kong SAR

相片來源：香港特別行政區政府
Photo credit: HKSAR Government

嶺南大學恭賀香港載荷專家黎家盈博士參與神舟23號載人飛行任務，成為香港特區首位航天員，並有望於太空操作由香港科技大學主導研發的航天科研儀器「天韻相機」。

**嶺大學者建碳排放數據庫　助「天韻相機」從太空定點監測溫室氣體**

項目由嶺南大學深圳研究院院長、伍絜宜跨學科學院副教授（校長卓越青年學者）李佳教授及其研究團隊提供碳排放源數據庫中的關鍵數據，用作比對「天韻相機」觀測地球所得的溫室氣體數據，包括二氧化碳及甲烷排放源頭，協助精準識別不同地區電力及工業設施等排放的強度及分佈，為國家實現「碳達峰、碳中和」提供重要的科研支援。

Lingnan University congratulates Dr Lai Ka-ying, the first payload expert from the Hong Kong SAR, on participating in the Shenzhou-23 crewed spaceflight mission, where she is expected to operate the Multi-Spectral Imaging Carbon Observatory (MUSICO), a space-based research instrument led by the Hong Kong University of Science and Technology.

**Lingnan carbon emissions database supports MUSICO's space-based greenhouse gas monitoring**

Prof Li Jia, Director of the Lingnan University Shenzhen Research Institute (LUSZRI), and Associate Professor (Presidential Early Career Scholar) of the Wu Jieh Yee School of Interdisciplinary Studies at Lingnan University, together with her research team, has contributed key data from a carbon emissions source database for the project, which will be used to compare greenhouse gas data including carbon dioxide and methane emission sources observed by MUSICO, helping researchers identify emission intensity and distribution patterns of power and industrial facilities across different regions more accurately, thereby providing robust scientific support for China's carbon-peaking and carbon-neutrality goals.

## 《嶺南脈搏》網上版
## Lingnan TOUCH online version

繁體中文　简体中文　English

## 緊貼嶺大最新動態！
## Stay connected with Lingnan!

www.LN.edu.hk　LN.edu.hk　lingnanuniversity　lingnan-university　lneduhk　岭南大学　香港岭南大学　岭南大学（香港）

傳訊及公共事務處出版
編輯：羅繼盛、韓詠儀、曾綺珺
2026年6月
嶺南大學保留所有權利。

Published by the Office of Communications and Public Affairs
Editors: Victor Law, Whitney Hon, Eva Tsang
June 2026
All rights reserved. © Lingnan University 2026