

# Lingnan University Aquatic Meet 2018

## Programme

(Participants should report to the Marshal 5 minutes before the start time.)

No.	Time	Events		
16:30 - 17:20 Warm-up Session 熱身時段				
1	17:35	Men's 200M Freestyle 自由泳		Final
2	17:45	Men's 200M Breaststroke 胸泳		Final
3	18:00	Women's 50M Freestyle 自由泳	Heat	
4	18:10	Men's 50M Freestyle 自由泳	Heat	
5	18:20	Men's 50M Breaststroke 胸泳	Heat	
6	18:30	Women's 50M Butterfly 蝶泳		Final
7	18:35	Men's 50M Butterfly 蝶泳		Final
8	18:40	Women's 50M Backstroke 背泳		Final
9	18:45	Men's 50M Backstroke 背泳		Final
10	18:50	Women's 100M Freestyle 自由泳		Final
11	18:55	Men's 100M Freestyle 自由泳		Final
12	19:00	Women's 100M Breaststroke 胸泳		Final
13	19:05	Men's 100M Breaststroke 胸泳		Final
19:15 - 19:30 Prize Presentation for Event 1- 2 & 6-13 頒獎				
14	19:30	Women's 50M Freestyle 自由泳		Final
15	19:35	Men's 50M Freestyle 自由泳		Final
16	19:40	Women's 50M Breaststroke 胸泳		Final
17	19:45	Men's 50M Breaststroke 胸泳		Final
18	19:55	Mixed 4 x 50M Inter-Hostel Medley Relay 四式接力		Final
19	20:05	Mixed 4 x 50M Inter-Hostel Freestyle Relay 自由泳接力		Final
20	20:15	Open 4 x 50M Freestyle Relay 公開接力		Final
20:30 - 21:00 Closing and Prize Presentation Ceremony 閉幕暨頒獎禮				