

Lingnan University Aquatic Meet 2019

Programme

(Participants should report to the Marshal 5 minutes before the start time.)

No.	Time	Events	
16:30 - 17:20 Warm-up Session 熱身時段			
1	17:30	Women's 200M Freestyle 自由泳	Final
2	17:37	Men's 200M Freestyle 自由泳	Final
3	17:45	Women's 200M Breaststroke 胸泳	Final
4	17:52	Men's 200M Breaststroke 胸泳	Final
5	18:00	Men's 50M Butterfly 蝶泳	Final
6	18:08	Men's 50M Backstroke 背泳	Final
7	18:15	Men's 100M Freestyle 自由泳	Final
8	18:22	Women's 100M Breaststroke 胸泳	Final
9	18:30	Men's 100M Breaststroke 胸泳	Final
18:35 - 18:50 Prize Presentation for Event 1 - 9 頒獎			
10	18:50	Women's 50M Freestyle 自由泳	Final
11	18:57	Men's 50M Freestyle 自由泳	Final
12	19:05	Women's 50M Breaststroke 胸泳	Final
13	19:12	Men's 50M Breaststroke 胸泳	Final
14	19:20	Inter-Hostel Mixed 4 x 50M Medley Relay 舍際混合四式接力	Final
15	19:30	Inter-Hostel Mixed 4 x 50M Freestyle Relay 舍際混合自由泳接力	Final
16	19:40	Open 4 x 50M Freestyle Relay 公開自由泳接力	Final
19:50 - 20:00 Inter-Hostel Cheers Competition			
20:00 - 20:30 Closing and Prize Presentation Ceremony 閉幕暨頒獎禮			