So here begins the summer!

You can find five big pots in Fragrant Lot, in which we are planting rice. They are five different varieties from five different places: Jiangxi Province, Japan, Thailand, Taiwan, the Philippines; the seeds are kindly donated by Prof Hui Po Keung (a part-time rice farmer) and SangWoodGoon Farm.

If you want to grow your own rice, please write to us and ask for the seedlings, we would be most happy to give them to you for a try. You can simply plant a few seedlings in a deep bowl with soil and water, and have fun to see how rice grows!
You might see lots of this at our Fragrant Lot and Wonderland:

-which looks like wild grass and it’s so easy to reproduce! Just stick the Sabah Snake Grass into the soil, next day you will see them swaying with the wind! So full of vitality! Over a hundred plants of Sabah Snake Grass in the campus were nursed from Prof Lau Kin Chi’s garden!

Here is some info on this magic grass:

*Sabah Snake grass was popular for its benefits in alternative medicine to cure various kinds of diseases. Traditionally it was used as a herb to cure snake bite. It is believed that it is able to neutralize the poison from the snake. Recently, it is well known for its healing properties such as cure for cancer and kidney failure alleviation.”*

source: http://www.tea-code.com/snake-grass.html

So how to consume it? Very simple, take the raw leaves, or blend the raw leaves into juice and mix with organic apple juice. **If any of you are interested in growing some of these grass in your own place, you can write to us and get a plant to grow on your own!**

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<th>You Are Wanted!</th>
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<td>Now with the temperature going up, we would like to organize the Gardeners to form an “action group” for the most important task in farming: watering. You can take responsibility for one morning or one evening during the week to water the plants, except when it rains. If you want to be part of this, please write to us, and we will contact you to make a roster and let you know how to do it right.</td>
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Last month, with honour we had a lecture with Mr. Chow Sze Chong on the topic of “Good Learning from Agriculture”, moderated by Prof Hui Po Keung. If you missed it, don’t worry, watch it through the link: https://youtu.be/wlt87I_BuGc

Activities of May:
10 May, Sunday, 9-11am, Fragrant Lot: build a platband with bricks, harvest leaf lettuce, water spinach, and herbs for the herbal tea, too!
12 May, Tuesday, 5:30-7pm, LKK201: Mr. Yan Xiaohui will give us a talk on the topic of “Rural Reconstruction Movement in Mainland China and Participation of Youth”.
20 May, Wednesday, 12:30-2pm, Wonderland: genuinely home-made noodles will be served, along with Pesto sauce fresh from the Fragrant Lot!

Last but not least: Please roll down for the Activities Gallery after the Chinese version. Enjoy!
夏天已如期而至！

在草園的五個大缸裡，種的正是我們每日都要食用、再熟悉不過的大米。五個缸裡有五個不同品種的米：日本黑米、臺灣珍珠米、江西米、泰國米和菲律賓米。不同的米有不同的生長習性，有的生長期短，有的生長期長。每日經過，都會驚訝地發現它們有新的成長、新的變化。感謝許寶強老師和生活館提供種子。要是感興趣的話，你也可以和我們聯繫，帶幾株回家種在碗裡哦！

——誰知盤中餐，粒粒皆辛苦！

四月底，文化研究系的同學們收穫了田園的小麥。驚訝地發現，這一把麥穗連做一個麵包都不夠！不由得感慨：好好珍惜糧食！
葉片可直接嚼食，或搗碎加有機蘋果汁飲用。我們草園和彩園生長繁茂的憂遁草是從劉健芝老師家中拓插繁殖而得的。被譽為“抗癌仙草”的它生長力極為旺盛，歡迎各位寫信給我們索取枝條回家自己種！
4月12日，我們有幸請到周思中先生為我們講述他所理解的“農業是一所不錯的學校”，由許寶強老師主持。錯過了不要緊，可以上YouTube收聽：https://youtu.be/wlt87I_BuGc

尋人啟事
嶺南彩園耕讀組急需尋求志願者來組成一支夏季淋水小分隊。有意者請回覆LN.gardeners@gmail.com，注明週一至周日哪天早上或黃昏有空。屆時我們會編出輪更表，並為各位舉辦一次淋水特訓。

五月活動預告：

5月10日，星期日，9-11am，草園：用磚頭圍菜欄；收通菜、油麥菜、香草；可享用新鮮炮製的薄荷及香茅茶水！
5月12日，星期二，5:30-7pm，LKK201：嚴曉輝老師開講座啦！主題是：中國大陸的鄉村建設運動及青年參與。
5月20日，星期三，12:30-2pm，彩園：分享手擀面，自製蒜頭羅勒醬，中西合璧，何樂不為？
Answers to the Quiz from the last Newsletter:

上一期“猜猜我是誰”答案揭曉：

1 Passion Fruit 熱情果

2 Peach 水蜜桃

3 Tomato 番茄
4 Green Chilli Pepper 青辣椒  5 Ginseng fruit 人参果

6 Plum 李

你猜中了幾個？
Simple veggie, simple noodle, but enjoyed by everyone!
簡單的面，簡單的菜，大家吃得開心！
Pebbling the garden path
前人鋪路後人行呀！

Pretty flowers, pretty face!
花美，勞動的人更美！
*You are always welcome to join us!*  隨時歡迎報名成為嶺南彩園農夫!