

副學士
ASSOCIATE DEGREE

高級文憑
HIGHER DIPLOMA

文憑
DIPLOMA

2026-27
課程簡介
Prospectus



拓展視野，精研學問
Go **Wide**, Learn **Deep**

重要日子 Key Dates

入學申請日程 Key Days for Application

	透過 E-APP 申請 * Apply via E-APP*		網上申請 * Online Application*
遞交申請 Application Period	首輪 Main Round	即日起至 2026 年 5 月 19 日 Now till 19 May 2026	即日起至招生期完結 Now till end of application period
	次輪 Second Round	2026 年 5 月 22 日至 7 月 6 日 22 May to 6 July 2026	
面試及取錄通知 Interview and Application Result	符合資格的申請人可獲有條件取錄（申請人或需參加面試） Eligible applicants will receive conditional offers (Interview may be required)		
網上及即場確認學位 Online and Walk-in Claim Offer	網上 Online	2026 年 7 月 15 日起 Starting from 15 July 2026	
	即場 Walk-in	2026 年 7 月 14 至 17 日 14 to 17 July 2026	

網上及即場招生日 Online and Walk-in Admission Days

日期 Date	地點 Venue
2026 年 7 月 14 至 17 日（二至五） 14 to 17 July 2026 (Tue to Fri)	香港新界屯門嶺南大學劉仲謙樓 Lau Chung Him Building, Lingnan University, Tuen Mun, New Territories, Hong Kong
2026 年 8 月 5 至 6 日（三至四） 5 to 6 August 2026 (Wed to Thu)	

其他重要日子 Other Key Dates

日期 Date	事項 Event
2026 年 7 月 15 日（三） 15 July 2026 (Wed)	香港中學文憑考試成績公佈 Announcement of HKDSE Examination results
2026 年 8 月 5 日（三） 5 August 2026 (Wed)	大學聯招結果公佈 Announcement of JUPAS main round offer results
其他重要日子如課程資訊日、開放日、課程諮詢安排等，請留意學院網頁 https://www.ln.edu.hk/life Other key dates such as Information Day, Open House, Programme Consultation Arrangement, please visit LIFE's website https://www.ln.edu.hk/life for details.	

有關活動詳情及最新消息，請瀏覽 <https://www.ln.edu.hk/life>。

* 報名方法詳情，請參閱第 22 至 27 頁。

For more details and the latest updates, please visit <https://www.ln.edu.hk/life>.

* Please refer to P.22-27 for details of application methods.

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關於學院 About LIFE

關於學院

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About LIFE



學院簡介 Introduction

嶺南大學持續進修學院（LIFE）成立於2001年，旨在提供優質課程，配合學生、業界及香港社會的需要，為不同程度的有志者建立完善的進修階梯。現時，學院提供一系列全日制及兼讀制課程，涵蓋副學士、高級文憑、文憑、應用教育文憑、應用學習課程、持續進修課程、嶺大長者學苑課程及企業培訓，協助終身學習及工作晉升。

學院致力推動以學生為本的教學理念，提供優質學術課程。透過多元化學習模式，以及課堂內外具啟發性及有助於個人發展的學習活動，裝備學生獲取更高學術成就、鞏固個人成長、邁向全人發展及積極貢獻社會。學院通過與嶺大各學系、政府機構、專業團體、商界、業界、校友、學生及中學各持分者緊密合作，確保課程均屬高質素及與時並進。

Established in 2001, Lingnan Institute of Further Education (LIFE) aims at providing high-quality programmes that meet the needs of learners, industries and Hong Kong society at large, and offering a well-established learning pathway for learners at different levels. Currently, LIFE provides an array of full-time and part-time programmes for lifelong learning and career advancement, covering Associate Degree, Higher Diploma, Diploma, Diploma of Applied Education, Applied Learning Course, LU Elder Academy, Lifelong Learning programmes and Corporate Training.

LIFE offers quality academic programmes characterised by a student-centred teaching and learning approach. Through a wide range of inside and outside classroom learning activities that are inspiring and conducive to personal development, the Institute prepares students for higher-level academic achievements, personal growth, whole-person development and contribution to society. LIFE works closely with stakeholders such as different units of the University, government agencies, professional bodies, businesses, industries, alumni, students and secondary schools to ensure relevance and high quality of the programmes.



院長的話

Message from the Director

余嘉明教授

Professor YU Kar-ming

嶺南大學持續進修學院院長
Director of Lingnan Institute of Further Education

嶺南大學持續進修學院（LIFE）致力提供優質自資全日制及持續進修課程，開辦的全日制課程包括應用教育文憑、文憑、副學士及高級文憑課程，提供多樣化選擇，以迎合知識型社會多元化及持續學習的需要，協助有志進修人士提供完善的升學階梯。

LIFE自2001年成立以來，積極優化各個課程，為社會培育了不少卓越人才。學院的所有課程均通過嚴謹的學術評審機制，其中副學士及高級文憑課程已獲認可為香港資歷架構的第四級別課程。我們的教學團隊資歷深厚，擁有豐富的教學經驗，並對教學充滿熱誠。

秉承嶺南大學傳統，LIFE致力推動以學生為本的教學理念，重視全人發展及師生的緊密關係。我們為同學提供實習及海外交流機會，並透過積極籌辦各式各樣的課外活動，培育學生全方位的潛能。

LIFE全日制副學位課程於嶺南大學各校舍，包括本部劉仲謙樓上課，同學可以享受大學校園生活，享用完善的學習及康樂設施。

我們期望成為同學成長路上的同伴，助您發掘潛能、建立自信、實現理想。希望您能透過這本課程簡介獲得各種課程資訊，了解LIFE提供的學習機遇。期望您加入LIFE的大家庭，成為我們的一分子！

Lingnan Institute of Further Education (LIFE) strives to provide quality full-time and other continuing education programmes, on a self-financing basis. We offer a wide array of full-time academic programmes, ranging from Diploma of Applied Education, Diploma, Associate Degree to Higher Diploma programmes, in order to meet the diverse learning and lifelong education needs of a knowledge-driven society, as well as facilitate our students' academic pursuits.

Since its inception in 2001, LIFE has kept the curricular contents across different programmes levels current and up-to-date so as to nurture top-notch professionals in society. LIFE has put in place a stringent quality assurance mechanism to ensure the academic standard and quality delivery of academic programmes. All our sub-degree programmes are Level 4 programmes registered under the Hong Kong Qualifications Framework. Being passionate about teaching, our teaching team is highly qualified and experienced.

As an integral part of Lingnan University, LIFE adopts a student-oriented teaching and learning approach, and emphasises the whole-person development of our students, hence fostering a teacher-student rapport. We offer internships and overseas exchange opportunities, and organise various extracurricular activities to gradually shape our students' all-round attributes.

All our full-time sub-degree programmes are conducted across our well-equipped campuses, including the Lau Chung Him Building located on Lingnan University's main campus in Tuen Mun, where students can enjoy campus life with superb learning facilities and state-of-the-art amenities.

We aspire to unveil the potentials of our students and will be delighted to walk with them along a lifelong academic journey. We hope you will take time to explore the learning opportunities at LIFE through this prospectus. We look forward to welcoming you at LIFE!



進修階梯 Articulation Pathway

完成副學士或高級文憑課程後，畢業生可銜接本地或海外大學的學士學位，繼續升學或就業。

Graduates of Associate Degree or Higher Diploma programmes can articulate to degree programmes offered by local or overseas universities, or employment.



獎學金 Scholarships

入學、銜接升學獎學金及升學獎學金 Entrance, Articulation and Progression Scholarships

學院設有入學獎學金予已註冊入學並獲得優異成績或學術以外成就的新生。為鼓勵同學繼續升學，銜接升學獎學金將頒予本學院文憑課程、應用教育文憑課程畢業生，以及完成本學院開辦之應用學習課程的同學。除此之外，學院亦設有升學獎學金予副學士或高級文憑一年級同學。獲頒升學獎學金的同學必須成績優異，並升讀本學院副學士或高級文憑二年級。

LIFE provides Entrance Scholarship to newly admitted students who possess outstanding academic performance or special achievements. Articulation Scholarship will be awarded to LIFE Diploma graduates, LIFE Diploma of Applied Education graduates and LIFE Applied Learning (ApL) students to encourage students to further their studies at LIFE. Progression Scholarship will be granted as an incentive to Associate Degree or Higher Diploma Year 1 students who progress to Year 2 with outstanding academic results.

學術獎學金 Academic Scholarships

學院設有學術獎學金，頒予學術成績優異及曾對學院或嶺南大學作出貢獻的同學。

Academic Scholarships will be awarded to students according to their academic merit and contributions to LIFE or the University.

社區服務獎學金 Community Service Scholarship

社區服務獎學金頒予課外活動表現出色的同學，同學於就讀學年積極參與課外活動或社區服務，或曾對學院作出貢獻皆可申請社區服務獎學金。

Students who have outstanding involvement in community service and active participation in extracurricular activities in LIFE can apply for Community Service Scholarship.

院長獎學金 Director's Scholarship

為表揚副學士及高級文憑學生表現優異，院長獎學金將頒發給第二學期各課程及學年累積平均績點 (CGPA) 最高的學生。

To recognise Associate Degree and Higher Diploma students with outstanding academic performance, Director's Scholarship will be awarded to students who score the highest Cumulative Grade Point Average (CGPA) of each of the programmes and year of study in Term 2.

學生分享 Student Sharing

黎述正 LAI Shut Ching

- 2025年人文學科（歷史）副學士課程畢業生
Graduate of Associate of Arts (History) 2025
- 2025年嶺南教育機構獎學金得獎者
Awardee of Lingnan Education Organisation Scholarship 2025
- 2025年院長獎學金得獎者
Awardee of Director's Scholarship 2025
- 2023年入學獎學金得獎者
Awardee of Entrance Scholarship 2023
- 升讀香港城市大學文學士（中文及歷史）三年級
Articulated to BA in Chinese and History, City University of Hong Kong, Year 3



這兩年在LIFE的學習經歷，猶如習武之人的基礎修煉。正如古語所云：「九層之臺，始於累土；千里之行，始於足下。」課程內容多元且廣泛，讓我們在短時間內涉獵不同領域，打下扎實的基本功。這正是此課程的核心價值所在——即便學術深度有限，卻為我們奠定了不可或缺的根基，成為未來發展的重要基石。

學生分享 Student Sharing

余楚淇 YU Cho Ki Kelly

- 2025年商學（工商管理）副學士課程畢業生
Graduate of Associate of Business Studies (Business Management) 2025
- 2025年SPSS卓越表現獎學金得獎者
Awardee of SPSS Outstanding Performance Scholarship 2025
- 2025年嶺南大學管理學學系獎學金得獎者
Awardee of Department of Management Scholarship 2025
- 2024年及2025年嶺南商學院獎學金得獎者
Awardee of Lingnan Business Faculty Members Scholarship 2024 and 2025
- 2024年及2025年嶺南大學市場及國際企業學系獎學金得獎者
Awardee of Department of Marketing and International Business Scholarship 2024 and 2025
- 2024年及2025年院長獎學金得獎者
Awardee of Director's Scholarship 2024 and 2025
- 2024年SPSS外展體驗獎學金得獎者
Awardee of SPSS Reaching Out Award Scholarship 2024
- 2024年升學獎學金得獎者
Awardee of Progression Scholarship 2024
- 2023年入學獎學金得獎者
Awardee of Entrance Scholarship 2023
- 升讀香港理工大學會計及金融（榮譽）工商管理學士課程
Articulated to BBA (Hons) in Accounting and Finance, The Hong Kong Polytechnic University



During these two years spent at LIFE, I have learned a great deal of professional knowledge in business management. The comprehensive curriculum has equipped me with a solid foundation in areas such as finance, marketing, organisational behavior, and Human Resources Management. Additionally, LIFE has provided me with valuable internship opportunities, which have given me practical experience in both banking and business management. Through these internships, I have been able to apply theoretical concepts to real-world situations, develop my problem-solving skills, and gain a deeper understanding of the industry. These experiences have not only enhanced my technical abilities but also improved my communication, teamwork, and leadership skills. Overall, my time at LIFE has been instrumental in preparing me for a successful career in the business world.

實習及就業 Internship and Career

學院為副學士一年級同學推出實習課程，獲取由各行業機構提供的寶貴實習機會。同學在實習期間除了可以認識到真實工作環境運作之餘，亦可提升溝通及與人相處的技巧。課程內提供實習的機構包括香港小童群益會、保良局曹貴子動感青年天地以及不同的社會企業等。



LIFE offers "General Internship" as an elective for Year 1 students of Associate Degree programmes. Students are given an opportunity to complete their internship at different organisations. Throughout this programme, students can build up a better understanding towards the actual operation of the organisation and enhance their communication and interpersonal skills as well. Participating organisations including: BGCA, Po Leung Kuk Cho Kwai Chee Energetic Youth Club, various social enterprises, to name a few.



學生成就 Student Achievements

嶺南大學持續進修學院重視學生的全人發展，鼓勵他們透過各個範疇的活動和比賽，發揮潛能，學以致用，並在業界累積實戰經驗。同學憑著卓越表現，獲得各界的肯定及嘉許。

LIFE attaches great importance to students' whole-person development. Students are encouraged to participate in a wide range of activities and competitions so that they can explore their potentials, accumulate experience and have an opportunity to apply their knowledge. Many of our students have demonstrated outstanding performance and gained recognition in different areas.

大專籃球賽 2024-25 勇奪亞軍 Lingnan University Basketball Team awarded the first runner-up in the Intercollegiate Basketball Competition 2024-25

嶺大籃球隊在大專籃球賽2024-25表現優異，分組賽至四強賽中先後擊敗多支傳統勁旅。一眾LIFE同學在比賽中貢獻積極，其中運動教練及領袖學高級文憑鍾志榮同學、徐澤成同學、劉煒同學更是隊中主力，鍾志榮同學更獲小組賽事中「助攻王」個人獎項。最終嶺大籃球隊於大專籃球賽歷史性奪得亞軍。

The LU basketball team delivered an outstanding performance in the Intercollegiate Basketball Competitions 2024-25, defeating several traditional powerhouses along the way. Many LIFE students made significant contributions during the games, with Higher Diploma in Sports Coaching and Leadership students CHUNG Chiwing, TSUI Chak Shing, and LIU Wei being key players. CHUNG Chiwing even received the "Assists Leader" individual award during the group stage matches. Ultimately, the LU basketball team made history with a runner-up finish in the Intercollegiate Basketball Competitions.



LIFE 籃球員於全運會舞台上獻技 LIFE basketball player participated in the National Games

運動教練及領袖學高級文憑鍾志榮同學入選香港U22籃球隊，出戰第十五屆全運會比賽。鍾志榮作為球隊控球後衛兼副隊長，在多場比賽中有精彩表現。在決定港隊名次的比賽中，鍾志榮在決勝節挺身而出，命中兩球關鍵三分，並令對手得分主力5犯離場，最終個人得24分11助攻2盜球，助港隊以109:105擊敗福建，獲得第9名。

Higher Diploma in Sports Coaching and Leadership students CHUNG Chiwing was selected for the Hong Kong U22 basketball team to compete at the 15th National Games. Serving as the team's point guard and vice-captain, he delivered outstanding performances across multiple games. In the placement game that determined Hong Kong's final ranking, he stepped up in the final quarter, hitting two clutch three-pointers and forcing the opposing leading scorer to foul out. He finished with 24 points, 11 assists, and 2 steals, helping Hong Kong defeat Fujian 109:105 to secure ninth place.



學生成就 Student Achievements

滙豐職業教育獎學金 HSBC Vocational Education Scholarship

商學（工商管理）副學士同學黎志豪，以及運動教練及領袖學高級文憑同學鄧嘉晉，獲頒滙豐職業教育獎學金。
LAI Chi Ho, student of Associate of Business Studies (Business Management), and TANG Ka Chun, student of Higher Diploma in Sports Coaching and Leadership, were awarded the HSBC Vocational Education Scholarship.



自資專上獎學金計劃 2024-25 The Self-financing Post-secondary Scholarship Scheme (SPSS) 2024-25

33位副學士及高級文憑同學於自資專上獎學金計劃獲得嘉許，分別獲頒「卓越表現獎學金」、「最佳進步獎」、「才藝發展獎學金」、「外展體驗獎」及「展毅獎學金」，展示學院全人教育的成果。

A total of 33 students from Associate Degree and Higher Diploma programmes received the scholarships from The Self-financing Post-secondary Scholarship Scheme with outstanding achievements. They were awarded "Outstanding Performance Scholarship", "Best Progress Award", "Talent Development Scholarship", "Reaching Out Award" and "Endeavour Scholarship".



香港特別行政區政府獎學金
HKSAR GOVERNMENT SCHOLARSHIP FUND



中華人民共和國香港特別行政區政府
教育局
Education Bureau
The Government of the Hong Kong Special Administrative Region
of the People's Republic of China

獎學金頒獎典禮
JOINT SCHOLARSHIP
PRESENTATION CEREMONY 2025

自資專上教育基金
SELF-FINANCING POST-SECONDARY EDUCATION FUND



全人發展 Whole-Person Development

學院著重同學在課堂學習以外的全面發展，致力提供升學、就業、個人成長、社區參與等活動協助同學發展潛能。透過關注同學的身心發展，鼓勵持續學習，讓同學發展所長，貢獻社會。

LIFE caters to the needs of students, not only in the aspect of knowledge acquisition but also their whole-person development. We are committed to assisting students in maximising their potentials through various activities, such as articulation seminars, personal growth activities and community participation programmes. We take care of the psychosocial development of students and encourage them to pursue lifelong learning in order to contribute to society.

新生適應活動 Orientation Programmes

為了協助新生盡快適應大專生活，學院每年均會舉辦一系列迎新活動，包括時間管理工作坊、迎新小組活動、迎新日及迎新營等。迎新日特別邀請師兄師姐帶領進行校園定向活動，並分享校園生活及學習點滴，各項迎新活動也有助新生建立朋輩關係。有關活動往往成為同學大專生活中最堪回味的經歷。

To facilitate students' adaptation to a new campus life, we organise a series of orientation activities, such as time management workshop, group activities, Orientation Day and Orientation Camp. Orientation activities and mentors' sharing help freshmen build up team spirit and companionship. The fruitful memory always becomes a bright start for their learning journey.



海外交流及服務學習團 Overseas Exchange and Service Learning Tour

為了擴闊同學的國際視野，學院定期舉辦海外交流及服務學習團，讓同學透過地區考察和義工服務，體驗並了解各地文化。

We organise overseas tours to equip students with an international vision and broaden their exposure to multi-cultural environments.



全人發展 Whole-Person Development

技能提升 Skills Upgrading

學院定期與校外機構合辦專業課程，協助同學考取國際認可資格，以提升競爭能力。

Aiming at strengthening students' competitiveness, a number of award-bearing skill training courses are provided for students to obtain recognised international qualifications.



學生領袖計劃 Student Leadership Programme

學生領袖計劃旨在透過不同類型的訓練及服務，培訓同學的領導才能，增強其自信及擴闊視野，以迎接未來挑戰。

The Student Leadership Programme aims at helping students to explore and unleash their leadership potentials through intensive trainings and community services. Students' self-confidence is enhanced and their horizons are widened for future challenges.

課外活動 Extracurricular Activities

學院鼓勵同學組織及參與多元化聯課活動。

Students are highly recommended to organise or participate in a wide range of extracurricular activities.



全人發展 Whole-Person Development

個人發展及學生輔導 Personal Growth and Counselling Service

學生輔導主任十分關注同學各方面的需要，協助同學早日適應學習環境。透過個人及小組輔導工作，培養及發展同學多元化的技能，例如學習技巧、團隊合作、領導才能、壓力管理及生涯規劃等，從而了解自我，發掘個人潛能。如同學在職業輔導、學習與適應、個人成長、精神健康、朋輩相處或情緒管理等方面需要協助，可登入學院網頁預約輔導服務。

Student counsellors are ready to help students adapt to a new learning environment. Through individual and group activities, students can acquire and develop a variety of skills such as study skills, teamwork, leadership, stress management and career planning. Students will have the opportunity to gain better self-understanding, identify and develop their potentials as well. If students have any difficulties in relation to personal, peer or study issues, they can make an online appointment with the counsellor.



學長計劃 Mentorship Scheme

學長為新生提供支援，協助他們適應大專環境及學習模式。學院會安排同一學科同學擔任學長，促進彼此交流。學院亦會為學長提供培訓，增強他們多方位的應變能力及溝通技巧，促進個人成長。

Mentors assist freshmen in taking the leap from high school to college and making adaptations to the new learning environment. Each freshman (mentee) will form a pair with a senior student (mentor) from the same programme. On the one hand, the mentees can learn the wisdom of learning from sharing. On the other hand, the student counsellor will provide regular training to mentors so as to improve their confidence and communication skills. Thus, both mentors and mentees can attain personal growth.

跳躍人生課程 Life Enrichment and Appreciation Programme (LEAP)

此綜合課程主要提供不同學習經歷，開闊同學視野、豐富同學閱歷。課程涵涉範疇包括（1）歷史、文化與價值、（2）個人、社區與社會、（3）科學、科技與管理和（4）欣賞、創造與革新。

LEAP is an integrated learning programme. It aims at nurturing students to be global citizens by broadening their scope and enhancing all-round development from different learning experiences. There are four domains in LEAP, including (1) History, Cultures and Values, (2) Self, Community and Society, (3) Science, Technology and Management and (4) Appreciation, Creation and Innovation.



全人發展 Whole-Person Development

體驗式學習活動

Experiential Learning Activities

同學透過參與多元化體驗活動和社區服務，反思生命價值以及建立人生目標。

We provide students with opportunities to reflect on the values of life and set life goals through engaging in various activities and services.



生涯規劃服務

Career and Life Planning

學院定期舉辦不同形式的升學和就業準備活動，包括升學講座、履歷表寫作工作坊、面試技巧、招聘講座及實習機會等，讓同學在升學或踏入就業市場作好準備。

To prepare students for their further study or career development after graduation, we provide a wide range of activities and programmes such as articulation seminars, resume writing workshops, interview skills workshops, recruitment talks and internship opportunities.

校友服務

Alumni Services

校友服務旨在為學院畢業生建立終生的校友網絡，並會定期發放學院的最新消息及課程資訊。我們鼓勵校友與學弟學妹建立伙伴式指導關係，讓知識與經驗薪火相傳。

Alumni Services maintain a lifelong relationship between graduates and the Institute, and establish alumni networks for the mission of lifelong education. They will be provided with updated Institute news and programme information regularly. It aims at building a mentorship relationship between alumni and current students to pass the torch and share knowledge and experiences.

語文提升 Language Enhancement

語言自學中心

Self-Access Language Centre (SALC)

為推動同學自主學習及提升語文水平，學院設立語文自學中心。

- 中心學習資源豐富，除了電腦和影音設備，還有多種語文學習資源，包括自學軟件、工具書、雜誌、報紙、影碟等，為同學營造理想的自學環境
- 透過定期舉辦講座和工作坊、安排個人或小組輔導，提高同學的語言技巧
- 學院推行語文提升計劃，透過舉辦多元化語文活動，鼓勵同學課餘學習，提升同學應用兩文三語的能力

Self-Access Language Centre is established to encourage self-study among students and to strengthen their language ability.

- A wide range of digital and printed resources are provided in the centre. Students can make good use of the language learning resources, such as software, books and audio-visual materials in the centre
- They can also brush up on their language skills through language learning activities arranged, for example, regular talks, consultation sessions and workshops
- To enhance the language ability of our students, a Language Enhancement Programme is organised to offer a wide range of language activities throughout the year. It aims at creating a more conducive learning environment to strengthen students' proficiency in Chinese (including Putonghua) and English

英語提升計劃

English Language Enhancement Programme

透過開辦不同程度的英語增潤課程，英語提升計劃協同學掌握學習英語的方法和提升整體英語水平。近年舉辦的英語提升活動包括：

- **寫作診斷：**導師即席指導同學，協助改善寫作風格
- **面試工作坊：**訓練同學掌握升學或就業面試的技巧
- **雅思測試預備班：**簡介考試範圍和應試技巧、提供密集式技巧訓練
- **讀書會：**分享各種閱讀策略
- **網上自習計劃：**提供一系列進階練習，讓同學課餘輕鬆自學

The English Language Enhancement Programme supports students whose first language is not English. We aim to help students develop language learning strategies which will enable them to extend and develop their linguistic competence by offering supplementary English language courses at different levels ranging from elementary to advanced. We have had the following support services for students:

- **Academic Writing Workshop** for students wishing to discuss and improve particular aspects of their academic writing style
- **Interview Workshop** for students who are preparing for job or academic interviews
- **International English Language Testing System (IELTS) Preparatory Courses** from introductory seminars to intensive skill training courses
- **From Chinglish to English Workshop** for students to construct proper and accurate English sentences
- **Online Self-Access Error Correction Programme** with practices from easy to challenging levels

中文提升計劃

Chinese Language Enhancement Programme

中文提升計劃旨在提高同學聽、說、讀、寫四種能力，因此學院舉辦了一系列課堂內外的活動讓同學的中文水平更上一層樓。

Listening, speaking, reading and writing are the four important aspects of acquiring a language. Hence, a variety of learning activities both inside and outside classrooms are contrived to take students to greater heights.

副學士及高級文憑課程

Associate Degree & Higher Diploma Programmes

人文學科（歷史）副學士

Associate of Arts (History)

課程特色 Key Features

- 關注不同課題，課程涵蓋中國歷史、歐洲歷史及香港歷史
Integrated learning across various important areas, ranging from Chinese history, European history to Hong Kong history
- 加強同學掌握並使用原始史料的能力
Strengthening students' skills in handling primary sources of historical research
- 關注香港歷史，體現本地視野
Offering a distinguished Hong Kong-oriented historical study

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課程結構 Programme Structure

修讀科目總數 Total number of Courses:

專修科目 Programme Specific Courses	通識科目 General Education Courses
• 中國歷史入門 Chinese History Essentials • 香港文化遺產研究 Hong Kong Heritage Studies • 現代世界的孕育 The Forming of the Modern World • 近代香港史 Modern History of Hong Kong • 公共史入門 Fundamentals of Public History • 世界近現代史 Early Modern World History • 中國文獻目錄學與研究方法入門 Introduction of Bibliography and Research Methods for History • 傳統中國思想史入門 Classical Chinese Thought	• 通用英語 General English • 學術英語（一） English for Academic Purposes I • 學術英語（二） English for Academic Purposes II • 商業傳意 Business Communication • 中文傳意基礎（一） Chinese Language for Communication I • 中文傳意基礎（二） Chinese Language for Communication II • 中文傳意基礎（三） Chinese Language for Communication III • 邏輯與慎思明辨 Logic and Critical Thinking • 認識道德 Understanding Morality • 資訊素養概論 Introduction to Information Literacy • 自由選修科 Free Elective • 自由選修科 Free Elective

升學出路 Articulation Prospects

近年部份畢業生升讀以下學士學位課程：
Some recent graduates of this programme were admitted to the following Bachelor's Degree programmes:

嶺南大學 Lingnan University

- 歷史（榮譽）文學士 Bachelor of Arts (Hons) in History
- 文化研究（榮譽）文學士 Bachelor of Arts (Hons) in Cultural Studies

香港中文大學 The Chinese University of Hong Kong

- 歷史文學士 Bachelor of Arts in History
- 歷史文學士（公眾歷史專修）
Bachelor of Arts in History (Public History Stream)
- 公共人文學文學士 Bachelor of Arts in Public Humanities

香港理工大學 The Hong Kong Polytechnic University

- 中國歷史及文化（榮譽）文學士
Bachelor of Arts (Hons) in Chinese History and Culture

香港城市大學 City University of Hong Kong

- 文學士（中文及歷史） Bachelor of Arts in Chinese and History

香港浸會大學 Hong Kong Baptist University

- 歷史文學士（榮譽） Bachelor of Arts (Hons) in History
- 中國研究社會科學學士（榮譽）
Bachelor of Social Sciences (Hons) in China Studies

香港教育大學 The Education University of Hong Kong

- 中國歷史教育榮譽學士 Bachelor of Education (Hons) (Chinese History)

就業出路 Career Prospects

- 文化保育政策 Public Policies on Cultural Heritage
- 編輯及出版 Editing and Publishing
- 教育 Education
- 新聞傳媒 Journalism
- 政府機構 Government Organisations

畢業生分享

Sharing from Graduate

莫敏儀

- 2025年人文學科（歷史）副學士課程畢業生
- 2023年入學獎學金得獎者
- 2024年院長獎學金得獎者
- 2024年嶺南大學文學院獎學金得獎者
- 2025年SPSS卓越表現獎學金得獎者
- 升讀香港中文大學公共人文學文學士課程



在LIFE學習歷史的這兩年，對我而言最大的收穫，莫過於在學習過程中鍛鍊了許多軟實力，例如資料檢索能力、領導能力等。同時，我也接觸了許多從未涉獵的知識領域。由於我中學時期並未修讀歷史，因此在剛入學的第一個月，面對陌生的知識，我感到格外煎熬，只能不斷上網查閱資料來彌補不足。然而，在與老師和同學的交流中，我逐漸找到了方向，無論是研究主題的選擇，還是研究方法的探索，都變得更加清晰。

備註：申請人須具備流利中文講寫能力，甄選者或須接受中文講寫測試。

Remarks: Applicants should be proficient in both spoken and written Chinese. A Chinese proficiency test may be required for shortlisted candidates.



本課程在資歷架構下獲得認可（資歷架構第四級）。

This course is recognised under the Qualifications Framework (QF Level 4).

資歷名冊登記號碼 QF Registration No.: 17/000602/L4

登記有效期：01/07/2017 至 登記持續有效 Registration Validity Period: 01/07/2017 To On-going

商學（工商管理）副學士

Associate of Business Studies (Business Management)

課程特色 Key Features

- 提供全面商學培訓
Providing comprehensive training with a wide range of business knowledge and skills
- 為同學升讀各種商學課程奠定堅實的基礎
Preparing students for further studies in various business disciplines
- 培訓同學成為專業經理
Preparing students to become professional managers

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課程結構 Programme Structure

修讀科目總數 Total number of Courses:

專修科目 Programme Specific Courses	通識科目 General Education Courses
• 商業經濟學 Economics for Business Studies • 財務管理 Financial Management • 資訊系統管理 Information Systems Management • 會計學導論 Introduction to Accounting • 組織行為學 Organisational Behaviour • 市場學概論 Principles of Marketing • 商用統計 Statistics for Business • 環球企業環境 Global Business Environment	• 通用英語 General English • 學術英語（一） English for Academic Purposes I • 學術英語（二） English for Academic Purposes II • 商業傳意 Business Communication • 中文傳意基礎（一） Chinese Language for Communication I • 中文傳意基礎（二） Chinese Language for Communication II • 中文傳意基礎（三） Chinese Language for Communication III • 邏輯與慎思明辨 Logic and Critical Thinking • 認識道德 Understanding Morality • 資訊素養概論 Introduction to Information Literacy • 體驗式學習（商業） Experiential Learning in Business • 自由選修科 Free Elective • 自由選修科 Free Elective

升學出路 Articulation Prospects

近年部份畢業生升讀以下學士學位課程：

Some recent graduates of this programme were admitted to the following Bachelor's Degree programmes:

嶺南大學 Lingnan University

- 工商管理（榮譽）學士 Bachelor of Business Administration (Hons)

香港理工大學 The Hong Kong Polytechnic University

- 管理學（榮譽）工商管理學士
Bachelor of Business Administration (Hons)

香港城市大學 City University of Hong Kong

- 工商管理（榮譽）學士 Bachelor of Business Administration (Hons)

香港浸會大學 Hong Kong Baptist University

- 工商管理學士（榮譽） Bachelor of Business Administration (Hons)

就業出路 Career Prospects

- 會計 Accounting
- 行政 Administration
- 銀行服務 Banking Services
- 金融服務 Financial Services
- 人力資源管理 Human Resources Management
- 營銷及市場推廣 Sales and Marketing
- 政府機構 Government Organisations

專業認可 Professional Recognition

同學可於英國特許市場學會註冊為附屬學生會員。*

Students can register as an Affiliate (Studying) Member of The Chartered Institute of Marketing (CIM).*

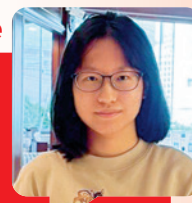
* LIFE has partnered with The Chartered Institute of Marketing (CIM) to map the content of our Associate of Business Studies (Business Management) programme against their unique Professional Marketing Competencies – a framework of skills and behaviours required of today's professional marketer. CIM is the world's leading professional marketing body and by recognising that our programme maps to the industry's required competencies, it ensures our students are best equipped to progress their knowledge and career.

畢業生分享

Sharing from Graduate

胡寶如

- 2023年大專基礎教育文憑課程畢業生
- 2025年商學（工商管理）副學士課程畢業生
- 升讀英國Middlesex University BA (Hons) Business Management



回顧過去三年在嶺南大學持續進修學院（LIFE）的校園生活，獲益良多。從最初修讀一年制文憑課程，到隨後兩年的工商管理副學士課程，這段學習歷程不僅鞏固了我的學術基礎，更讓我在探索與學習中逐漸認識自己，發掘真正的興趣與志向。非常感謝各位老師這三年來悉心教導。

在多所大學發出的有條件取錄通知中，我最終選擇了到英國倫敦升讀Middlesex University。希望其豐富的海外實踐機會，可以讓我親身體驗多元文化的學習環境，進一步拓展國際視野。



社會科學（心理學）副學士

Associate of Social Sciences (Psychology)

課程特色 Key Features

- 提供穩固而全面的心理學訓練
Providing students with a solid and comprehensive foundation in psychology
- 分析人類的思考過程及行為表現模式
Analysing human thinking process and behavioural pattern
- 體現心理健康於幸福生活的重要性
Explaining the importance of mental health to human well-being

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修讀科目總數 Total number of Courses:

課程結構 Programme Structure

專修科目 Programme Specific Courses	通識科目 General Education Courses
• 心理學導論 Introduction to Psychology • 健康心理學 Health Psychology • 認知心理學導論 Introduction to Cognitive Psychology • 性格心理學 Personality Psychology • 社會科學研究及統計方法 Research Methods and Statistics in Social Sciences • 職業心理學 Work Psychology • 發展心理學 Life-span Development • 社會心理學入門 Exploring Social Psychology	• 通用英語 General English • 學術英語（一） English for Academic Purposes I • 學術英語（二） English for Academic Purposes II • 商業傳意 Business Communication • 中文傳意基礎（一） Chinese Language for Communication I • 中文傳意基礎（二） Chinese Language for Communication II • 中文傳意基礎（三） Chinese Language for Communication III • 邏輯與慎思明辨 Logic and Critical Thinking • 認識道德 Understanding Morality • 資訊素養概論 Introduction to Information Literacy • 自由選修科 Free Elective • 自由選修科 Free Elective

升學出路 Articulation Prospects

近年部份畢業生升讀以下學士學位課程：
Some recent graduates of this programme were admitted to the following Bachelor's Degree programmes:

嶺南大學 Lingnan University

- 社會科學（榮譽）學士
Bachelor of Social Sciences (Hons)
- 心理學社會科學（榮譽）學士
Bachelor of Social Sciences (Hons) in Psychology

香港中文大學 The Chinese University of Hong Kong

- 性別研究社會科學學士
Bachelor of Social Science in Gender Studies

香港理工大學 The Hong Kong Polytechnic University

- 社會工作（榮譽）文學士
Bachelor of Arts (Hons) in Social Work

香港城市大學 City University of Hong Kong

- 社會科學學士（犯罪學及社會學）
Bachelor of Social Sciences in Criminology and Sociology

香港浸會大學 Hong Kong Baptist University

- 社會工作（榮譽）學士
Bachelor of Social Work (Hons)

就業出路 Career Prospects

- 家庭服務 Family Services
- 社會服務 Social Services
- 學生事務 Student Services
- 教學助理 Teaching Assistants
- 政府或非政府組織 Government or Non-governmental Organisations

畢業生分享

Sharing from Graduate

余潔雯

- 2025年社會科學（心理學）副學士課程畢業生
- 升讀香港城市大學社會科學學士（犯罪學及社會學）課程三年級



DSE失利後，我在心理學副學士課程中重拾信心。起初，我對自己充滿懷疑，但透過努力學習和積極參與，我逐漸找回方向。而我即將升讀犯罪學及社會學學士課程，繼續追尋夢想。

我要感謝幾位教授的啟發性教學方法。他們耐心指導，讓我深入理解心理學。LIFE的職員們更邀請我參與活動，拓闊了我的視野。他們的熱情和支持是我成長的關鍵。

熱情和學習態度對我的成功至關重要。我學會以開放的心態面對挑戰，並堅持不懈地追求知識。每一次努力都讓我更接近目標，也讓我更堅定信念。這種態度將伴隨我迎接未來的挑戰。

我也要衷心感謝好友及中學老師的持續關懷。好友的陪伴讓我倍感溫暖。中學老師即使在我畢業後仍關心我的進展，給予我莫大鼓勵。你們的支持是我前行的動力。

最後，寄語所有同學：保持熱情，勇敢追夢。學習路上或有挫折，但堅持和努力終會開花結果。願大家在學業和人生都能找到屬於自己的光芒，未來可期。

運動教練及領袖學高級文憑

Higher Diploma in Sports Coaching and Leadership

課程特色 Key Features

- 裝備同學成為擁有全面理論基礎的運動教練及領導人才
Equipping students with comprehensive theoretical knowledge in sports coaching and leadership
- 在個人運動教練、團隊運動教練及器械健體訓練三個範疇均提供全面實務技巧的培訓
Providing holistic training with hands-on skills in both individual sports coaching, team sports coaching and resistance training
- 提供不少於200小時的實習機會
Offering a minimum of 200-hour practicum
- 在運動設備完善的嶺南大學進行培訓，包括體育館、田徑場、足球場、籃球場及游泳池等
Training with the well-equipped sports facilities at Lingnan University campus, e.g. gym, athletic field, football field, basketball courts, swimming pool, etc.

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課程結構 Programme Structure

修讀科目總數 Total number of Courses:

專修科目 Programme Specific Courses	通識科目 General Education Courses
• 基礎健康及體適能理論 Basic Health, Fitness and Wellness Studies • 器械健體指導 Resistance Training Instruction • 基礎運動營養學 Essential Nutrition for Health and Sports • 運動創傷預防及處理 Preventing and Managing Sports Injuries • 運動及休閒管理導論 Introduction to Sports and Leisure Management • 運動科學 Sports and Exercise Science • 運動教練學原理 Sports Coaching Principles • 團隊運動教練 Team Sports Coaching • 個人運動教練 Individual Sports Coaching • 體育活動及項目領導 Sports Programme and Event Leadership • 特殊群體運動帶領 Leading Sports and Exercise for Special Populations • 肌力及體能訓練 Strength Training and Conditioning	• 通用英語 General English • 學術英語（一） English for Academic Purposes I • 商業傳意 Business Communication • 中文傳意基礎（一） Chinese Language for Communication I • 中文傳意基礎（二） Chinese Language for Communication II • 資訊素養概論 Introduction to Information Literacy • 自由選修科 Free Elective • 自由選修科 Free Elective
	實習 Internship
	• 實習 Practicum

升學出路 Articulation Prospects

近年部份畢業生升讀以下學士學位課程：

Some recent graduates of this programme were admitted to the following Bachelor's Degree programmes:

嶺南大學 Lingnan University

- 運動教練學及盛事管理（榮譽）社會科學學士
Bachelor of Social Sciences (Hons) in Sports Coaching and Event Management

香港浸會大學 Hong Kong Baptist University

- 體育及康樂管理文學士（榮譽）
Bachelor of Arts (Hons) in Physical Education and Recreation Management
- 運動及康樂領袖學社會科學學士（榮譽）
Bachelor of Social Sciences (Hons) in Sport and Recreation Leadership

香港高等教育科技學院 Technological and Higher Education Institute of Hong Kong

- 運動及康樂管理（榮譽）社會科學學士
Bachelor of Social Sciences (Hons) in Sports and Recreation Management

香港中文大學 The Chinese University of Hong Kong

- 理學士（運動科學與健康教育）
Bachelor of Science (Exercise Science and Health Education)

香港教育大學 The Education University of Hong Kong

- 體育教育榮譽學士 Bachelor of Education (Hons) (Physical Education)
- 健康教育榮譽學士 Bachelor of Health Education (Hons)
- 運動科學及教練榮譽理學士
Bachelor of Science (Hons) in Sports Science and Coaching

就業出路 Career Prospects

- 助理運動教練 / 運動教練 / 健身教練 Assistant Sport Coach / Sport Coach / Fitness Instructor
- 會所 / 戶外訓練營康體活動主任 Club House / Outdoor Camp Sites Sport and Recreation Officer
- 健身俱樂部主任 / 運動品牌主任 Health Club Officer / Sports Brand Officer
- 體育總會活動主任 / 中小學體育活動助理 Sports Associations Event Officer / PE Assistant in Primary and Secondary Schools
- 康樂及文化事務署二級助理康樂事務經理 Leisure and Cultural Services Department (Assistant Leisure Services Manager II)

專業認可 Professional Recognition

畢業生可豁免中國香港體適能總會籌辦的體適能導師課程所需的「體適能基礎證書」，並可直接參加「器械健體導師證書」考試。
Graduates are exempted from the "Physical Fitness Foundation Certificate" required for the Instructor Certification Programmes organised by Physical Fitness Association of Hong Kong, China and they are allowed to directly sit for the "Resistance Training Instructor Certification" examination.

畢業生分享

Sharing from Graduate

任家偉

- 2025年運動教練及領袖學高級文憑課程畢業生
- 2024、2025年院長獎學金得獎者
- 2025年院長榮譽獎得獎者
- 2025年嶺南教育機構獎學金得獎者
- 升讀香港教育大學運動科學及教練榮譽理學士課程三年級

在這兩年的課程中，我掌握了基本教練技巧和運動員發展策略，現在我自信地將這些知識應用於擔任籃球教練的角色中。我經常使用LIFE優質的校園設施，包括游泳池、健身室和小組學習空間等，極大地豐富了我的學習生活。這個課程在實用技能和課堂參與方面達到了理想的平衡，為我發展成功的教練職業生涯做好了充分準備。



副學士及高級文憑課程

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Associate Degree and Higher Diploma Programmes

文憑課程 Diploma Programme

文憑課程

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Diploma Programme



課程特色 Key Features

- 提供全面的基礎教育，為升讀副學士及高級文憑作好準備
Providing a well-rounded foundation education to prepare students to articulate to Associate Degree and Higher Diploma programmes
- 強化同學在學術及日常生活的雙語傳意能力
Developing students' communicative proficiency in English and Chinese for academic and general purpose
- 讓同學認識社會科學、商學和人文學的基礎概念，為升學作好準備
Imparting fundamental concepts in various disciplines including social sciences, business studies and humanities for further studies

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課程結構 Programme Structure

修讀科目總數 Total number of Courses:

專修科目 Programme Specific Courses	通識科目 General Education Courses
• 量化技巧 Quantitative Skills • 現代社會發展 Development of Modern Society • 職業及生涯規劃 Career and Life Planning • 公開演講入門 Introduction to Public Speaking • 商業學導論 Fundamentals of Business Studies • 心理學導論 Introduction to Psychology	• 實用中文 Practical Chinese • 實用普通話 Practical Putonghua • 生活英語 Essential English for Everyday Life • 商業傳意導論 Introduction to Business English

升學出路 Articulation Prospects

- 畢業生可升讀由嶺南大學持續進修學院提供的副學士或高級文憑課程。
Graduates are eligible to apply for admission to Associate Degree or Higher Diploma programmes offered by LIFE.
- 大專基礎教育文憑畢業生升讀LIFE副學士或高級文憑課程100%獲得取錄。#
100% of graduates from the Diploma in College Foundation Studies who applied Associate Degree or Higher Diploma Programmes at LIFE obtained a firm offer.#

2025入學數據 Admission Data 2025

畢業生分享

Sharing from Graduate

蔡錦麟

- 2021年大專基礎教育文憑課程畢業生
- 2023年人文學科（歷史）副學士課程畢業生
- 2025年香港理工大學中國歷史及文化（榮譽）文學士課程畢業生
- 升讀香港理工大學中國文化文學碩士課程



LIFE 的 Diploma 課程透過多元化科目及大學的管理模式，幫助同學探索多元出路，無論在升學或就業方面都奠定扎實基礎，為公開考試成績未如理想的同學重新帶來希望。

回顧Diploma這年，可謂經歷了極不平凡的時光：DSE 考試失利、新冠疫情爆發，以及疫情期間的停課措施。但這些都沒能動搖我學習的決心，因我深知這是升讀大學的最後機會。透過學院老師們無私的指導，加上彈性的上課安排，我最終在逆境中升讀副學士，並於 2023 年成功入讀香港理工大學中國歷史及文化學士課程，現正朝著碩士學位的目標邁進。

LIFE 的 Diploma 課程在我人生最失落的時刻伸出了援手，而老師們更成為我堅持升學的主要動力。雖然就讀時間僅短短一年，但師生間亦師亦友的相處氛圍、同學之間真摯的情誼，成為了我學習的最大動力。無論知識收穫多少、成績如何，這段學習經歷與回憶才是最寶貴的財富。

文憑課程

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Diploma Programme

入學資訊

Admission Information



入學資格

Admission Requirements

學院照章錄取合資格人士入讀本院課程，並因應申請人學歷、公開試成績、對選修科目的認識、興趣、能力、工作經驗或其他相關因素，作出合理甄別；錄取的決定並不存在任何性別、年齡、種族、信仰、傷健殘障等歧視因素。LIFE is at its discretion to admit the applicants. The admission of applicants will be considered based on academic qualifications, public examination results, applicants' knowledge about the subjects they choose, applicants' interests, personal qualities, working experiences and other factors. LIFE offers equal opportunities to all applicants regardless of sex, age, race, religion or physical disability.

副學士及高級文憑課程 Associate Degree and Higher Diploma Programmes

- 香港中學文憑考試五科（包括中國語文及英國語文）達到第二級或以上 [1] [2] [3]；或
- 於認可院校成功修畢毅進文憑、應用教育文憑或文憑課程；或
- 年滿二十一歲並適合修讀相關課程及具備完成相關課程的能力；或
- 經學院評審的其他同等學歷
- Level 2 or above in five HKDSE subjects including Chinese Language and English Language [1] [2] [3]; or
- A recognised Diploma Yi Jin/ Diploma of Applied Education/ Diploma; or
- Aged 21 or above showing suitability and competence in taking the programme; or
- Other equivalent qualifications to be assessed by LIFE

文憑課程 Diploma Programme

- 於香港中學文憑考試英國語文及中國語文考獲第一級或以上成績；及考獲最佳成績的五科最少達六分 [4] 或以上 [1] [3]；或
- 年滿二十一歲並適合修讀相關課程及具備完成相關課程的能力；或
- 經學院評審的其他同等學歷
- Level 1 or above in English Language and Chinese Language; AND at least 6 points [4] in the best five subjects of HKDSE [1] [3]; or
- Aged 21 or above showing suitability and competence in taking the programme; or
- Other equivalent qualifications to be assessed by LIFE

非本地或海外申請者 Non-local / International Applicants

- 申請人須於非本地或海外認可之中學或專上院校取得以上最低入學要求的同等學歷
- Satisfactory completion of studies with qualifications equivalent to the above entry requirements at a recognised secondary or post-secondary institution outside Hong Kong

備註：

- [1] 每名申請人可提交應用學習科目的成績。在2012至2017年香港中學文憑考試中，學生如在應用學習課程取得「達標」及「達標並表現優異」的成績，可分別獲接納為達到香港中學文憑考試甲類科目第二級及第三級或以上的能力。由2018年香港中學文憑考試起，學生的成績匯報細分為：「達標」、「達標並表現優異 (I)」和「達標並表現優異 (II)」。「達標並表現優異 (I)」的表現水平等同香港中學文憑考試甲類科目第三級的成績，而「達標並表現優異 (II)」則等同第四級或以上的成績。
- [2] 嶺南大學持續進修學院接受非華語學生其他中國語文科資歷。應用學習科目不包括應用學習中文（非華語學生適用），因為此科目旨在為非華語學生提供另一途徑以獲取其他中國語文科資歷。
- [3] 嶺南大學持續進修學院接受公民與社會發展科的「達標」成績為該五科達第二級成績的其中一科。另外，數學科延伸部分（單元一或二）第二級成績亦被接受為最低入學要求中的五科之一。
- [4] 於香港中學文憑考試第一級至第五級分別為 1 至 5 分，第五級 * 為 6 分及第五級 ** 為 7 分。

Remarks:

- [1] Each applicant is allowed to use Applied Learning (ApL) subjects in the application. For the 2012-2017 HKDSE Examinations, students attaining the results of "Attained" and "Attained with Distinction" in the ApL subjects are accepted as attaining the competencies required at Level 2 and Level 3 or above of Category A subjects of the HKDSE Examination respectively. Effective from the 2018 HKDSE Examination, the reporting of students' performance is refined to "Attained", "Attained with Distinction (I)" and "Attained with Distinction (II)". Performance of "Attained with Distinction (I)" is comparable to Level 3 while "Attained with Distinction (II)" is comparable to Level 4 or above of Category A subjects of the HKDSE Examination.
- [2] For non-Chinese-speaking learners, LIFE accepts alternative Chinese Language qualifications. The ApL subjects do not include ApL Chinese (for non-Chinese speaking students), as this subject is introduced to provide an additional channel exclusively for non-Chinese speaking students to obtain an alternative Chinese language qualification.
- [3] LIFE accepts "Attained" in the Citizenship and Social Development (CS) subject as meeting one of the five Level 2 requirements. Besides, Level 2 in Mathematics Extended Part (Module 1 or Module 2) is also recognised as one of the five HKDSE subjects in fulfilling the minimum entrance requirement.
- [4] HKDSE Levels 1 to 5 are converted into points 1 to 5 respectively, Level 5* = 6 points and Level 5** = 7 points.

學費 Tuition Fees

課程 Programmes	學費 Tuition Fee
副學士學位及高級文憑課程（兩年四學期） Associate Degree and Higher Diploma Programmes (4 terms in 2 years)	
人文學科（歷史）副學士 Associate of Arts (History)	每學期港幣 33,500 元 HK\$33,500 per term
商學（工商管理）副學士 Associate of Business Studies (Business Management)	
社會科學（心理學）副學士 Associate of Social Sciences (Psychology)	
運動教練及領袖學高級文憑 Higher Diploma in Sports Coaching and Leadership	每學期港幣 35,000 元 HK\$35,000 per term
文憑課程（一年兩學期） Diploma Programme (2 terms in 1 year)	
大專基礎教育文憑 Diploma in College Foundation Studies	每學期港幣 23,500 元 HK\$23,500 per term

備註：

1. 首期學費付款通知會隨取錄通知書發出。
2. 繳付第一期學費時，學生需同時繳付：
 - 畢業按金港幣 600 元
 - 行政費港幣 10,000 元（適用於內地生）
3. 不論上課與否，所有已繳費用不設退還及不可轉讓。
4. 嶺南大學持續進修學院沒有委託任何中介機構處理招生事宜，請勿向本學院以外的人士或機構支付任何費用，所有學生須按指定方法直接向嶺南大學持續進修學院繳交所有費用。本學院確保收生程序公正運作。

Remarks:

1. A payment advice for the tuition fee of the 1st academic term will be issued to applicants upon notification of the offer of admission.
2. Along with the tuition fee of the 1st academic term, student also needs to pay:
 - HK\$600 graduation deposit
 - HK\$10,000 administration fee (for Mainland students only)
3. All fees paid are neither refundable nor transferable regardless of whether students have attended classes or not.
4. LIFE does not authorise any third parties for handling admissions application. All fees should be settled directly with LIFE using the designated method. LIFE ensures fair admission.

政府學費資助 Government Financial Assistance

如有需要，學生可透過以下的政府計劃申請學費資助及/或貸款：

Students who are in financial needs may apply for student financial assistance under the following Schemes through the Government:

專上學生資助計劃 Financial Assistance Scheme for Post-secondary Students (FASP)

凡通過家庭入息及資產審查的「專上學生資助計劃」合資格申請人，可獲發助學金及/或貸款。符合申請「專上學生資助計劃」的學生亦可透過此計劃申請學生車船津貼。

The FASP is a means-tested financial scheme offered to eligible students in the form of grant and/or loan. Students who are eligible to apply for assistance under FASP may also apply for student travel subsidy through FASP application.

專上學生免入息審查貸款計劃 Non-means-tested Loan Scheme for Post-secondary Students (NLSPS)

「專上學生免入息審查貸款計劃」適用於修讀「專上學生資助計劃」下合資格課程的全日制學生，此計劃提供貸款以協助合資格申請人繳付學費。

The NLSPS is applicable to full-time students pursuing eligible programmes under the FASP. The NLSPS provides financial assistance in the form of loan to eligible students to meet their tuition fees.

擴展的免入息審查貸款計劃 Extended Non-means-tested Loan Scheme (ENLS)

「擴展的免入息審查貸款計劃」適用於修讀指定的兼讀制及全日制專上和持續進修及專業教育課程的學生，此計劃提供貸款以協助合資格申請人繳付學費。

The ENLS is applicable to eligible students pursuing specific part-time and full-time post-secondary and continuing and professional education courses. The ENLS provides loan(s) to eligible students to settle tuition fees.

有關資助及貸款詳情，可直接向在職家庭及學生資助事務處轄下的學生資助處查詢：

For details of the government financial assistance, students may make direct enquiries to the Student Finance Office (SFO) of the Working Family and Student Financial Assistance Agency.

政府資助 / 貸款計劃 Financial Assistance Schemes	副學士 / 高級文憑 Associate Degree/ Higher Diploma	文憑 Diploma	查詢熱線 Hotline	網址 Website	
專上學生資助計劃 * Financial Assistance Scheme for Post-secondary Students (FASP) *	✓	✗	2152 9000	https://www.wfsfaa.gov.hk/en/sfo/postsecondary/fasp/overview.php	
專上學生免入息審查貸款計劃 Non-means-tested Loan Scheme for Post-secondary Students (NLSPS)	✓	✗	2150 6222	https://www.wfsfaa.gov.hk/en/sfo/postsecondary/nlsp/overview.php	
擴展的免入息審查貸款計劃 Extended Non-means-tested Loan Scheme (ENLS)	✗	✓	2150 6223	https://www.wfsfaa.gov.hk/en/sfo/postsecondary/enls/overview.php	

* 申請人須為 30 歲或以下
Applicant must be aged 30 or below

申請須知

Notes for Application

申請方法 How to Apply

應屆香港中學文憑試考生 Current HKDSE Candidates (只適用於副學士及高級文憑課程 Only applicable to Associate Degree and Higher Diploma Programmes)	毅進文憑、應用教育文憑、 文憑畢業生及其他學歷之申請人 Diploma Yi Jin, Diploma of Applied Education and Diploma Graduates, and Applicants with other Qualifications
1. 透過 E-App 遞交申請 Apply via E-App www.eapp.gov.hk ↓ 2. 收到學院發出的邀請電郵， 於學院的網上報名系統 apply.LN.edu.hk 完成報名程序，並繳交報名費 Receive invitation email from LIFE, complete application and settle the application fee via LIFE's Online Admission System apply.LN.edu.hk ↓ 3. 符合資格的申請人可獲有條件取錄（或需參加面試） Eligible applicants will receive conditional offers (Interview may be required) ↓ 4. 確認學位 Claim Offer 申請人須於香港中學文憑考試成績公布當天，將有條件取錄信 及文憑試成績電郵至 lifeco@LN.edu.hk Applicants should email a copy of Conditional Offer letter together with HKDSE result slip/other qualifications to lifeco@LN.edu.hk.	1. 透過學院網站 apply.LN.edu.hk 遞交網上申請 Apply via LIFE's Online Admission System apply.LN.edu.hk ↓ 2. 上載文件及繳交報名費 • 學歷證明副本 • 資歷證明（如適用） Upload documents and settle application fee • Copy of relevant academic transcripts and certificates • Credentials (if any) ↓ 3. 符合資格的申請人 可獲取錄或有條件取錄 （或需參加面試） Eligible applicants will receive offers or conditional offers (Interview may be required) ↓ 4. 確認學位 Claim Offer 申請人須於正式註冊或之前，出示學歷證明文件及香港身分證 或護照之正本予學校核實。 Applicants should provide the original copy of relevant academic transcripts and certificates and HKID card or passport for verification on or before registration to the programme.

報名費用 Application Fee

課程 Programmes	本地申請人 Local Applicants	非本地申請人 Non-local Applicants
副學士/高級文憑 Associate Degree / Higher Diploma	港幣 150 元 HK\$150	港幣 300 元 HK\$300
文憑 Diploma	港幣 150 元 HK\$150	不適用 Not Applicable

備註：

- 所有已繳費用不設退還及不可轉讓。
- 副學士/高級文憑課程申請人凡同時報讀文憑課程，可獲豁免文憑課程報名費港幣 150 元。
- 申請人須透過網上入學申請系統以信用卡支付報名費。

Remarks:

- All fees paid are neither refundable nor transferable.
- Applicants applying for both Associate Degree / Higher Diploma and Diploma programmes can enjoy a waiver of application fee of Diploma programme (HK\$150).
- Applicants should settle their application fee via the Online Admission System by credit card.

申請須知

Notes for Application

評審及面試 Assessment and Interview

學院在收到申請人填妥的網上申請表格及資料後，將按需要安排申請人參加面試。由於學額有限，學院建議申請人及早遞交網上申請，以便安排入讀首選課程。

Applicants may be invited for interview upon the completion of online application with supporting documents. Early applications stand a better chance of being admitted to the programme of your first choice.

個人資料收集聲明 Personal Information Collection Statement

1. 於入學申請過程中所收集的個人資料，將會用作處理入學申請。若申請人被取錄，申請人的資料將會轉為學生記錄，並用作教學、行政、學生活動、舊生會、研究及統計分析事宜。

The purpose of collecting personal data is to process the application for admission. After being admitted, related personal information of applicants will become part of the student record for academic, administrative, student activities, alumni affairs, research, and statistical analysis purposes.

2. 於入學申請過程中收集的個人資料或會轉移到嶺南大學持續進修學院及嶺南大學的行政單位作進一步處理。未獲取錄的申請者的資料將在入學申請期完結後的6個月內銷毀。

In order to serve the specified purpose(s), the personal data collected may be transferred to administrative units within Lingnan Institute of Further Education and Lingnan University for further processing. Personal data of unsuccessful candidates will be destroyed within 6 months after the completion of the admission exercise.

3. 除經申請人的同意或法律要求外，收集的個人資料將不會向第三方披露（列於第2點中的機構/工作單位除外）。

Without applicant's expressed approval, or unless required by law, the personal data collected will not be disclosed to third parties other than those specified in Point 2.

4. 除非另有說明，於入學申請過程中收集的個人資料均為入學申請的必要資訊。如申請人在申請過程中提供任何虛假或誤導性資訊，或在入學申請過程中被發現任何不誠實的行為，嶺南大學持續進修學院及嶺南大學有權取消申請人的入學資格或終止學籍。所有已支付的費用將不會退還。

Unless indicated otherwise, all personal data requested is required for admission purpose(s). Any false or misleading information given or any dishonest conduct observed during the admission application process will lead to disqualification of the application for admission to or termination of studies at the University if admitted. All fees paid will be forfeited.

5. 未經申請人的同意，嶺南大學持續進修學院及嶺南大學將不會使用申請人的個人資料進行直接營銷。

Without applicant's consent, Lingnan Institute of Further Education and Lingnan University will not use applicant's personal information provided to us to conduct direct marketing.

6. 根據個人資料（私隱）條例，申請人有權要求查閱及更改個人資料。如要查閱資料，請聯絡個人資料保障主任（電郵：DPO@LN.edu.hk）。如要更改/更新資料，請聯絡學院辦事處（電郵：LIFE@LN.edu.hk）。

Applicants have the right to request access to and correction of the personal data under the Personal Data (Privacy) Ordinance. For requests to access personal data, please contact the Data Protection Officer at DPO@LN.edu.hk. For requests to correct / update personal data, please contact General Office at LIFE@LN.edu.hk.

備註：

- 嶺南大學持續進修學院保留課程最終開辦權。
- 申請人、其親屬或代理人就入學申請事宜或與嶺南大學持續進修學院進行任何事務往來時，不得向本學院成員或職員提供任何利益，否則可能會觸犯香港法例第201章《防止賄賂條例》。本學院亦禁止成員及職員索取或接受上述利益。

Remarks:

- Lingnan Institute of Further Education reserves the rights to make final decisions whether the programme(s) are offered.
- Applicants or their family members and agents must not offer advantages to any staff or members of Lingnan Institute of Further Education in relation to their admission applications or while having dealings of any kind with LIFE. These offers may constitute an offence under the Prevention of Bribery Ordinance (Cap. 201) in Hong Kong. LIFE also prohibits its staff and members from soliciting or accepting such advantages.

校園設施 Campus Facilities

校園設施

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Campus Facilities



校園設施 Campus Facilities

教學設施

Teaching and Learning Facilities

副學士、高級文憑及文憑課程的同學可享用嶺南大學學習及康樂設施。

Students of the Associate Degree, Higher Diploma and Diploma programmes can enjoy the teaching, learning and amenity facilities of the University campus.



劉仲謙樓

Lau Chung Him Building

嶺南大學持續進修學院提供優質的教學設施予學生，建立於嶺南大學校園的劉仲謙樓高六層，設施完善，包括演講室、電腦室、學習資源中心、語言自學中心、學生會堂、學習共享空間及校牧處。整棟大樓均已裝設無線上網網絡，以方便同學學習及活動之用。

In order to meet the development of LIFE and to provide high-quality teaching and learning facilities to our students, Lau Chung Him Building, a 6-storey building is equipped with classrooms, computer laboratories, Learning Resources Centre, Self-Access Language Centre, Student Function Hall, Learning Commons and Chapel. It is also fully covered with Wireless Local Area Network.

膳食服務

Catering Services

大學內設有兩所餐廳，於學年及暑假期間為師生提供膳食服務。學生餐廳及咖啡茶座位於大學劉李婉嫻康樂樓地下，而中式餐廳則設於一樓。

The University operates 2 dining areas and food services are available throughout the academic year and during summer holidays. The Student Canteen and Cafe are located on the ground floor of the Lau Lee Yuen Haan Amenities Building, and the Chinese Restaurant is on the first floor of the same building.



校園設施 Campus Facilities

學習共享空間

Learning Commons

為了讓同學有自修及小組討論的空間，學院於嶺南大學劉仲謙樓的UG樓層及三樓設立了學習共享空間。位於三樓的學習共享空間設有兩間研討室，予同學預約使用。同學亦可使用位於劉李婉嫻康樂樓二樓的學習共享空間，享用各類不同的學習資源。

To provide space for self-study and collaborative study, Learning Commons are available at UG/F and 3/F of Lau Chung Him Building. Two Discussion Rooms at Learning Commons at the 3/F are open to students for booking. Students can also access the Learning Commons at 2/F of Lau Lee Yuen Haan Amenities Building and enjoy various learning resources.



語言自學中心

Self-Access Language Centre

設置於嶺南大學劉仲謙樓內的語言自學中心提供與語言相關的各種書籍和學習資料，包括英語、日語和韓語，為同學提供豐富的語言學習資源。

To provide students' resources for language learning, the Self-Access Language Centre has equipped a wide range of books and learning materials related to languages that included English, Japanese and Korean.

學習資源中心

Learning Resources Centre

為了使同學有更豐富的學習體驗，設置於嶺南大學劉仲謙樓內的學習資源中心儲存了各類書籍，包括人文學科、商學、社會科學和資訊科技等。

In order to enrich students' learning experience, Learning Resources Centre (LRC) is available at Lau Chung Him Building, which houses a wide variety of volumes covering the areas of humanities, business, social sciences and information technology, etc.



校園設施 Campus Facilities



運動設施 Sports Facilities

大學提供多元化的運動設施及室內外場地供同學使用，例如游泳池、網球場、室外運動場、羽毛球場、排球場、籃球場、手球場、壁球場、乒乓球室、多用途活動室及健身室等。

The University provides a wide range of sports facilities, both indoors and outdoors, to students, e.g. swimming pool, tennis court, outdoor sports ground, badminton courts, volleyball courts, basketball court, handball court, squash courts, table tennis room, multi-purpose room and physical fitness room.



校園設施 Campus Facilities

嶺南大學栢宜教學中心

Lingnan University

Union Park Learning Centre (UPC)

為照顧更多同學的學習需要，嶺南大學亦於太子栢宜中心六樓及九樓設教學中心。中心設有完善的先進教學設備，幫助同學提升學習成效。

In order to cater for students' learning needs, the University set up learning centre on the 6/F and 9/F in Union Park Centre, Prince Edward. Students' learning effectiveness is enhanced with the aid of advanced teaching technology and devices.



業界伙伴 Industry Partners



業界伙伴 Industry Partners

學院一直致力與各持份者合作，確保課程均屬高質素和與時並進，以及安排工作實習或提供最新就業資訊，讓學生課堂內外皆有發展機會。部分合作機構如下：

LIFE has collaborated with various stakeholders to ensure relevance and high quality of the programme, offer internship opportunities and provide career information for students. This will assist students in developing inside and outside classrooms. The following is a list of some industry partners:

課程合作伙伴 Programme Partners

- 亞太老年學研究中心
Asia-Pacific Institute of Ageing Studies
- 香港地產行政師學會
Hong Kong Institute of Real Estate Administrators
- 香港和解中心
Hong Kong Mediation Centre
- 國際認證財務顧問師協會
International Association of Registered Financial Consultants
- 置邦設施服務有限公司
ISS Facility Services Limited
- 中國香港足球總會
The Football Association of Hong Kong, China
- 中國香港體適能總會
Physical Fitness Association of Hong Kong, China
- 香港醫藥援助會
Project Concern Hong Kong
- 英國特許市務學會
The Chartered Institute of Marketing
- 香港日本文化協會
The Japan Society of Hong Kong

學生發展合作伙伴 Student Development Partners

- CareER
- 成長希望基金會
Changing Young Lives Foundation
- 黑暗中對話（香港）有限公司
DID HK Limited
- 香港基督教女青年會
Hong Kong Young Women's Christian Association
- 香港保良局
Po Leung Kuk Hong Kong
- 明愛賽馬會屯門少年綜合服務
Caritas Jockey Club Integrated Service For Young People - Tuen Mun
- 賽馬會青少年體育記者計劃
JC Junior Sports Reporters Programme

學院拓展合作伙伴 Institutional Advancement Partners

- 嶺南會所
Lingnan Club
- 嶺南教育機構
Lingnan Education Organisation
- 嶺南大學香港同學會
Lingnan University Alumni Association (Hong Kong)

實習計劃合作伙伴 Internship Partners

- 自強協會
1st Step Association
- 港峰青訓學院
Konter Football Academy
- 心甯道場
Synergy Sports Center
- WeSport
- 藍圖
BlueMap Basketball
- LCRA 樂家跑會
Love & Care Running Association
- 香港小童群益會
The Boys' & Girls' Clubs Association of Hong Kong
- 榮拳館
WUnique Martial Arts & Fitness
- 嶺南大學學生服務中心
Lingnan University Student Services Centre
- 中國香港智障人士體育協會
Hong Kong, China Sports Association for Persons with Intellectual Disability
- 中國香港游泳總會
Hong Kong China Swimming Association
- 運動版圖
Sportsoho
- 無障礙共融健身室
4U Inclusive Fitness
- 菁苗體育會
Trainmes Sports

嶺南大學位置圖

Location Map of Lingnan University

Location Map

從九龍方向

1. 請依屯門方向行駛。
2. 請跟隨"元朗"方向行車,不要拐入屯門市中心。
3. 經過屯門市中心後,請依"屯門西"的路牌及沿中線行車。
4. 當駛過"大興"出口後,(切勿轉入"大興"方向),請靠左線行車,並依隨"藍地及大學"的高架路牌行駛。請注意不要駛往"元朗及天水圍"方向。
5. 然後,依"大學","虎地及大學"的路旁路牌轉入青山公路 - 嶺南段。(請不要轉入藍地)。

從元朗方向

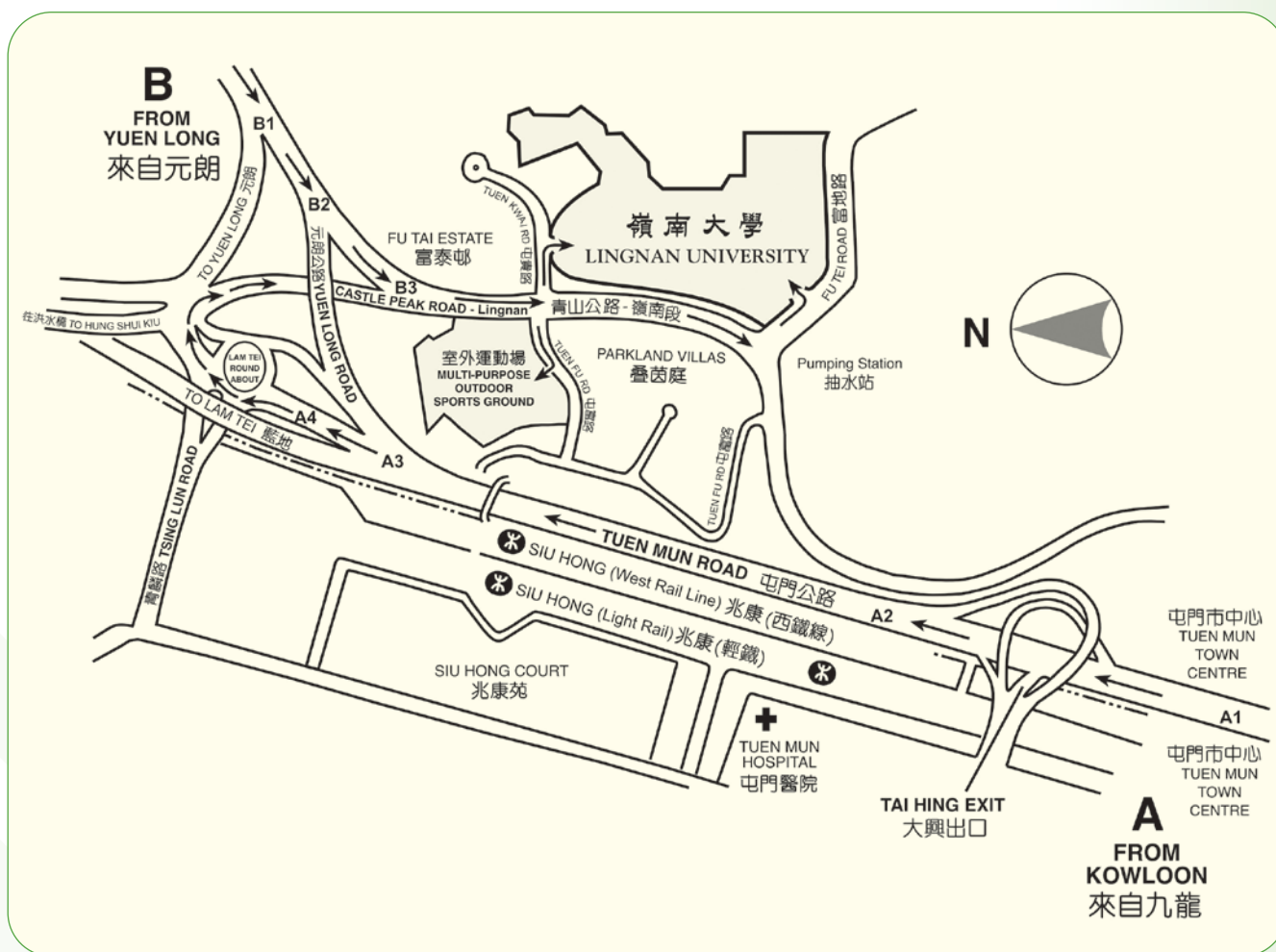
1. 請依"元朗快速公路"(九號幹線⁹)駛往屯門方向。
2. 經過"洪水橋/天水圍"後,請依屯門方向並沿左線行車。
3. 請跟隨"虎地/大學"(出口16¹⁶)及"深圳灣"(十號幹線¹⁰)之高架路牌行駛。
4. 請轉入"虎地/大學"(出口16¹⁶)。
5. 請保持靠左線行車並依隨"虎地/大學"之路牌。(切勿轉往"深圳灣"十號幹線¹⁰)。
6. 在交通燈左轉駛入青山公路 - 嶺南段。

From Kowloon

1. Drive towards the "Tuen Mun" direction.
2. Do not drive into Tuen Mun Town Centre, but follow the "Yuen Long" direction.
3. After by-passing Tuen Mun Town Centre, take the middle lane and follow the "Tuen Mun(West)" direction.
4. After driving past the "Tai Hing" Exit (but do not exit here), keep left and follow the overhead road sign "Lam Tei and University". Do not go towards the "Yuen Long and Tin Shui Wai" direction.
5. Then follow the roadside sign "University", "University and Fu Tei" (Do not go to Lam Tei), turning into Castle Peak Road - Lingnan Section.

From Yuen Long

1. Drive along the "Yuen Long Highway" (Route 9⁹) towards TUEN MUN direction.
2. After by-passing "Hung Shui Kiu/Tin Shui Wai" keep on the left lane towards the TUEN MUN direction.
3. Follow overhead road sign to "Fu Tei/University" (exit no.16¹⁶) and "Shenzhen Bay" (Route 10¹⁰).
4. Turn off at "Fu Tei/University" (exit no.16¹⁶).
5. Keep driving on the left and follow the road sign "Fu Tei/University". (Do not exit to "Shenzhen Bay" Route 10¹⁰).
6. Turning left at traffic lights into Castle Peak Road - Lingnan Section.



Please follow the road signs as below 請依以下路標行駛

由九龍往本大學請沿路線 A 行駛。
From Kowloon to University, please use route A.
由元朗往本大學請沿路線 B 行駛。
From Yuen Long to University, please use route B.

A	Tuen Mun Highway 屯門快速公路	B	Yuen Long Highway 元朗快速公路
A1	Yuen Long 元朗	B1	Yuen Long Road 元朗公路
A2	Tuen Mun (W) 屯門(西)	B2	Tuen Mun (W) 屯門(西)
A3	Lam Tei and University 藍地及大學	B3	Fu Tei 虎地/University 大學
A4	University 大學		



校園地圖

Campus Map

- | | | |
|---------------|---|-----|
| ① 陳德泰大會堂 | Chan Tak Tai Auditorium | AUD |
| ② 黃氏行政大樓 | Wong Administration Building | AD |
| ③ 李運強教學大樓 | Patrick Lee Wan Keung Academic Building | MB |
| • 鄭森活圖書館 | • Fong Sum Wood Library | |
| • 梁方麗雲藝術廊 | • Leung Fong Oi Wan Art Gallery | |
| • 少雪齋藝術展覽館 | • Chamber of Young Snow Art Exhibition Hall | |
| ④ 綜合運動大樓 | Indoor Sports Complex | |
| • 田家炳游泳池 | • Tin Ka Ping Swimming Pool | |
| ⑤ 何善衡樓 | Ho Sin Hang Building | HSH |
| ⑥ 梁詠瑤樓 | Leung Kau Kui Building | LKK |
| ⑦ 林炳炎樓 | B. Y. Lam Building | LBV |
| ⑧ 黃玉蘭樓 | Dorothy Y. L. Wong Building | WYL |
| ⑨ 劉仲謙樓 | Lau Chung Him Building | LCH |
| ⑩ 劉李婉嫻康樂樓 | Lau Lee Yuen Haan Amenities Building | LYH |
| ⑪ 郭少明伉儷樓 | Simon and Eleanor Kwok Building | SEK |
| ⑫ 潘蘇通運動場 | Pan Sutong Sports Ground | |
| • 和富李宗德學生活動中心 | • Wofoo Joseph Lee Student Activity Centre | |

- | | | |
|-------------|-----------------------------------|------|
| ⑬ 校長官邸會議中心 | President Lodge Conference Centre | PLCC |
| ⑭ 訪客宿舍 | Visitors' Quarters | |
| ⑮ 伍潔宜嶺南坊 | Wu Jieh Yee Lingnan Hub | WLH |
| ● 永安廣場 | Wing On Plaza | |
| ● 現代花園 | Contemporary Garden | |
| ● 乾新坊(天幕) | Kin Sun Square (Skylight) | |
| ● 有蓋停車場入口 | Covered Car Park Entrance | |
| ● 有蓋停車場入口 | Covered Car Park Entrance | |
| 學生宿舍 | Student Hostels | |
| S1. 蒙民偉樓 | William M. W. Mong Hall | |
| 東亞堂 | The Bank of East Asia Hall | |
| S2. 香港崇正總會樓 | Tsung Tsin Association Hall | |
| 霍潔棉樓 | Fok Cho Min Hall | |
| S3. 忠信堂 | Chung Shun Hall | |
| 逸民堂 | Yee Min Hall | |
| S4. 林護堂 | Lam Woo Hall | |
| S5. 賽馬會堂 | The Jockey Club Hall | |
| S6. 賽馬會博雅堂 | The Jockey Club New Hall | |
| S7. 黃浩川堂 | Wong Hoo Chuen Hall | |
| S8. 伍潔宜堂 | Wu Jieh Yee Hall | |

免責聲明

本課程簡介只供參考之用，內容在出版後或有改動。學院保留隨時修改內容的權利，而毋須另行通知。
所有課程內容以學院網站為準。

Disclaimer

This Prospectus serves as a general guide only. Every effort has been made to ensure the contents of this prospectus are correct at the time of printing. LIFE reserves the right to amend the contents of this Prospectus, as deemed necessary.
All course content is subject to the LIFE website.



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Lingnan LIFE | 🔍



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