本課程由「長者學苑發展基金」及長者學苑支持機構贊助。

嶺大長者學苑課程

旁聽生課程

2026-27 學年上學期學科簡介 **(Note 1)** ***[Note 1 至 Note 5 之說明請參閱第 10–11 頁。]***

CRN	Course Code	Course Title	Day (Note 2), Time and Venue (Note 3)	Course Descriptions	Language	Number of places
172	CCC8014 (Note 4)	China in World History	TUESDAY 12:30-14:29 MBG22	This course provides students a variety of historical frameworks to analyse the development of China's global role and relationships. The course will follow a basic chronological framework from antiquity to the present day, divided into three distinct units. In the first unit, we will study the development from the first humans to the emergence of the East Asian world order. In the second unit, we will examine the emergence of the global order from the Mongolian empire to the re-centering of the world's economy from Asia to the Atlantic world. In the third unit, we will look at China's changing role on the international stage in the 19th and 20th centuries. In each unit, the instruction will emphasise particular patterns of interaction between China and the other countries and peoples. Over the whole course, we will study how those patterns evolved, and the changing, different roles that China has played on the world's stage.	English	3
173	CCC8014 (Note 4)	China in World History	THURSDAY 09:30-11:29 MBG22	This course provides students a variety of historical frameworks to analyse the development of China's global role and relationships. The course will follow a basic chronological framework from antiquity to the present day, divided into three distinct units. In the first unit, we will study the development from the first humans to the emergence of the East Asian world order. In the second unit, we will examine the emergence of the global order from the Mongolian empire to the re-centering of the world's economy from Asia to the Atlantic world. In the third unit, we will look at China's changing role on the international stage in the 19th and 20th centuries. In each unit, the instruction will emphasise particular patterns of interaction between China and the other countries and peoples. Over the whole course, we will study how those patterns evolved, and the changing, different roles that China has played on the world's stage.	English	2

CRN	Course Code	Course Title	Day (Note 2), Time and Venue (Note 3)	Course Descriptions	Language	Number of places
297	CHI4340	Selected Readings in World Lit	TUESDAY 15:00-16:59 LYH201/1	This course introduces students to the study of important works of world literature of the 19th and 20th century. Modern Chinese literature has been greatly influenced by world literature. The aim of this course is to familiarize students with important works of world literature from the perspective of modern literary movement. The course will enrich students' understanding on world literature of the 19th and 20th century. 本課程旨在介紹十九世紀和二十世紀的世界文學，通過教授影響深遠的文學作品，讓同學對外國現代主義的形成有深入的理解。	Putonghua	10
331	CLA9024	Creative Expression with Music	MONDAY 09:30-12:29 LCH411	This course provides an opportunity for students of all backgrounds and skill levels to learn to make music in a creative manner. Whether students have had no music training or extensive musical experience, whether they prefer popular or classical styles, whether they enjoy music from Western or Chinese or other cultures – all students will learn how creative music-making works, why it is unique, and what can be gained from engaging in it. Students will not only develop a greater appreciation for music generally, but also learn how music creativity can lead to other expressions of creativity.	English	5
390	CLD9012	Natural Disasters: Science and Society	MONDAY 12:30-14:29 LKK201	This course will explore the science of natural events that cause natural disasters (earthquakes, volcanos, tsunamis, tropical cyclones, mass wasting, floods, and wildfires) and the impacts that these events have on human societies and natural ecosystems.	English	5

CRN	Course Code	Course Title	Day (Note 2), Time and Venue (Note 3)	Course Descriptions	Language	Number of places
447	CUS2411	Food, Technology and Environments	MONDAY 11:00-12:59 MBG19	This course introduces basic frameworks to enhance students' understanding of the complex relationship between food, culture, society and the environment. The course will guide students in integrating various points of view and developing their own critical judgments in relation to the local and global food issues. Emphasizing a variety of perspectives on food and related cultural, social, material and historical contexts, the course will focus on such questions as: what is food culture? how do we consume food? How can we link our daily food experiences with production, distribution, and consumption to waste? How do we turn non-human others into our food and (re) connect story, history, technology and community to feed what we call humanity? Students will examine the selected food topics from an interdisciplinary, cross-cultural and theoretical perspective. The course thus seeks to offer students not just food for thought but also thought for food.	English	5
346	CLB9014	Food,Culture & Identity	THURSDAY 12:30-14:29 SEKG09	Not only is food vital for survival, it is also a substance that is important to the construction of cultures and identities. Indeed, whether it is the sense of robust unpretentiousness that is often associated with the American hamburger or the meticulous attentiveness of the kaiseki ryori 懷石料理, there are undeniable similarities behind the process of associating one type of food to a particular nationality and the imagination/construction of that national identity. The study of the gastronomical practices of one group of people, thus, provides a unique and an effective means to gain introspective insights into the forming of various cultural traditions as well as to facilitate the understanding of the process of the formation of cultural identity. By focusing on the various representations of food in both Chinese and Western cultures, in different mediums that include but are not limited to the literary and the visuals, this course challenges students to look beyond the idea of food as simply a nourishment and to consider the inherent relationship between food and cultural identity in both the Eastern and Western contexts and its translational importance as a means for facilitating cultural exchanges.	English supplemented with Cantonese	5

CRN	Course Code	Course Title	Day (Note 2), Time and Venue (Note 3)	Course Descriptions	Language	Number of places
355	CLB9022	Music and World Cultures	TUESDAY 09:30-11:29 LCH411	This course introduces students to the diversity and range of musical cultures in the selected areas of Europe, africa, India, East Asia and Southeast Asia. Assuming no previous musical training, it will explore how the musics and musical instruments of different world cultures share common fundamental characteristics. At the same time, it will demonstrate the uniqueness of the music produced by any given culture. In examining both the commonalities and differences across different world musics, the course will also show how cultures apply music to an array of art forms (e.g. Dance, theatre) and social contexts (e.g. Religion, political intervention, globalisation). It will analyse the role of music in these combined art forms and explore how music can be applied to its social context with the contribution of students' personal responsibility, and put into that specific social context, its social responsibility. Students will listen to and watch a range of musical recordings and performances, and critically evaluate these through discussion and writing and the reading of relevant scholarship. It will both deepen students' appreciation of music itself and also enhance their understanding of the connections between music and other arenas of art and life.	English	10
395	CLD9017 (Note 5)	Ecology: The Science of Environmental Issues	FRIDAY 12:30-13:59 MBG10 **and** WEDNESDAY 12:30-13:59 LKK105	We are living in what many refer to as the Anthropocene (Anthropo- derived from Greek word for "human", -cene derived from Greek word for "recent"), because humans now have significant influence over Earth's ecosystems and environmental processes. Human activities can contribute to worsening climate change, species extinctions, deforestation, pollution, and other environmental issues. A strong understanding of the science underlying these threats will be important in guiding the decisions we make as global citizens and future leaders. Depending on the availability of partnering NGOs/organizations, Service-Learning (S-L) will be implemented in this course. When S-L mode is available, students will opt for either non-S-L mode or S-L mode in the first two classes. The S-L option will be announced before the course registration/add-drop period.	English	5

CRN	Course Code	Course Title	Day (Note 2), Time and Venue (Note 3)	Course Descriptions	Language	Number of places
523	ENG2101	Intro to the Study of Language	FRIDAY 14:30-17:29 LKK202	This course is a comprehensive exploration of the fundamental aspects of the English language. This course delves into the structure, history, and usage of English, providing students with a solid foundation for further linguistic studies. Through a combination of theoretical concepts and practical applications, students gain a deeper understanding of the language that shapes their everyday lives. The course covers such basic questions as the nature of human language, the importance of language in society, the major perspectives for studying language, the acquisition and use of language, as well as language variation and language change. Students are not only given an exposure to the basic concepts and theories, but they are also encouraged to examine various kinds of language data as well as use their own experience and knowledge as learners and users of language in Hong Kong to deepen their understanding of language.	English	5
561	FVA4007	Independent Cinema	TUESDAY 13:30-16:29 MBG01	This course aims to provide an understanding of independent cinema as an alternative practice and culture in cinema history. Students will be guided through lectures, screening and discussion to learn important films, filmmakers, movements and historical models of independent cinema. The course will also devote a few weeks on Hong Kong, Chinese and Asian independents and the contexts where these works were created. Final project will require students to prepare and pitch a low budget short to gain some practical knowledge of independent filmmaking.	English	4
854	PHI2112	Hist Chi Phi:Pre-Qin to Han	THURSDAY 16:30-18:29 LKK301	This course covers the period in Chinese philosophy from Pre-Qin to the Han dynasty. It concentrates on the distinctive features of Chinese philosophy, including the main concerns, themes and approaches of different schools of thought. Equal weight will be given to the philosophy and the history component: the meaning, implications, significance of philosophical problems and their solutions as well as the development of these problems and conceptions will be under scrutiny. The interaction between schools of thought will also be examined. Students will be supervised in their study of texts so as to understand the original context from which the problems and concepts spring.	Cantonese	5

CRN	Course Code	Course Title	Day (Note 2), Time and Venue (Note 3)	Course Descriptions	Language	Number of places
				哲學是人自覺地以理性對宇宙人生問題的反省。中國哲學的起源除了對上述問題進行思辨的探究外，還從實踐中發現人的自覺性如何可以改造自己的命運。先秦時期這偉大的發現，奠定了中國哲學主流的方向。在本課程中，會集中展示中國哲學的起源與特質，以及先秦諸子各學派的理念，以至漢代思想的承傳與變異。		
867	PHI3104 (Note 5)	Western Political Philosophy	TUESDAY 15:30-16:59 LKK207 **and** FRIDAY 11:30-12:59 LKK101	This course will explore different theories pertaining to the good and sustainable society (including visions of utopia, utilitarianism, social contract theory, political liberalism and republicanism). Different visions of the good society advance different accounts of the rights and duties of citizens, as well as the manner in which power and property are to be distributed. For example, political liberalism has traditionally been concerned with advancing individual liberty on the one hand and the state's neutrality regarding the nature of the good life on the other. This course also examines the implications of different conceptions of individual liberty. Readings are taken from historical sources including Plato, Aristotle, Hobbes, Locke, Bentham, Mill and Rousseau as well as such contemporary philosophers as Berlin, Hayek, Rawls, Nozick and Pettit.	English	5
998	SCE3004 (Note 4)	Applied Sports Science	THURSDAY 09:30-12:29 LKK305	This course focuses on the knowledge and skills to applying principle of sports science to practice. Different aspects in sports and exercise science are covered which include anatomy, physiology, biomechanics and nutrition. The contents will focus on the application on real sporting situations such as on-field performance Monitoring, analysis on coaching outcome, etc. Upon completion the course, students are equipped with the knowledge and skills to applying the concept of sports science in their coaching process to enhance the performance, improve health and reduce the chance of injury of the athletes. The course also provides students an overview of new trend and new technology to be used in the aspects of sports coaching. ** Please note that some sessions may involve basic exercise and sports training; students are expected to be fully fit for sports. Enrolled students are required to complete a Questionnaire before class.	English	2

CRN	Course Code	Course Title	Day (Note 2), Time and Venue (Note 3)	Course Descriptions	Language	Number of places
999	SCE3004 (Note 4)	Applied Sports Science	FRIDAY 09:30-12:29 LKK203	This course focuses on the knowledge and skills to applying principle of sports science to practice. Different aspects in sports and exercise science are covered which include anatomy, physiology, biomechanics and nutrition. The contents will focus on the application on real sporting situations such as on-field performance Monitoring, analysis on coaching outcome, etc. Upon completion the course, students are equipped with the knowledge and skills to applying the concept of sports science in their coaching process to enhance the performance, improve health and reduce the chance of injury of the athletes. The course also provides students an overview of new trend and new technology to be used in the aspects of sports coaching. ** Please note that some sessions may involve basic exercise and sports training; students are expected to be fully fit for sports. Enrolled students are required to complete a Questionnaire before class.	English	3
1040	SOC3311	Urban Sociology	FRIDAY 12:30-14:29 MBG09	This course trains students to learn how classic and contemporary urban theories can be used to explore such topics as urbanization, globalization, social inequality and conflict, community development, and the functioning of various urban institutions. The analysis of the course subjects features a comparative perspective between Hong Kong, mainland China, and the United States, with a particular focus on urban problem solving under different cultural and socio-political contexts.	English	7
1052	SOC4103	Social Issues in Contemporary Chinese Societies	WEDNESDAY 15:30-18:29 LKK201	The aim of this course is to examine the emergence of the contemporary Chinese societies. Issues about wealth gap and poverty, labour, environmental issues, gender inequalities, one child policy, ageing, migration, education, social security and health care system will be discussed. It will focus mainly on studying the issues in mainland China, and analysing some related issues in Hong Kong, Taiwan as well as overseas Chinese. The nature of the selected key social issues and their possible causes will be critically examined using sociological concepts and theories. Their social and economic implications to Chinese societies will also be discussed. This course provides students with a solid understanding of the issues in current Chinese societies.	English	7

CRN	Course Code	Course Title	Day (Note 2), Time and Venue (Note 3)	Course Descriptions	Language	Number of places
623	HST3398P	Art and Society in China	TUESDAY 15:30-18:29 LKK202	This course surveys Chinese society from the prehistoric period to contemporary times through the lens of art as primary sources. Students will interpret art pieces as historical texts and contextualize these works within broader themes and developments of Chinese society by engaging with secondary literature. The course is organized chronologically with a thematic focus, covering areas such as life and death, court cultures, religious influences, the production and consumption of art, class, gender, patronage, and the impact of foreign influences and local responses.	English	5
986	PSY4326	Neurosci. of Social Behaviour	THURSDAY 15:30-17:29 LKK104	Social neuroscience is a sub-field of social psychology that aims at understanding and explaining, using neural mechanisms, how the thoughts, feelings, and behaviors of individuals are influenced by the actual, imagined, or implied presence of others. This course will review core principles, theories, and methods guiding social neuroscience, and research examining the brain basis of social processes, including the theory of mind, empathy, emotion; reading faces and bodies, morality, and social interactions. Overall, this course will introduce students to the field of social neuroscience and its multi-level approach to understanding the brain in its social context.	English	5
1009	SOC2101 (Note 4)	Introduction to Sociology	WEDNESDAY 16:30-18:29 SEKG09	This is an introductory course in Sociology, starting with an overview of the nature of the discipline, followed by a survey of various aspects of the structures and dynamics of social life. General and specific examples are used to illustrate how thinking sociologically adds to our knowledge of the world around us.	English	2
1010	SOC2101 (Note 4)	Introduction to Sociology	MONDAY 11:30-13:29 SEKG09	This is an introductory course in Sociology, starting with an overview of the nature of the discipline, followed by a survey of various aspects of the structures and dynamics of social life. General and specific examples are used to illustrate how thinking sociologically adds to our knowledge of the world around us.	English	3

CRN	Course Code	Course Title	Day (Note 2), Time and Venue (Note 3)	Course Descriptions	Language	Number of places
525	ENG2106 (Note 4)	Introduction to Literature I	MONDAY 12:30-15:29 LKK107	This is the first part of the year-long introduction to literature and serves a dual purpose as a methodological and historical introduction to the study of literature. On the one hand, students will be introduced to fundamental questions about literature—what counts as literature and why? What is unique about reading and evaluating literary texts? What is the relationship between literature and society? In order to explore such questions, students will be introduced to the basics of literary and genre theory and to a variety of interpretative techniques. On the other hand, we will explore representative examples from a variety of periods and genres in order to gain fuller understanding of the main developments in Western literary history prior to the 19th century. The information and skills provided in this course are essential to upper-level studies in English literature.	English	2
524	ENG2106 (Note 4)	Introduction to Literature I	WEDNESDAY 14:00-16:59 LKK305	This is the first part of the year-long introduction to literature and serves a dual purpose as a methodological and historical introduction to the study of literature. On the one hand, students will be introduced to fundamental questions about literature—what counts as literature and why? What is unique about reading and evaluating literary texts? What is the relationship between literature and society? In order to explore such questions, students will be introduced to the basics of literary and genre theory and to a variety of interpretative techniques. On the other hand, we will explore representative examples from a variety of periods and genres in order to gain fuller understanding of the main developments in Western literary history prior to the 19th century. The information and skills provided in this course are essential to upper-level studies in English literature.	English	2
612	HST2259	Introduction to Korean History	MONDAY 13:30-16:29 MBG10	This course will survey the history of Korea from pre-history to the modern time. Apart from political history, developments in social, economic, intellectual, cultural, and diplomatic affairs will also be discussed. The primary emphasis of the course will be on the modern period, from the breakdown of the traditional order to Japanese colonial rule, and from the Korean War to the rise of Communism in north Korea and bureaucratic capitalism in South Korea.	English	5

CRN	Course Code	Course Title	Day (Note 2), Time and Venue (Note 3)	Course Descriptions	Language	Number of places
619	HST3398D	Women and Politics in Asia	WEDNESDAY 14:00-16:59 MBG10	Women have historically been underrepresented in Asian politics. Despite a handful of highly visible female national leaders, such as Indira Gandhi, Sirimavo Bandaranaike, Megawati Sukarnoputri, Park Geun-hye, Corazon Aquino or Sheikh Hasina, the political scenes of many countries in East, Southeast and South Asia remain dominated by men. While female politicians from influential backgrounds have excelled in some of the region's most important democracies, there is little understanding of how women attain and thrive in positions of leadership across Asia.	English	4
620	HST3398F	Special Topics in History: History of Late Imperial and Modern China	THURSDAY 09:30-12:29 LKK203	This course, with historical events in chronological order, teaches students to analyze late Imperial and Modern China, and most importantly, to learn the impact of these events on the politics, society, economy, and culture of modern China. In this course, students will read, write, and think like sinologists.	English	5
621	HST3398K	Special Topics in History: History of Globalization in Modern East Asia	TUESDAY 14:00-16:59 LKK107	This course aims to enable students to develop an understanding of the complex place East Asia holds in the current era of globalization. To understand how East Asia (Japan, Korea, Mainland China, Hong Kong, Taiwan) transformed after the Second World War from an economic backwater into one of the main pillars of the global economy, the course offers a detailed overview of the East Development Model and an exploration of the Developmental State theory. The course uses a comparative approach to highlight the factors that enabled East Asia to become one of the major economic, political and cultural poles of the global order.	English	2

Note 1:

長者學苑學員以旁聽生身份上課，一般僅限於出席課堂講授（Lectures Only）。學員不需參與任何學術評核（Assessments）和導修課（Tutorials）或其他相關教學活動（包括 Service-Learning 活動）。若個別任教老師主動邀請，學員可按個人興趣及意願，自由選擇是否參與該等課堂活動。

Note 2:

2026-27 學年上學期由 2026 年 9 月 1 日開始至 11 月 30 日完結。一般情況下，學員於此期間每星期只需上課一堂 (部分學科除外，見 Note 5)。請注意，實際之上課安排，最終須以任教老師之決定為準。

Note 3:

所有學科均於屯門嶺南大學校園上課，各教學樓之全名如下：

LCH: 劉仲謙樓 Lau Chung Him Building

LKK: 梁球鋸樓 Leung Kau Kui Building

LYH: 劉李婉嫻康樂樓 Lau Lee Yuen Haan Amenities Building

MB: 李運強教學大樓 Patrick Lee Wan Keung Academic Building

SEK: 郭少明伉儷樓 Simon and Eleanor Kwok Building

Note 4:

CCC8014 China in World History, SCE3004 Applied Sports Science, SOC2101 Introduction to Sociology 及 ENG2106 Introduction to Literature I 於以上簡介內各出現兩次，代表不同班別，學員只需每星期上課一堂。

Note 5:

PHI3104 Western Political Philosophy 及 CLD9017 Ecology: The Science of Environmental Issues 則為每星期上課兩堂。