

Ms Guo Jingjing

Honorary Fellow

Citation

Ms Guo Jingjing, a native of Baoding, Hebei, was frightened of water as a young child, but she overcame her phobia when she started diving at the age of seven. She was a professional diver for 23 years, practising the basic take-off, flight, and entry rain or shine, winter and summer, despite frequent sports injuries and the psychological pressure of being watched by tens of thousands of spectators at international competitions.

By dint of unflagging perseverance, self-discipline, and hard work, she finally reached the pinnacle of world diving. All in all, she won 31 world championship titles, four Olympic gold medals and two silver, ten World Championship gold medals, and countless Diving World Cup trophies. She was the heart and soul of China's Dream Team of Diving. On countless occasions, Ms Guo has stood on the podium on an international stage as the Five-star Red Flag solemnly rose, shining for the greater glory of national sport and writing a legendary chapter in the history of world diving.

After leaving the competitive arena, Ms Guo became involved in sports administration. She qualified as an international referee for World Aquatics. As a member of the Diving Technical Committee, she has assisted at top-tier international events such as the Olympic Games, World Championships, and Diving World Cup. She has been a champion of the standardisation, diversification, and long-term development of diving worldwide.

Beyond her athletic and officiating endeavours, Ms Guo always thinks of others, and has travelled all over the nation to promote public welfare. An Ambassador for the Hong Kong Committee for the United Nations Children's Fund (UNICEF), she has campaigned for the physical and mental well-being of young people, especially left-behind children, through sports education, nutritional support, and counselling.

In the Guangdong-Hong Kong-Macao Greater Bay Area, Ms Guo has been Vice President of the Guangzhou Nansha Culture Association. Attending youth exchange forums and educational seminars in the three regions, she has used sport as a bridge for the youth of Hong Kong, Macao and the Chinese Mainland. She has dived off that bridge into the ocean of marine conservation, too, as a member of Friends of Ocean Action of the World Economic Forum. She has actively advocated aquatic conservation among the general public. She has translated her profound 23-year bond with water into long-lasting actions that benefit the public and the planet.

Despite her worldwide fame, Ms Guo remains modest, low-profile, practical, and down-to-earth. Whether standing on a podium or visiting a simple rural classroom or an ordinary community in the Greater Bay Area, she is both sincere and humble. Her struggle in pursuit of excellence, her unpretentious and unassuming nature, and her spirit of serving society perfectly match Lingnan University's motto of "Education for Service". Ms Guo has applied her own strengths, influence, and resources to serving the community, supporting youth, and encouraging regional integration. She has shown through her philanthropy that the most precious professional achievement lies ultimately in giving back.

After a brilliant athletic career lasting 23 years, Ms Guo has become a respected professional in international sport, one who is well known for her public welfare work, especially in childcare, and her dedication to Greater Bay Area youth exchange and marine ecological conservation. Daring and caring in thought, persistent and consistent in action, she has throughout her life given back to the public. She is a role model for young students from every social stratum.

Mr Chairman, I respectfully present Ms Guo Jingjing for the conferment of an honorary fellowship of Lingnan University.

Citation written and delivered by Professor Li Donghui

郭晶晶女士

榮譽院士

贊辭

郭晶晶女士籍隸河北保定，七歲與跳水結緣，一頭紮進這項運動，便是整整二十三載的光陰。年少訓練之初，她天生畏水，每一次入水、每一套動作，都要比旁人付出數倍汗水；數十年寒來暑往，日日重複起跳、騰空、入水的基礎訓練，屢次飽受運動傷痛困擾，更要扛下國際大賽萬眾矚目的心理重壓。

郭女士憑藉恆心自律、從不放鬆的苦練，一步步站上世界跳水領域的巔峰。一路走來，她先後斬獲三十一項世界冠軍殊榮，手握奧運四金二銀、世界錦標賽十金、跳水世界盃多座冠軍獎盃，是中國「跳水夢之隊」舉足輕重的靈魂人物。無數次國際賽場之上，郭女士站上領獎台，讓五星紅旗冉冉升起，不僅為國家體育事業收穫了滿滿榮光，更書寫了世界跳水史上難以逾越的傳奇篇章。

揮別競技賽場之後，郭女士並未離開心之所愛的體育領域，轉身深耕幕後，投身國際體育工作。她考取世界泳聯裁判資格，出任泳聯跳水技術委員會委員，屢次擔任奧運會、世界錦標賽、跳水世界盃等全球頂級賽事的技術委員。她將二十餘年親身征戰的寶貴經驗傾囊而出，持續推動國際跳水運動規範化以及多元化長遠發展，把賽場上精益求精、追求完美的執著，完整延續到全球體育行業的建設之中。

深耕專業之餘，郭女士始終心懷社群，長年奔走於祖國各地，投身各類公益服務。身為聯合國兒童基金香港委員會大使，她用心推動兒童營養保障、留守孩童心理關懷，並大力普及青少年基礎體育教育。與此同時，她也積極融入粵港澳大灣區建設，身兼廣州市南沙文化會副會長，頻繁出席三地青年交流論壇、校園分享講座，以體育為橋樑，拉近港澳與內地年輕人的距離。她亦不忘關注海洋生態保育工作，以世界經濟論壇海洋行動之友的身份出席國際海洋會議，向社會大眾倡導水域保護理念，將與水相伴二十三載的深厚情懷，化為長久堅持的公益行動。

雖然身享舉世盛名，郭女士從不迷戀光環浮名，為人始終謙和低調，處事踏實質樸。無論身處萬眾矚目的國際領獎台，抑或是樸素簡單的鄉村課堂、大灣區普通社區，她始終保持真誠謙遜的本心。她追求卓越的拼搏、謙遜低調的品德和服務社會的精神，完美契合了嶺南大學「作育英才，服務社會」的校訓。郭晶晶女士運用自身所長、影響力與資源，服務社群、扶持青年、促進區域交融，以持續不輟的公益實踐，詮釋了專業造詣最珍貴的價值在於回饋社群。

郭女士走過二十三載輝煌運動之路，兼具國際體育的深厚專業積澱，多年來持續深耕兒童關懷、大灣區青年交流、海洋生態保育各項公益事業。她品性溫厚正直，行事持之以恆，一生堅持以所學回饋大眾，堪為全社會青年學子學習的榜樣。

主席先生，本人謹恭請 閣下頒授嶺南大學榮譽院士銜予郭晶晶女士。

贊辭由李東輝教授撰寫及宣讀