Kristianstad University Sweden

Exchange Studies

A high-quality education with a focus on your career

We take care of our students and make sure that you have access to your teachers. By the time you leave, you will be well prepared to make a successful career for yourself. Our keywords are openness, curiosity and respect.

Our vision is to be the best university in Sweden in training and educating students for their future careers. Our students acquire not only the knowledge and skills that are most in demand on the job market but also those that fulfil the needs and requirements of a modern scientific community.

We take care of our students and make sure that you have access to your teachers. By the time you leave, you will be well prepared to make a successful career for yourself. Focusing on training and education, we have established an excellent reputation for a range of programmes and courses that satisfy the needs of the labour market.

Campus

Kristianstad University is situated in the south of Sweden. It was founded in 1977, but our roots can be traced back to 1835 and the start of the teacher training programme. We are proud of our 14 000 students and the diversity they represent. Our campus is concentrated to one location with easy access to nature, culture and a wide range of services.

The campus of the university is situated in Kristianstad. It is created from the idea that you, as a student, shall have access to modern information technology, inspiring meeting places and good services. We offer a highly qualified faculty in a friendly atmosphere. Our new and former students are our most valuable resource.

At the Campus you can find everything you need within a short walking distance. There is a restaurant, a café, a sports hall, the student union and a health centre all in one place. In the middle of the campus there is a spacious library with study rooms, computer rooms and open spaces where you can read or just relax.

Read more at www.hkr.se/abouthkr

"During my exchange year I gained both academic and personal experiences. I studied courses that improved my teaching skills and took part in various student activities. The highlight was the placement course for primary teachers, where I did an internship at a Swedish school. It broadened my perspective, and I will carry this experience into my future teaching."

IRENE RAMON, SPAIN
TEACHER EDUCATION

"I stayed the best semester in my life at Kristianstad University. I was supposed to stay only 1 semester, but decide to stay 1 year. Kristianstad is a small city that you can do whatever you want – by foot or by bike. There are a lot of beautiful nature and landscape surrounding the city. You can find whatever you want in the center – restaurants, shops,pubs and clubs."

JULIAN SONCIN, BRAZIL
BUSINESS ADMINISTRATION

A few examples of our courses taught in English

Kristianstad University offers a wide range of courses taught in English within different fields of study. Here are a few examples. The courses offered vary from semester to semester. To find updated list of courses and more information, Please visit www.hkr.se/courses4exchange.

We also offer a number of web based courses, however 75 percent of the courses is campus located in order to provide a meaningful exchange period.

Business Administration and HRM

Business English ..... 7.5 credits
Corporate Social Responsibility ..... 7.5 credits
Corporate Sustainability in a Globalized World ..... 7.5 credits
International Marketing ..... 7.5 credits
Leadership in an International Context: from Individual to Teams ..... 7.5 credits
Strategic Management ..... 7.5 credits

Engineering and Computer Science

Computer Security ..... 7.5 credits
Database Technique ..... 7.5 credits
Discrete Mathematics ..... 7.5 credits
Mathematical Statistics ..... 7.5 credits
Operating Systems ..... 7.5 credits

Food and Meal Science/Biology

Advances in Sensory Analysis ..... 7,5 credits
Biodiversity and Ecosystem Services ..... 7.5 credits
Dimensions of Sustainable Food Consumption ..... 7.5 credits
Experience with Food and Meal ..... 7.5 credits
Food and Culture: Culinary Traditions and Practices ..... 7.5 credits
Sensory Evaluation of Food ..... 7,5 credits

Humanities

Intercultural Communication ..... 15 credits
International Rhetoric ..... 7.5 credits
Modern children's and youth literature in Scandinavia ..... 7.5 credits
Sweden: Culture and Society ..... 7.5 credits

Preschool courses

Perspective on Teaching and Education in Swedish Preschool ..... 15 credits
Teacher-supervised Placement in Preschool ..... 7.5 credits
Pedagogical Diversity, Natural Science and Aesthetics in the Meeting with all Children in Early Years ..... 7.5 credits

Primary Education courses

Teaching English to Young Learners ..... 15 credits
Core Eduation Course for Primary Teachers – Education and Social Relations ..... 9 credits
English for Primary Teachers II ..... 7.5 credits
Subject Education and Aesthetic Learning Processes for Primary Teachers ..... 7.5 credits
Teacher-supervised Placement for Primary Teachers ..... 6 credits

"I like the campus, it is well organised, it is small so you can reach everything easily and have access to computer rooms, the internet and the library. The library is really good."

BASTIEN COIGNON, FRANCE
ENVIRONMENTAL SCIENCE

Admission, how to apply and services

Admission requirements

Your home university has approved your chosen course(s). Please note that some of the courses may have specific requirements. It is not compulsory to provide a certificate of competence in the English language but it is really important that your English speaking and writing skills are sufficiently good to allow you to follow your chosen course(s).

Application procedure

If you wish to apply to Kristianstad University as an exchange student, you should contact the international office at your home university. Once you have been nominated and selected by your university, you need to fill in our application form online.

→ Please, note our deadlines:

Autumn Semester: April 15
Spring Semester: October 15
www.hkr.se/exchange-student

→ The academic year

The duration of a semester is 20 weeks. Autumn semester: End of August to mid January. Spring semester: Mid January to beginning of June.

Services

→ Arrival days and Introductory week

To welcome you in Kristianstad and to make your arrival and first days here comfortable we are pleased to offer the following services: Pick-up service, Introductory Week, Welcome Dinner. During the first week the International Relations organises different activities that will give you the opportunity to meet the other exchange students and that will help you to get to know the town and campus.

→ Accommodation

Accommodation is guaranteed to all the exchange students. The University offers a possibility of accommodation in single rooms in student dormitories. All rooms are furnished with basic equipment and Internet connection. If you have specific requirements that we can't meet, you may have to arrange for a room on your own. For more information about accommodation and the application procedure, please consult the Guide for International Students (see below) or contact the International Relations at **housing@hkr.se**

→ Guide for International Students

In the broschure *Guide for International Students*, you can find all the information you need about moving to Kristianstad, studying at our University and living in Sweden, **www. hkr.se/guide-ints**
For any other questions concerning your studies at Kristianstad University, please contact **intstud@hkr.se**

→ During the semester

Throughout the semester the International Relations organises social activities, including "Swedish fika" and trips. Every semester we arrange at least one trip outside the region/country, e.g. to Stockholm as well as trips to local destinations. Our trips are meant to create connections between the students and to offer them the opportunity to share unforgettable experiences.

"I have new friends from all over the world. Through them I learn about different cultures. My teachers and the people in Sweden are very friendly. They make me feel like I was back home with my family. It will be the most precious memory of my life."

DENG TING, CHINA
ENVIRONMENTAL SCIENCE

→ Student Health Service

All students have access to a health centre with counsellors on campus. Visits are free of cost. If we cannot help you, we can give you advice on where to turn. **www.hkr.se/student-health**

→ Students with special needs

We strive to provide easy access for students with special needs. We offer assistance with note taking, mentor support, assistants, sign language interpreters, resource rooms, and various technical aids. We also make special teaching and examination provisions. **www.hkr.se/service-and-support**

→ Student Union

Kristianstad Student Union (KSK) works with education monitoring and issues regarding student welfare. As a student, you can become a member and benefit from all the services provided by the Union as well as receive special discounts on specified services and products. **www.ksk.nu/en**

→ Sport Union

HKIF is Kristianstad University's sports association which focuses on organizing training and tournaments in various sports. **www.facebook.com/HKIFatHKR**

Helpful link

→ Study in Sweden

www.studyinsweden.se

"Arriving at the university was really nice. International Relations welcomed us and we felt home from the first moment. The university is much bigger than my home university but much more friendly with all the trees and all the nice buildings. The people are all very nice, both the teachers and the students. You can find help even for the most stupid questions."

CARMEN WINTER, GERMANY
HEALTH PROMOTION

"I enjoyed my stay in Sweden and Kristianstad. It was nice to meet students from other countries and interact with everyone, it was such a nice time. It would be very nice for me to have an opportunity to come back to Sweden and Kristianstad again. I thank everyone who made it possible for me, I love you all. Thank you!"

BRIAN SIAMANI, LIVINGSTONE, ZAMBIA,
NURSING

Welcome to Kristianstad, Skåne and Sweden

Kristianstad is a small town in the Skåne province and is located in the southernmost region of Sweden. Sweden is ranked among the world leaders in higher education.

Kristianstad

Kristianstad is a small town in the south of Sweden, located in the north eastern part of the Skåne province. The town was founded in 1614 by King Christian IV of Denmark, and its name literally means "Town of Christian" and historic buildings from that era still remain. From Kristianstad, you can easily get to Copenhagen, and from here travel further to the rest of Europe and all over the world.

Today, Kristianstad and its surroundings is home to 85 000 people (the town itself has 40 000 inhabitants). In the heart of Kristianstad there are theatres, nightclubs, shops and restaurants amid old houses and cobbled streets.

In all parts of Kristianstad you can easily get around by bike or on foot; there are plenty of trails that allow you to experience the beautiful landscape of the area. The town is renowned for its Vattenriket – the wetlands and grasslands designated as a biosphere reserve by UNESCO. Naturum, a newly-built nature centre, is situated close to the town centre and provides a number of displays illustrating the great biodiversity of the region.

The coastline near Kristianstad is over four miles long and offers beautiful beaches and shallow waters.

Kristianstad is situated within an easy reach of Europe by air, train or ferry. High-speed trains connect Kristianstad to Kastrup Airport, Copenhagen and Malmö. You can reach Malmö by train in one hour and Copenhagen within one and a half hours. You can thus enjoy the vibrant life of Malmö and Copenhagen whenever you want. Kristianstad airport offers direct flights to Stockholm.

In the whole municipality of Kristianstad you can easily move by bike or on foot; there are plenty of trails that allow you to experience the beautiful landscape of the area. Some of the trails are designed for easy access by wheelchair or with a pushchair.

There are many opportunities to enjoy outdoor activities as canoeing, trekking and climbing; the area is well known also for the numerous of bathing spots. **www. hkr.se/about-kristianstad**

"The whole Skåne region is really nice and you can find a lot of small idyllic villages at the sea. I loved to make bike trips to various places."

CARMEN WINTER, GERMANY
HEALTH PROMOTION

"Before studying in Sweden, my impression about Sweden is that it has a prosperous economy, advanced techniques in ecological environmental protection, a perfect welfare system and cold weather. Now, during my 6 months of living here, studying and travelling around Sweden, I have seen all its magic and I really appreciate the friendship and kindness of the Swedish people."

ZHANG HONGXIA, CHINA
ENGLISH EDUCATION

Skåne

Skåne (Scania) is the southernmost region of Sweden. Its history goes back to the Viking Age and Skåne is therefore full of historic buildings, museums and landmarks for you to explore. We also have castles that date back as early as the 11th century all over Skåne.

Together with the Danish Zealand, Skåne is part of the Greater Copenhagen – one of the fastest expanding areas in northern Europe. Along the coast you will find wide beaches and picturesque villages and inland you can discover wild nature, forests, lakes and open landscapes.

The northeastern part of Skåne (where Kristianstad is located) is also known as "The green part of Skåne". The coastline is famous for its white sandy beaches and eel fishing. The sculpture park surrounding Wanås Castle is a must for any art lover.

Sweden

There are about 10 million people in Sweden. By area, it is the fourth-largest country in Europe. Half of the land area is covered by forests, and less than ten per cent consists of farmland. The distance from north to south is 1,600 kilometres. We have four seasons that range from warm summer days to winters with sparkling snow.

Sweden is governed as a democracy and is known for its openness. Many large international companies were founded by Swedes, such as IKEA, Volvo and Spotify. The Swedish music industry includes many well-known artists such as ABBA, Avicii and Icona Pop.

Helpful links

- → **Public transportation** **www.skanetrafiken.se**
  www.sj.se
- → **About Sweden** **www.sweden.se**
  www.visitsweden.com
- → **About Skåne** **www.visitskane.com**

"Just take your bike and go to a lake or to the sea or a nature reserve. There are so many things to do."

BASTIEN COIGNON, FRANCE
ENVIRONMENTAL SCIENCE

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www.hkr.se/exchange-student

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