

Notices for Athletes

1. **Format**

- 1.1. All athletes should be Lingnan University students or staff (Alumni can enrol in the Open Freestyle Relay).
- 1.2. If the athlete is a resident or an affiliated member of the hostel, the results will be counted in the Overall Champion.
- 1.3. Each hostel can register a maximum of 2 non-resident students as associate members.
- 1.4. Each athlete may enter a maximum of THREE individual events, excluding relay events.
- 1.5. If there are fewer than THREE athletes enrolled in an event, that event will be cancelled.
- 1.6. Each hostel is only permitted to enter a maximum of ONE team per relay event.
- 1.7. For the Inter-Hostel Mixed Relay, each team should consist of at least one female team member and one male team member. Each team must have a minimum of 3 participants who are residents of that hostel. All team members should belong to the same hostel.

2. **Regulations**

- 2.1. Unless otherwise stated, the latest World Aquatics (WA) rules shall apply.
- 2.2. Link of WA rules: <https://www.worldaquatics.com/swimming/rules>
- 2.3. All events will be timed final.

3. **Others**

- 3.1. All persons present must comply with the rules of the Lingnan University Swimming Pool.
- 3.2. Except for meet officials and competing athletes, non-participants are not allowed to enter the competition area.
- 3.3. All athletes must report to the designated Assembly Area within five minutes of the final call, as failure to do so will result in an immediate recorded no-show, with official event timing prevailing in all operational decisions.
- 3.4. Athletes are required to present a valid Student or Staff Identification Card upon reporting for identity verification.
- 3.5. Medal presentations may follow immediately after some event entries. Athletes should remain attentive to the announcements made from the control desk and proceed to the award podium to receive their medals.

運動員須知

1. 賽制

- 1.1. 參加運動員必須為嶺南大學的學生或職員（接受校友參與公開自由泳接力）。
- 1.2. 如參加運動員屬於宿生或宿舍附屬會員，其成績將計入宿舍團體總錦標。
- 1.3. 每所宿舍最多註冊 2 名非其他宿舍之宿生為附屬會員
- 1.4. 每名運動員不得報多於三項個人項目；接力項目則不受限制。
- 1.5. 截止報名後，如有任何個人項目少於三人或接力項目少於三隊，該項目將被取消。
- 1.6. 接力項目每宿舍只限報一隊。
- 1.7. 男女混合舍際接力賽事，每隊最少要有一名女隊員及一名男隊員參賽，必須最少 3 名參賽隊員為該宿舍宿生，所有隊員須屬於同一宿舍。

2. 賽規

- 2.1. 除賽會特別訂明外，其他規則一律採用最新世界水上運動總會(WA)編訂之規則。
- 2.2. 世界水上運動總會游泳規則連結：<https://www.worldaquatics.com/swimming/rules>
- 2.3. 所有項目均直接分組計時決賽。

3. 其他

- 3.1. 各在場人仕必須遵守嶺南大學游泳池之規則。
- 3.2. 除大會工作人員及參賽運動員外，非參賽者不得進入比賽範圍內。
- 3.3. 所有運動員須於最後召集後 5 分鐘內前往指定集合區報到，逾時者將被視為棄權，賽事一切時間安排均以大會官方計時為準
- 3.4. 報到時應出示學生証或職員証，以便審查。
- 3.5. 有部份比賽完畢後將隨即頒獎，各運動員應隨時留意司令台之宣佈，往頒獎台領獎。