



**CHAN Hiu Ming**  
**BA – Translation, Year 3**  
**Hong Kong Trade Development Council (Malaysia)**

In the summer of 2017, I was so lucky to be selected as one of the five Hong Kong interns of Hong Kong Trade Development Council (Kuala Lumpur Office). I had always wanted to learn more about how Hong Kong served as an international business hub and how Hong Kong could strive under the ASEAN scheme. Being able to work at HKTDC was literally a golden chance for me to know more about the way how our HKSAR government promoted multilateral collaboration among ASEAN countries and pushed the trade.



What HKTDC (KLO) did was mainly organizing business seminars, trade fairs and MEGA-exhibitions to facilitate networking among Hong Kong and Malaysian business people. Miss Hoh Jee Eng, our director, and Miss Mae Lee, my supervisor, were very welcoming and they helped us a lot settling down in Malaysia. Other staff members were about the same age as me and we had similar interests. It was so nice of them to teach and lead us patiently, such that we could make the best use of our time and learn to work on many different tasks. Thanks to their kindness and tolerance, we were not afraid to share our thoughts and to try out new things that we did not even know what they were before.

My main duties as an intern included drafting speeches and writing corporate letters, attending open houses to promote our events, updating databank and obtaining market research to improve efficiency and conducting telemarketing to recruit more potential visitors for our fairs.

During the first week, I was not very comfortable conducting telemarketing calls and attending different events to promote our trade fairs. I was so nervous that people on the other side of the phone could sense that I did not have much confidence in myself and the trade fair I was promoting. I found it a bit hard to understand the Malaysian English accent as well. After spending more time in the office, I eventually managed to understand their accent and felt more comfortable interacting with Malaysians verbally. My communication skills got better and I had more confidence in myself when interacting with clients and other local people.

When I applied for the ASEAN internship programme, I genuinely did not know what was there to expect. Upon completion of the programme, my skills have been polished and I have made many new friends. They are the Malaysia of my eye.



**CHAN Shuk Fan, Sophie**  
**BSS, Year 2**  
**C & H Properties Pte Ltd (Singapore)**

This Internship is a fruitful internship, and I have learnt a lot from the experience. Personally, I have never had the taste of a real work life before and this internship provided me the valuable opportunity to work in a real business environment. The challenge of this internship was that my internship period overlapped with the peak season of the CPD courses. Because of the challenges, I realized that working is not only working, it is also a process of learning. Eventually, this internship enabled me to find the position that I would like to have after I graduation; the way to handle different issues. It also offered me a chance to review and reassess my strengths and weaknesses before graduation. Travelling to an unknown country alone, doing things without any purposes and roaming in this city-nation do allow me the time to reflect on my life.



**CHAN Yin Sin, Cindy**  
**BSS – Psychology, Year 2**  
**Universiti Tunku Abdul Rahman (Malaysia)**

I joined the ASEAN internship in the summer, and it was a really remarkable experience in my life. I never regret joining. I worked in the soft skills department of UTAR in Malaysia. In this internship, I could feel the office working experience and also the "soft skills". My department proposed that being a successful student academic achievements must also have good interpersonal skills. Apart from the soft skills that I have learnt, it has also broadened my horizon as there were many interns coming from different countries working in the same office. We became friends and I had the opportunity to understand their culture. My colleagues were very nice and they had helped me when I was having difficulties. I treasured the experience and the friendship.







**CHAU Lai Ching, Eve**  
**BA – Chinese, Year 2**  
**Universiti Tunku Abdul Rahman (Malaysia)**

Working in UTAR in Malaysia definitely is a memorable experience to me in this summer. I was working in UTAR, a department called soft skills department. It is a department, except developing students academically, providing students with other skills training in enhancing their contributions to the workplace and society. I think their jobs are similar to the SSC in our school because both of them are organizing different activities to students to improve the soft skills of students. I and another intern were in charge of organizing two food preparation workshops, which aimed to teach students in Malaysia to make traditional Hong Kong food, and two international culture exchange workshops, which aimed at introducing Hong Kong culture to students. We had introduced them the flour roll and maltose biscuits that could represent the Hong Kong local culture. Apart from that, I enjoyed to find out the language difference between Hong Kong and Malaysia. I appreciated so much that Malaysians are multi-lingual. They can speak fluently in English, Malay, Cantonese, Mandarin and another 4<sup>th</sup> language. Different to the situation in Hong Kong, It is common that students still use there three languages to communicate outside classroom with their friends.

From this internship program, I gained experiences of organizing activities and also friendships. I have also improved my communication skills as in the process, I had to frequently cooperate with partners and colleagues to finish my job. Living in Malaysia for almost two months, I love the multi-cultural society there because people from different countries are welcomed and being respected in Malaysia.



**CHENG Ka Ka, Karen**  
**BSS, Year 2**  
**Penang Heritage Trust (Malaysia)**

I worked in the Penang Heritage Trust. It is an organization that aims at preserving heritage and provide travel advice to tourists. We got chances to explore Penang during this internship because we had suggested to our supervisor to produce video clips about Penang and made videos on Youtube to attract tourists to come here. It was the my first in making videos and I am happy to acquire basic skills in video production.

Since there were very few projects that required interns to complete, interns had to propose their own projects and worked on their own with minimal supervision. If you choose this internship host company again, you need to consider whether you wish to work with minimal supervision.





**CHEUNG Wing Shum, Sam**  
**BSS – Economics, Year 3**  
**Mandarin Oriental (Singapore)**

Before I joined this programme, my goal was to broaden my vision and know more people from different countries. In these past three months, I was working in Dolce Vita, Mandarin Oriental Singapore as a trainee. Dolce Vita is an Italian fine dining restaurant. The trainee also needed to work in Bay @5 which is a lounge, providing snacks and cocktails and poolside.



In the first month, my supervisor trained me the daily operation procedure and food knowledge. After that, most of my tasks were runner. In these three months, I have learnt how to provide delighted services to the guests and familiarizing with the restaurant's operation.

Apart from the heavy workload in this internship, there were still leisure times where I could hang out with my friends in Singapore, where mostly were the interns from different countries and also my housemates.



**FU Man Ni, Minnie**  
**BSS – Social and Public Policy, Year 3**  
**Universiti Brunei Darussalam (Brunei)**

Brunei is a mysterious place for me that I have never been to and my special chance to intern in this country came from the ASEAN programme.

Before I left for Brunei, I had done some research of the country and the place that I worked for, Universiti Brunei Darussalam (UBD). There are a total of three universities in Brunei and UBD is the most famous one. The people there can speak Malay and English. Some of them even know how to speak Mandarin because their ancestor and parents are from China and many of them were from Fujian.



Brunei is an Islamic country and most of the citizens are Muslim. The first thing that I was concerned about before I left for Brunei was the religion. I was worried about the cultural conflict and the religious conflict since I had never met any Muslims before and did not travel to any other Muslim countries in the past. After the internship in Brunei, I really found that all my concerns were superfluous. I had a very good time in UBD and Brunei with all the co-workers and supervisors in my office and the student buddies in UBD.

My workplace for one and a half month is the Institute of Policy Studies (IPS). It was a department for postgraduate students and the major that they can choose for including PhD in Islamic governance and Public Policy. Therefore, I also learnt some of the knowledge in Islamic governance. Since my major in Lingnan University is Social and Public Policy, all the instructors and professors were so willing to share their knowledge with me in the public policy aspect and they would like to know more about Hong Kong Public Policy as well. Therefore, I



had learnt some of the policies under Islamic governance and I had also shared the Hong Kong issues and policies with them. It is a very meaningful time to share the policies together.

My job in IPS was the research assistant. My supervisor, who is the director of IPS, was working for a research paper and the book chapter about Brunei's culture at that time. Therefore, the first thing that she had assigned me was conducting the research for her. She also needed to make some of the marketing plans for the department to attract more students to study in IPS. Therefore, she gave me a challenging work to design the handbook cover for the PhD students for the coming academic year. I am not good at designing or computing. Although that was a really challenging job for me, I had tried my best to finish my job. Due to the religious issue in Brunei, the pattern that I had chosen for the student handbook should have to be more careful in order not to encroach religion. Luckily, my supervisor was very nice that she gave me many support and ideas and reminded me what should be used or not be used in designing the student handbook. Finally I had finished the task smoothly.

IPS is a relatively small department in UBD, but I love working in IPS I knew every co-workers very much in the office and if we had any problems, all of them were willing to help us. This is the best thing working for IPS where I had built up strong and good relationships with them.

The most meaningful and memorable thing throughout the internship was that my supervisor had organized a trip for the interns to go visit the rainforest in Brunei, Ulu Temburong National park. That was my first time visiting a rainforest and I was so excited about the trip. Since UBD has the biodiversity research center in Temburong, we had good arrangement the whole trip and also had a chance to meet the professor from the biodiversity research center.



**HUI Yuen Yan**  
**BA – Chinese, Year 3**  
**Universiti Tunku Abdul Rahman (Malaysia)**

I was lucky that my workplace was one of the departments in a University, UTAR. Not only did I get in touch with my colleagues which were all my seniors but also university students.

I was working in the Department of Alumni Relations and Placements, which was responsible for connecting the alumni with the school. We had to organize career fairs, talks for graduates as well as social gathering events for alumni. During my stay in the department, I was involved in all of these activities fortunately. For the career fairs, I had tried to draft the emails for asking sponsorship, and it was really my first time learning to write official documents. It was worth knowing all these office and workplace skills. Besides, our department held a treasure-hunt game, and I was one of their game masters. This experience definitely enhanced my leadership skills as well as presentation skills.



Malaysia is comprised of three major races including Chinese, Indian and Malay. I was lucky that I had three of these races in my office. I could see that there were quite a lot of differences between them in terms of their languages and working styles as well as efficiency. Nonetheless, they can compromise among themselves very well and accept their distinctions in the small office.

For the students who are going to come to Malaysia next year, I will suggest to be open-minded and be respectful. Since we as Hong Kong people may sometimes have some negative stereotype on Southeastern people, yet please put aside all these biases in Malaysia. Get in touch with the people from different races, and you will gain much more than expected.



**HUNG Man Mei**  
**BSS, Year2**  
**BestTop Consulting Pte. Ltd (Singapore)**

Looking back to the past summer in Singapore participating in ASEAN internship program, I would describe it as one of the best choices I had ever made. Without this incredible exposure, this may just be another ordinary summer like usual. Indeed, with the full support and well-planned arrangement by Lingnan University and HKETO, this is truly recommended.



Being a marketing intern working on a full-time basis, I would describe it as a challenging task. As a BSS student, I have never been exposed to the field of marketing nor business before. In the two months, I was lucky to follow experienced supervisors who shared lots of visions. Learning to drive marketing plan in China, Hong Kong and Singapore market, running various social platforms, analyzing data and making conclusion on the most effective plan were totally new to me. Besides, it was inspiring to chat with colleagues from all ages, especially hearing their career stories. I was thankful that they also provided me lots of advice, in writing impressive resume and in planning my career path.

Another precious point is being able to work in National University of Singapore (NUS). Not only could I immerse in the environment of an academic pioneer, I also felt energetic surrounded by students of similar age. Squeezing into the school shuttles with NUS students every morning and worrying being late, was always an unforgettable experience. Another act of living like locals was having lunch in the student canteen. Apart from ordering food in Singlish with dialogues full of 'leh', 'meh' and 'can', my colleagues and I were benefited by being mistaken as NUS student, enjoying food discount. Usually, a lunch costed between HKD 15 to 25, which was very economic and reasonable in portion.





**LEUNG Wing Nga, Mandy**  
**BSS – Sociology, Year 3**  
**New Indo-China International Logistics (Vietnam)**

I worked for New Indochina International Logistics company for six weeks from 1<sup>st</sup> July to 13<sup>th</sup> August in Vietnam. During the internship, I have worked on the shipping schedule as well as assisted in the daily operations in different departments, in which I obtained a rough picture of the entire company's operation. The Director of the company never hesitated in giving chances for interns to widen their horizons. Therefore, he always brought us to attend meetings with their clients. Thus, I learnt how to get along with customers and understood more about the Vietnamese business culture.



**NG Tsz Wa, Isaac**  
**BA – Translation, Year 3**  
**Universiti Brunei Darussalam (Brunei)**

In this summer vacation, I had an opportunity to have a placement at the Universiti Brunei Darussalam (UBD) in Brunei. Starting from 1st July to 11th August, I was working at the Institute of Policy Studies and was supervised by Professor Amin Abdul Aziz, who holds a Master in Islamic Studies and was awarded the Abdullah ibn Abbas Award for Excellence in Shari'ah Sciences.



During my internship, I helped my supervisor to publish promotion items, learning materials for his master course as well as launching an online master course in August. Since Brunei is an Islamic country, I learnt more on its culture, including their customs, food culture, and religious behavior throughout my works. These had broadened my horizons as it was my first time staying in an Islamic country for almost two months.

Besides, I do experience their local tradition. As during my stay in Brunei, it was the month of the Hari Raya Celebration, which marks the end of Ramadan (fasting month). Therefore, there were a lot of Open House, in which people invited can visit the house of their friends and have food and drink. I was also introduced with different local snacks and food during the Open House.



**SIN Sui Ting, Rachel**  
**BSS, Year 2**  
**Penang Heritage Trust (Malaysia)**

I completed one-month internship program at Penang Heritage Trust started from 1st August, 2017 to 25th August, 2017.

Penang Heritage Trust is a charitable NGO and dedicated to promoting Penang's culture and heritage, both living heritage and built heritage. During the internship, I had made contribution on promoting the conservation of Penang's heritage by making published video documents and website for Penang and PHT. I was also responsible on creating ideas, documentation interview, workshop participation and event observer. PHT gave me a relatively high working freedom during the internship. Except the daily administration works, I made my own decision on the tasks I wanted to do. My supervisor accepted my idea on promoting Penang by vlogging. So I travelled around town to film videos and collect related sources. It gave me a great chance to explore the town and its unique culture in Penang by my own observation and talking with the local people.



My work place Georgetown is a UNESCO World Heritage Site and a thriving tourist destination. Although I had very few understanding in architecture, I enjoyed looking around town and knowing their history and culture. The multi-ethnic and multi-cultural feature are the most adorable things in Malaysia.



**WONG Tze Man, Elinor**  
**BA – Translation, Year 2**  
**Taylor's University (Malaysia)**

Through ASEAN Internship Scheme, I learnt the working culture in Malaysia and the university administrative work. When compared to Hong Kong, Malaysia enjoyed a relatively slow-paced and harmonious working culture. I worked in the global mobility office in Taylor's University. My colleagues worked well with each other. They often had afternoon tea gathering and sometimes celebrated birthday with each other. Moreover, I had also been exposed to local customs. My colleagues brought me around to try local food, for instance bobochacha, nasi lemak and so on. I also went to the night market to try local food. This internship was beneficial to me as I could broaden my horizons through working in Malaysia for a month. The ASEAN internship programme allowed me to gain more work experience and travel at the same time.

Working in the global mobility office enabled me to travel around with the exchange students. Our office offered different day trips to them. Melaka, Kula Lumpur and Ipoh would be a few examples of the places I have travelled. I understood more about the colonial past, dining culture and the values held by Malaysian through being there.





**YANG Liu, Philo**  
**BSS, Year 1**  
**Mandarin Oriental (Singapore)**

I interned with the Mandarin Oriental Singapore, F&B department the past summer. During this internship I have learnt how to work with different people, and the techniques to control emotions and time management. For example, when we are extremely busy, you have to know how to manage your time and get as many things done as possible. I also learnt how to come straight to the point and get things done. Learning to prioritize your tasks is also important if you want to be more efficient.

Overall speaking, you have to expect a very tough working schedule with this five-star international hotel.



**Yamon**  
**BBA – MIB, Year 3**  
**STI Myanmar University (Myanmar)**

For the ASEAN Summer Internship 2017, I went to Yangon, Myanmar, to work as a Marketing Intern for STI Myanmar University, which is a prestigious private university there. In my opinion, the ASEAN internship gives the students an opportunity to discover not only the culture of a country, but also its work ethics, and organization system. It is also an opportunity to upgrade students' professional experiences on their CVs and earn some allowance (if it is a paid internship), while travelling to another country.

During my internship, there were several benefits that I gained. First of all, I had a better understanding and insight about my capabilities and skills, and explored my potential. The internship had provided me with a managerial outlook on the operations of a company. Since my major is Marketing, through this Marketing internship, I gained a better idea about how marketing is practiced in a real business environment. The biggest benefit during my internship is that I had a chance to build relationships and network with working professionals. I was particularly close to the Sales and Marketing Manager, and from her, I learnt several technical skills such as sales, cold-calling, public relations, human resource management, and even English skills, and also discovered about the work culture and ethics. At the end of the internship, she was impressed with my work and offered me a job at her private company.

Since Myanmar is a developing country, compared to Hong Kong, there are some deficiencies in public transportation. However, if students do their research, they will be able to get a hang of the bus system. In addition, there are several taxi companies such as Uber, and Grab, which students can make use of, and they are convenient and safe. In terms of housing arrangements, there are several Facebook groups for expats and international interns where you can find information about housing arrangements, for example, "Yangon Connection" Facebook group.

For international students travelling to Myanmar, I would say that the culture is quite different. Myanmar people are regarded as very traditional and superstitious and it will somehow reflect in the business environment as well. However, Myanmar's uniqueness comes from the richness of its culture, which will be worthwhile for international travellers to experience.







**YIP Ping Ying, Angel**  
**BBA – Marketing, Year 3**  
**Taylor's University (Malaysia)**

This is my first visit to Malaysia and I worked in the marketing team of Taylor's University. Before this program, I only knew Malaysia is next to Thailand and Malaysians are multi-lingual. After staying in Malaysia for a month, I have a greater understanding about the Malaysian culture. My colleagues are very friendly. They took me and another intern to try traditional Malaysian food, such as 'bat kut teh', 'Nasi lemak' and 'cendol'. They also invited us to join activities after work, like client's party and open house event. Besides, my manager tried her best to involve us in the team. For instance, she always brings us to the meetings and asks for our opinions. Because of my welcoming colleagues, I had an enjoyable internship.



Before actually working in Taylor's marketing team, I was curious about the role of brand management in a university. But now I have some basic ideas about how the university marketing team works. 'Marketing in university is different and difficult.' Although the program only last for one month, I learned more than expected.