



TSOI Ka Tin, Katina
BBA – Finance, Year 2
Shangri-La International Hotel Management Ltd (Myanmar)

The fruitful two months has absolutely remolded me into another person, a better person inside out.

It is definitely rewarding when you are working overseas. You can truly listen to yourself, and understand what you are really looking for in your life. I had the chance to work in all departments under Rooms division and F&B divisions. I am really grateful to earn such an opportunity to work with the amazing hidden heroes in housekeeping to the stunning frontiers in front office and all the fantastic 5-star Chefs in all the kitchens. Every moment that I had spent in the 2 months was amazing and I was filled up with different eye-opening journeys. It allows me to explore myself in this wonderful country and I truly feel that I am living my life instead of surviving in Myanmar. Even though I was working around the clock with OTs, and attending different trainings, I worked very happily. Even though I need to wake up at 5 o'clock in the morning, and had tried all the shifts (namely early morning shift, morning shift, afternoon shift, night shift and split shift) in the hotel, I felt very energetic. The reason that woke me up early in the morning was because knowing that I would be pursuing my dream.



I am not going to sugarcoat anything about the programme. It really depends on how you see and how much you enjoy yourself during the internship. To me, it was a life changing experience. My thank you goes to my internship mate, my lovely friends in Myanmar, my dearest colleagues and Shangri-La for the opportunity. It might be the end of the internship, but it is never the end of all the above relationships and my adventures in digging more about the hospitality industry and the world.

It is never easy to say goodbye, but when you know how to let go, then you have really grown up and stepped out of your comfort zone and that means you are ready to move on in your life. This is the first time of me visiting this beautiful country Myanmar. Two months would never be enough to experience and explore all the things in the Golden land. I am definitely coming back to discover more great views of this last frontier in the world.