Lingnan University Sports Day 2019

	Champion	1st Runner-up	2nd Runner-up
Overall	LIFE	Faculty of Business	Faculty of Arts
Championship			
Men's Overall	LIFE	Faculty of Business	Faculty of Social
Championship			Sciences
Women's Overall	LIFE	Faculty of Arts	Faculty of Social
Championship			Sciences

Men's Individual Champion陳柏諺 Chan Pak Yin, LIFEWomen's Individual Champion季芷晴 Kwai Tsz Ching, LIFE